

October is a Busy Month at the Woodlands

Check the activities calendar and bulletin boards for a wide range of events in observance of Breast Cancer Awareness Month and Halloween. As always, we welcome your questions and suggestions! Stop by the office to talk to Diane or Doug or give us a call at any time at 692-9663. THANKS!

Resident Phone Directory and Birthday List Being Updated

Diane and Doug are currently updating the Resident Phone Directory and Birthday List. We need your permission to publish this information, so please fill out the insert with the information below and return it to the office by Fri. Oct. 18:

Name _____

Check One: ___Phase 1 ___Phase 2 Apt. _____


Phone Number: _____

Birthdate (Just Month & Day): _____

Signature (I hereby grant Permission to the Woodlands to Publish and Distribute this Information):

Date: _____

10/31 Knock Knock Joke Day

*Knock*Knock*		Knock, knock.
—"Who's there?"		Who's there?
—"Boo hoo"		Holmes.
—"Boo hoo Who?"		Holmes who?
—"Aww, don't cry—it's just a joke"		Holmes is where the heart is.

Quote of the Month: "Dogs come when they're called: cats take a message and get back to you later." Mary Bly

Halloween Comes to America

The celebration of Halloween was extremely limited in colonial New England because of the rigid Protestant belief systems there. Halloween was much more common in Maryland and the southern colonies. As the beliefs and customs of different European ethnic groups and the American Indians meshed, a distinctly American version of Halloween began to emerge. The first celebrations included "play parties," which were public events held to celebrate the harvest. Neighbors would share stories of the dead, tell each other's fortunes, dance and sing. Colonial Halloween festivities also featured the telling of ghost stories and mischief-making of all kinds. By the middle of the nineteenth century, annual autumn festivities were common, but Halloween was not yet celebrated everywhere in the country.

The History of Trick-or-Treating

Borrowing from European traditions, Americans began to dress up in costumes and go house to house asking for food or money, a practice that eventually became today's "trick-or-treat" tradition. Young women believed that on Halloween they could divine the name or appearance of their future husband by doing tricks with yarn, apple parings or mirrors.

You are invited to join us in wearing PINK for Breast Cancer Awareness every Friday in October.



Woodlands Active Living

COMMUNITY INFORMATION

COMMUNITY MANAGER:
DOUG FENTON

CONNECT 55+ COORDINATOR:
DIANE SMIITH

MAINTENANCE TECH:
ART BORTZ

OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #: 692-9663

MANAGER EMAIL: LEASINGWOODLANDS@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO: RM1B HOLDINGS. PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



The Woodlands Voice















OCTOBER

"Come as strangers, live as friends"

History Channel Explains Origins of Halloween

Halloween originated with the ancient Celtic festival of *Samhain*, when people would light bonfires and wear costumes to ward off ghosts. In the eighth century, Pope Gregory III designated November 1 as a time to honor all saints; soon, All Saints Day incorporated some of the traditions of Samhain. The evening before was known as All Hallows Eve, and later Halloween. Over time, Halloween evolved into a day of activities like trick-or-treating, carving jack-o-lanterns, festive gatherings, donning costumes and eating sweet treats. Halloween's origins date back to the ancient Celtic festival of Samhain (pronounced sow-in). The Celts, who lived 2,000 years ago in the area that is now Ireland, the United Kingdom and northern France, celebrated their new year on Nov. 1. This day marked the end of summer and the harvest and the beginning of the dark, cold winter, a time of year that was often associated with human death. Celts believed that on the night before the new year, the boundary between the worlds of the living and the dead became blurred. On the night of Oct. 31 they celebrated Samhain, when it was believed that the ghosts of the dead returned to earth. In addition to causing trouble and damaging crops, Celts thought that the presence of the otherworldly spirits made it easier for the Druids, or Celtic priests, to make predictions about the future. When the celebration was over, they re-lit their hearth fires, which they had extinguished earlier that evening, from the sacred bonfire to help protect them during the coming winter.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
OCTOBER 2019		1 National Homemade Cookie Day 9am-Morning Walk 11am-Rev. Franke(P2) Upstairs 11:30am-Lunch Program 1pm-Houdini-Video (P2) 5:30pm-Pokeno (P2) 6pm-Open Gym	2 10am-Socialize/Exercise(P2) 11:30am-Lunch Program 1pm-Themed Words*(P2) 2pm-Trivia on the Patio (P2) 5:15pm-7:30pm-Wii Bowling League (P2) 	3 National Poetry Day 9am-Morning Walk 11am-Bible Study (P2) 1pm-Yatzee (P2) 4:30pm-Matty's Dinner (P2) 5:15pm-7:30pm-Wii Bowling League (P2)	4 National Diversity Day 10am-Coffee/Donuts(P1) 10:15am-Connect 55+ Meeting (P1) 10am-Socialize/Exercise(P2) 11am-Pick Pumpkin and Teammates*(P2) 11:30am-Lunch Program 12:30pm-Start 50/50 Raffle*(P2) Resident Run 1pm-Exercise(P1) 2:15pm-Science Club(P2) 5:30pm-Hand/Foot(P2) WEAR PINK 	5 Natl Be Nice Day Open Gym Choice of Cards 4pm-Chats & Chew
6 Coupon Club Open Gym 4pm-BINGO	7 9am-Coffee Clutch*(P2) 10am-Socialize/Exercise(P2) 10:30am-Around The World* -Salem, Mass.(P2) 11:30am-Lunch Program 1pm-Exercise(P1)* 1:45pm-40's Music (Name That Song)P2* 2:15-Pictionary(P2) 3pm-Creative Coloring(P2) 3:30pm-Let's Try Sudoku(P2) 	8 9am-Morning Walk 11:30am-Lunch Program 1pm-R.C. Communion(P2) 2pm-Meet & Greet/Holiday Meeting (P2) 5:30pm-Pokeno(P2) 6pm-Open Gym	9 Yom Kippur 9am-Coffee Clutch*(P2) 9:45am- Soothing Stretching(P2) 10am-Socialize/Exercise(P2) 11:30am-Lunch Program 12:30pm-Halloween Luminaries*(P2) 1:30pm-Pastor Mike(P2) Upstairs 2:30pm-Exercise(P1)* 3:30pm-Sequence(P2) 5:15pm-7:30pm-Wii Bowling League (P2)	10 World Mental Health Day 9am-Morning Walk 11am-Bible Study(P2) 1pm-Yatzee(P2) 4:30pm-Matty's Dinner(P2) 5:15pm-7:30pm-Wii Bowling League (P2)	11 9am-Coffee/Donuts(P2) 9:15am-Connect 55+ Meeting (P2) 10am-Socialize/Exercise(P2) 10:15am-How Many Words(P2) 11:30am-Lunch Program 12:15pm-Special Pink Hearts(P2) 1pm-Exercise(P1)* 1:45pm-Bat Door Hangers(P2) 3pm-Crossword Puzzles(P2) 5:30pm-Hand/Foot WEAR PINK 	12 Open Gym Choice of Cards 4pm-Chats & Chew
13 Train Your Brain Day Coupon Club Open Gym	14 Columbus Day/ Canada Thanksgiving 9am-Coffee Clutch*(P2) 10am-Socialize/Exercise(P2) 10:30am-Around the Word*(P2) 11:30am-Lunch Program 1pm-Exercise(P1)* 1:45pm-50's Music (Name That Song)P2* 2:15pm-Yoplait Yogurt Social*(P2) 3pm-Relaxating Music(P2) 3:30pm-Sudoku(P2)	15 9am-Morning Walk 11:30am-Lunch Program 1pm-Story of Dracula-Video(P2) 5:30pm-Pokeno(P2) 6pm-Open Gym 	16 10am-Socialize/Exercise(P2) 11:30am-Lunch Program 1pm-Themed Words(P2) 2pm-Trivia(P2) 5:15pm-7:30pm-Wii Bowling League (P2)	17 9am-Morning Walk 11am-Bible Study(P2) 1pm-Yatzee(P2) 4:30pm-Matty's Dinner(P2) 5:15pm-7:30pm-Wii Bowling League (P2)	18 10am-Coffee/Donuts(P1) 10am-Socialize/Exercise(P2) 11:30am-Lunch Program 12:30pm-Pink Party*(P2) 1pm-Roswell Representative*(P2) 3pm-You Be the Judge(P2) 3:45pm-Creepy Word Search(P2) 5:30pm-Cards WEAR PINK  	19 Sweetest Day Open Gym Choice of Cards 4pm-Chats & Chew
20 Coupon Club Open Gym 4pm-BINGO	21 9am-Coffee Clutch*(P2) 10am-Socialize/Exercise(P2) 10:30am-Around The World*(P2) 11:30am-Lunch Program 1pm-Exercise(P1)* 1:45pm-60's Music (Name That Song)P2* 2:15pm-Pictionary(P2) 3pm-Creative Coloring(P2) 3:30pm-Sudoku(P2)	22 9am-Morning Walk 11:30am-Lunch Program 1pm-History of the Black Mummy-Video(P2) 5:30pm-Pokeno(P2) 6pm-Open Gym 	23 9am-Coffee Clutch* (P2) 9:45am-Soothing Stretching(P2) 10am-Socialize/Exercise 10:30am-How Many Words(P2) 11:30am-Lunch Program 12:30pm-Bunco(P2) 1pm-CrossWord Puzzle(P2) 1:45pm-Decorate Cupcakes(P2) 2:30pm-Exercise(P1)* 3:30pm-Sequence(P2) 5:15pm-7:30pm-Wii Bowling League (P2) 	24 9am-Morning Walk 11am-Bible Study(P2) 1pm-Yatzee(P2) 4:30pm-Matty's Dinner(P2) 5:15pm-7:30pm-Wii Bowling League (P2)	25 9am-Coffee/Donuts(P2) 10am-Socialize/Exercise(P2) 11:30am-Lunch Program 1pm-Exercise(P1)* 3pm-"WearThe Most Pink"Contest*(P2) 3:45pm-Crawly Word Search(P2) 5:30pm-Hand/Foot WEAR PINK 	26 Make a Difference Day/ Community Service Day Open Gym Choice of Cards 4pm-Chats & Chew
27 Coupon Club Open Gym 4pm-BINGO	28 9am-Alarming Coffee Clutch(P2) 10am-Bizarre Socialize/Exercise(P2) 10:30am-Creepy Crawly Halloween History Hour(P2) 11:30am-Spine Chilling Lunch Program 12:15pm-Scary App. Savings(P2) 1pm-Exercise(P1)* 2:30pm- Halloween Party* 	29 9am-Morning Walk 10am-Word Unscramble(P2) 11:30am-Lunch Program 1pm-Bumps in the Night-Video(P2) 5:30pm-Pokeno(P2) 6pm-Open Gym 	30 10am-Socialize/Exercise(P2) 11:30am-Lunch Program 1pm-Themed Words(P2) 2pm-Trivia(P2) 5:15pm-7:30pm-Wii Bowling League (P2)	31 Halloween 9am-Morning Walk 11am-Bible Study(P2) 1pm-Hocus Pocus(P2)Movie 4:30pm-Matty's Dinner(P2) 5:15pm-7:30pm-Wii Bowling League (P2) 		*= explanation on the insert 