

**Did You Know?** You may remember the soothsayer's warning to Julius Caesar to "Beware the ides of March," but the term didn't originate with William Shakespeare, according to the History Channel. The earliest Roman calendar, which consisted of 10 months beginning with Martius (March), was believed to have been created by King Romulus around 753 B.C. At that time, dates were expressed in relation to the lunar phase of the month using three markers: Kalends (Kal), Nones (Non) and Ides (Id). The first phase of the moon, the new moon, was denoted by Kalends and signified the first day of the month; the first quarter moon fell on either the fifth or seventh day of the month and was referred to as Nones; the full moon fell on either the 13th or 15th day of the month and was referred to as Ides. The ides of March—March 15—initially marked the first full moon of a new year.

**EXERCISE/SOCIALIZE IS EVERY MON., WED. AND FRI. AT 10AM IN THE LG. COMMUNITY ROOM.**

**MARCH BIRTHDAY LIST**

- Carolyn A. 3/3
- Wanda N. 3/6
- Esther S. 3/6
- Mary B. 3/12
- Jeanne L. 3/25



**Why is it called March Madness?** **March Madness** — the collegiate men's and women's basketball tournaments — owes its name to Illinois and high school ball, according to *the New York Daily News*. Back in 1908, the Illinois High School Association began sponsoring a statewide tournament that became so popular by 1939 that it routinely sold out the University of Illinois gymnasium.

**Mark Your Calendars!**  
 National Peanut Lovers Day is **Sunday, March 1**  
 Daylight Saving Time begins on **Sunday, March 8** (remember to turn your clocks ahead one hour!)  
 St. Patrick's Day is **Tuesday, March 17**  
 Spring begins two days later on **Thursday, March 19**

**Spring Cleanup to Begin**  
 Lakeview Landscaping will be starting their spring cleanup by April 1 by picking up dead branches and other debris in all exterior areas of the Woodlands, including the parking lot (weather permitting).  
 They will also be policing the grounds, trimming trees and bushes, and mulching flower beds and tree rings for the entire property.  
 Stay tuned for more details!

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- March Fun Facts**
- **March is Women's History Month!**
    - ◊ **Josephine Cochrane invented the dishwasher in 1886**
  - **March is National Pothole Month**
  - **Did you Know: Davy Crockett was an Irish American**



Woodlands Active Living

**COMMUNITY INFORMATION**

**COMMUNITY MANAGER:**  
DOUG FENTON

**CONNECT 55+ COORDINATOR:**  
DIANE SMITH

**MAINTENANCE TECH:**  
ART BORTZ

**OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #:** 692-9663  
**MANAGER EMAIL:** LEASINGWOODLANDS@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO **RM1B HOLDINGS**

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



**The Woodlands Voice**



















**MARCH 2020**

**"Come as strangers, live as friends"**

**Woodlands News of Note**

Art will continue patching the pot holes in the parking lot when weather permits (we need a couple of dry days with above-freezing temperatures for the cold patch to work properly).  
 Art has replaced the furnace filters in all of the first floor apartments in both Phases (we will distribute flyers to each apartment once we have scheduled a date for the second floor furnace filters and the new smoke detector batteries for all apartments).  
 If possible, please keep your weekend trash and recycling in your apartment until Monday morning to give Art a chance to get caught up with the trash removal and **PLEASE DOUBLE-BAG YOUR TRASH!**  
 Our next Vietnam Veterans of America pickup of donated clothing and smaller items (**please, no furniture or appliances**) is scheduled for **Thursday, March 5 at 7 a.m. (Phase 2 only-place items between the front doors the day before)**. Check the bulletin boards for more details and a special **Thank You** to Phase 1 residents for scheduling their own separate monthly VVA pickup!  
 Please **DO NOT** put laundry pods in the detergent dispensers – if you use the pods, throw them into the washing machines since they clog the dispenser and we have had to call our laundry service company quite a few times to repair the machines in both Phases.

**Quote of the Month:** "This life is yours. Take the power to choose what you want to do and do it well. Take the power to love what you want in life and love it honestly. Take the power to walk in the forest and be a part of nature. Take the power to control your own life. No one else can do it for you. Take the power to make your life happy." -- **Susan Polis Schutz**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>1</b> Coupon Club Open Gym 4pm-Bingo 	<b>2</b> 9am-Coffee Clutch 10:30am-How Many Words (upstairs) 11:30am-Lunch Program 1pm-Exercise (P1) <b>2pm-Charades (New)</b> 3pm-Garden Planning!! 3:30pm-Relaxing Music 5pm-Choice of Cards 6pm-Pokeno (P1) 	<b>3 National I Want You to be Happy Day</b> 8am-Morning Hall Walk 11am-Rev. Franke (upstairs) 11:30am-Lunch Program 1pm-Ted Talks (YouTube): "How to be happy every day" 5:30pm-Pokeno	<b>4</b> 8am-Morning Hall Walk 10:30am-Jigsaw Puzzle (upstairs) 11:30am-Lunch Program 2pm-Brain Teasers!! 5:30-8pm-Wii Bowling League	<b>5</b> 8am-Morning Hall Walk 11am-Bible Study 4:30pm-Matty's Dinner 5pm-Hand/Foot 5:30-8pm-Wii Bowling League	<b>6</b> <b>9am-Coffee/Donuts (P2)</b> <b>9:15am-Connect 55+ Meeting</b> 10am-Q & A 11:30am-Lunch Program <b>12:30pm-Healthy Snack Wrap Tasting (sign-up only)</b> 1pm-Exercise (P1) 2pm-Sequence <b>2:45pm-Charades</b> 3:30pm-Creative Coloring 	<b>7</b> Open Gym Choice of Cards 4pm-Chats/Chews	
<b>8 Daylight Saving Time Begins</b> Coupon Club Open Gym 4pm-Bingo	<b>9 Full Moon / National Napping Day</b> 9am-Coffee Clutch 10:30am-How Many Words (upstairs) 11:30am-Lunch Program 1pm-Exercise (P1) <b>2pm-3 Day Craft: St. Patty's Mason Jar (sign-up only)</b> 3:30pm-Relaxing Music 4pm-Napping Stories 5pm-Choice of Cards 	<b>10 Jewish Purim begins at sunset on March 9th</b> 8am-Morning Hall Walk 11:30am-Lunch Program 1pm-Communion Services 2pm-Meet & Greet 5:30pm-Pokeno	<b>11</b> <b>9am-Coffee Clutch</b> 10:30am-Nutrition Corner (Library) 11am-Brain Teasers!! 11:30am-Lunch Program 12:30pm-20 min. Stretching 1pm-You Be The Judge (Library) 1:30 pm-Pastor Mike Lutheran Communion <b>2pm-2 Day Craft: St. Patty's Mason Jar</b> 3pm-Poetry Workshop 5:30-8pm-Wii Bowling League	<b>12</b> 8am-Morning Hall Walk 11am-Bible Study 4:30pm-Matty's Dinner 5pm-Hand/Foot 5:30-8pm-Wii Bowling League 	<b>13 Friday the 13th</b> 9am-Coffee Clutch <b>10am-Coffee/Donuts (P1)</b> <b>10:15am-Connect 55+ Meeting</b> 11am-History of Superstitions (YouTube) 11:30am-Lunch Program 1pm-Exercise (P1) <b>2pm-Last Day Craft: St. Patty's Mason Jar</b> <b>2:45pm-Charades</b> 3:30pm-Creative Coloring 	<b>14 Pi Day</b> Open Gym Choice of Cards 4pm-Chats/Chews 	
<b>15</b> Coupon Club Open Gym 4pm-Bingo	<b>16</b> 9am-Coffee Clutch 10:30am-How Many Words (upstairs) 11:30am-Lunch Program 12:30pm-Shamrock Cards <b>1:30-St. Patty's Day Potluck</b> <b>2:45pm-Blankets for Oishei</b> 3:30pm-Relaxing Music 5pm-Choice of Cards 6pm-Pokeno (P1)	<b>17 ST. PATRICKS DAY</b> 8am-Morning Hall Walk 11:30am-Lunch Program <b>1pm-Luck of The Irish (1948) Movie on YouTube</b> 5:30pm-Pokeno 	<b>18</b> 8am-Morning Hall Walk 10:30am-Jigsaw Puzzle (upstairs) 11:30am-Lunch Program 2pm-Brain Teasers!! 5:30-8pm-Wii Bowling League 	<b>19 SPRING BEGINS!</b> 8am-Morning Hall Walk 11am-Bible Study 4:30pm-Matty's Dinner 5pm-Hand/Foot 5:30-8pm-Wii Bowling League 	<b>20</b> 9am-Coffee/Donuts 10:30am-Q & A <b>11am-Spring Flower Craft</b> 11:30am-Lunch Program 1pm-Exercise (P1) 2pm-Sequence <b>2:45pm-Charades</b> 3:30pm-Creative Coloring	<b>21</b> Open Gym Choice of Cards 4pm-Chats/Chews 	
<b>22</b> Coupon Club Open Gym 4pm-Bingo 	<b>23</b> 9am-Coffee Clutch 10:30am-How Many Words (upstairs) 11:30am-Lunch Program 1pm-Exercise (P1) <b>2pm-Rainbow Candy Jar Craft (sign-up only)</b> 3pm-Life Hacks!! 3:30pm-Relaxing Music 5pm-Choice of Cards 6pm-Pokeno (P1)	<b>24</b> 8am-Morning Hall Walk 11:30am-Lunch Program <b>1pm-"If You Only Knew" (Movie about Alzheimer's)</b> 5:30pm-Pokeno	<b>25</b> 9am-Coffee Clutch <b>10am-Veteran's Breakfast</b> 10:30am-Nutrition Corner (Library) 11:30am-Lunch Program 12:30pm-20 min. Stretching 1pm-You Be The Judge (Library) <b>2pm-Poetry Workshop</b> 3pm-Mocktails 5:30-8pm-Wii Bowling League	<b>26 Opening Day of Baseball</b> 8am-Morning Hall Walk 11am-Bible Study 4:30pm-Matty's Dinner 5pm-Hand/Foot 5:30-8pm-Wii Bowling League 	<b>27</b> 9am-Coffee Clutch 10am-Coffee/Donuts 10:30am-Q & A 11:30am-Lunch Program 1pm-Exercise (P1) 2pm-Yahtzee <b>2:45pm-Charades</b> 3:30-Creative Coloring 	<b>28</b> Open Gym Choice of Cards 4pm-Chats/Chews	
<b>29 National Vietnam War Veterans Day</b> Coupon Club Open Gym 4pm-Bingo 	<b>30</b> 9am-Coffee Clutch 10:30am-How Many Words (upstairs) 11:30am-Lunch Program 1pm-Exercise (P1) 2pm-Garden Talk!! 3:30pm-Relaxing Music <b>4pm-Birthday Social</b> 5pm-Choice of Cards 6pm-Pokeno (P1)	<b>31</b> 8am-Morning Hall Walk 11:30am-Lunch Program <b>1pm-"Malcolm and Barbara: Love's Farewell" (Alzheimer's Documentary)</b> 5:30pm-Pokeno 					<b>2020</b>