

Do you Know?

To keep the winter blues at bay, spend at least five to 10 minutes outside



even when it is overcast. When people see natural light, it increases levels of serotonin which keeps mood on an even keel.



PLEASE BE CAREFUL when walking to your vehicle due to the winter weather conditions...our vendor will continue to do

their best to keep the parking lot and sidewalks clear of ice and snow! Also, Please move your vehicles after they complete their first plow run (the set follow-up time is noon to 2 p.m. daily, depending upon weather conditions).

Actually, we meant to say be careful near the curb when parking your vehicle...please don't park over the curb since this blocks the sidewalks.

curb your enthusiasm

NEWS OF NOTE

Every Mon.-Wed.-Fri.: 10am, in the Community Room, is Socialize and Exercise



HAPPY BIRTHDAY!

Patricia R.-1/5

Cris J.-1/27

Lori H.-1/16

Donna K.-1/4



What's Ahead at the Woodlands in 2020:

* New computer work order system (you can still call or write us with your work orders if you don't like using a computer!)

- A new computer program which will allow us to send all important messages to your home phone or cell phone number.
- Check this space for important details as we begin an exciting New Year at the Woodlands!

New Year's Superstitions: Don't sweep the floor during the first day of the new year. You may sweep out the good fortune.



Woodlands Senior Village

The Woodlands Voice

JANUARY

2020

“Come as strangers, live as friends”

YES WE CAN AT THE WOODLANDS!

It's time to start planning for our participation in Calamar's annual Canned Food Sculpture during February.

Join in the fun of designing our own sculpture while helping those in need at local food banks, food pantries or shelters.

*** Diane is holding a planning meeting for our participation at 4 p.m. Wed. Jan. 15.**

•Competition begins Feb. 3.

•Competition ends Feb. 21.

•Judging will take place Feb. 24-27.

•Each Calamar community will be judged on creativity and execution.

•One winner will be selected from all Calamar senior living communities across the country (an excellent way to kickoff Calamar's 30th anniversary celebration).

•The winner will be announced Feb. 28.

•The winning community will receive a trophy, pizza party and bragging rights!

COMMUNITY INFORMATION

COMMUNITY MANAGER:
DOUG FENTON

CONNECT 55+ COORDINATOR:
DIANE SMITH

MAINTENANCE TECH:
ART BORTZ
















OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE
692-9663

MANAGER EMAIL:
LEASINGWOODLANDS@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO **RM1B HOLDINGS** PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



Quote of the Month: “Hate cannot drive out hate. Only love can do that.” - Martin Luther King, Jr.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 New Year's Day OFFICE CLOSED	2 8am-Hallway Walk 11am-Bible Study 4:30pm-Matty's Dinner 5pm-Hand/Foot 6pm-Pinochle (P1) all welcome	3 9am-Coffee Clutch 10am-Managers Coffee (P1) 10:15am-Connect 55+ Mtg. (P1) 11am-History Hour 11:30am-Lunch Program 1pm-Exercise (P1) 2pm-Sequence 3pm-Creative Coloring  	4 Open gym Choice of Cards 4pm-Chats/Chews
5 Coupon Club Open Gym 4pm-Bingo 	6 9am-Coffee Clutch 10am-Veteran's Breakfast (P2) 11am-You Be The Judge 11:30am-Lunch Program 1pm-Exercise (P1) 2pm-Wii Bowling 3:30pm-Relaxing Music 6:30pm-Pokeno (P1) all welcome 	7 8am-Hallway Walk 11am-Rev. Franke (upstairs) 11:30am-Lunch Program 5:30pm-Pokeno 6pm-Open Gym 	8 Elvis Presley's Birthday 8am-Hallway Walk 11:30am-Lunch Program 1pm-Elvis Presley's Life (YouTube) 5pm-Hand/Foot	9 8am-Hallway Walk 11am-Bible Study 4:30pm-Matty's Dinner 5pm-Hand/Foot 6pm-Pinochle (P1) all welcome	10 National Volunteer Fireman's Day 9am-Managers Coffee (P2) 9:15am-Connect 55+ Mtg. (P2) 10am-Thank a Fireman!! 11am-History Hour 11:30am-Lunch Program 1pm-Exercise (P1) 2pm-Sequence 3pm-Creative Coloring  	11 Open gym Choice of Cards 4pm-Chats/Chews
12 Coupon Club Open Gym 4pm-Bingo  <small>Heavy lifting</small>	13 9am-Coffee Clutch 10am-Snowman Craft (upstairs) 11am-You Be The Judge 11:30am-Lunch Program 1pm-Exercise (P1) 2pm-Wii Bowling 3:30pm-Relaxing Music 6:30pm-Pokeno (P1) all welcome 	14 8am-Hallway Walk 11:30am-Lunch Program 1pm-Dick Finn Catholic Communion 2pm-Meet & Greet 5:30pm-Pokeno	15 Strawberry Ice Cream Day 9am-Coffee Clutch 10am-How Many Words? 11am-Let's Do Easy Sudoku 11:30am-Lunch Program 12:15pm-Ted Talks & Discussion 2pm-Strawberry Ice Cream Social (No Substitutions) 3pm-Save A Buck 4pm-Meeting For Our Can Sculpture Competition	16 8am-Hallway Walk 11am-Bible Study 4:30pm-Matty's Dinner 5pm-Hand/Foot 6pm-Pinochle (P1) all welcome	17 9am-Coffee Clutch 10am-Managers Coffee (P1) 11am-History Hour 11:30am-Lunch Program 12:15pm-How Well Do You Know____??? 1pm-Exercise (P1) 2pm-Sequence 3pm-Creative Coloring	18 Open gym Choice of Cards 4pm-Chats/Chews
19 Coupon Club Open Gym 4pm-Bingo 	20 Martin Luther King, Jr. Day 9am-Coffee Clutch 10:15am-Penguin Craft (Upstairs) 11:30am-Lunch Program 1pm-Exercise (P1) 2pm-Wii Bowling 3:30pm-Relaxing Music 6:30pm-Pokeno (P1) all welcome	21 National Hugging Day 8am-Hallway Walk 11:30am-Lunch Program 2pm-Cross Words 5:30pm-Pokeno GIVE A HUG TODAY 	22 8am-Hallway Walk 11:30am-Lunch Program 1pm-Unscrambled Words 5pm-Hand/Foot	23 8am-Hallway Walk 11am-Bible Study 4:30pm-Matty's Dinner 5pm-Hand/Foot 6pm-Pinochle (P1) all welcome	24 National Compliment Day 9am-Managers Coffee (P2) 10am-Send a Compliment!! 11am-History Hour 11:30am-Lunch Program 12:15pm-Snowy Word Search 1pm-Creative Coloring 	25 Chinese New Year Begins/The Year of the Rat National Irish Coffee Day The Great Fruitcake Toss 9am-Coffee Clutch 9:30am-Sequence 10:15am-Exercise (P1) 4pm-Chats/Chews
26 Coupon Club Open Gym 4pm-Bingo 	27 9am-Coffee Clutch 10:15am-Life Hacks 11:30am-Lunch Program 1pm-Exercise (P1) 2pm-Wii Bowling 3:30pm-Relaxing Music 6:30pm-Pokeno (P1) all are welcome 	28 8am-Hallway Walk 11:30am-Lunch Program 2pm-Winter Word Search 5:30pm-Pokeno 6pm-Open Gym	29 National Puzzle Day 9am-Coffee Clutch 9:15am-Canvas Club Mtg. 10:15am-Jigsaw Puzzle (upstairs) 11:30am-Lunch Program 12pm-Cross Word Puzzles 12:45pm-Puzzle Making 1:30pm-Rebus Puzzle 3:30pm-Birthday Social 4pm-Afternoon Hallway Walk	30 8am-Hallway Walk 11am-Bible Study 4:30pm-Matty's Dinner 5pm-Hand/Foot 6pm-Pinochle (P1) all welcome	31 9am-Coffee Clutch 10am-Managers Coffee (P1) 10:15am-Backwards Game!! 11am-History Hour 11:30am-Lunch Program 1pm-Exercise (P1) 2pm-Sequence 3pm-Creative Coloring	