

**Your Questions and Comments are always welcome, so stop by the office at any time or give Diane or Doug a call at 692-9663!**

**Laundry Room Reminders:**

Please call Statewide Machinery (NOT the Woodlands Office) at 1-585-426-3870 if you are having trouble with a washer, dryer or your laundry card. Please do not leave your laundry unattended, use one machine at a time, and clean the dryer lint traps after use. Statewide also continues to clean the machines frequently.



**PLEASE PLACE RECYCLING IN THE BLUE BINS, DOUBLE-BAG TRASH AND DISPOSE IN THE BLACK BINS, AND PLACE BAGGED PET WASTE IN THE DUMPSTER**

**ALONG WITH LARGE BOXES AND SMALL OR LARGE APPLIANCES, FURNITURE, MATTRESSES AND BOX SPRINGS, ETC. (OTHERWISE, WE HAVE TO PAY A BULK PICKUP FEE!)**

**August Lore!** If the first week in August is unusually warm the coming winter will be snowy and long!



**This Is A No Smoking Area**

**We are a Smoke-Free Community!**

Please be advised that smoking in your apartment or on your patio or balcony, or sticking your head out one of the entry doors **IS NOT ALLOWED**. If you wish to smoke, you are required to be 50 feet away from the building (this even applies to our sidewalks and the parking lot).

Smoking is a violation of the Community Rules you agreed to follow when you signed your lease.

**August Humor:** When the temp reached 102. My wife's yearning for snow cones grew. "Why'd you buy only one?" My wife asked. I said, "hon, Cause I only ice for you."



Woodlands Active Living

**COMMUNITY INFORMATION**

**COMMUNITY MANAGER:**  
DOUG FENTON

**CONNECT 55+ COORDINATOR:**  
DIANE SMITH

**CLEANER:**  
RON JUST

**OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #:** 692-9663

**MANAGER EMAIL:**  
LEASINGWOODLANDS@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO: RM1B HOLDINGS

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



**The Woodlands Voice**

**August**

**"Come as strangers, live as friends"**










**IT'S SUMMER!**

Summer may be winding down on the calendar, but the Woodlands (as always) has a wide range of special things in the works

for you! The arrival of August marks the month we get to enjoy locally-grown, farm-fresh fruits and vegetables.

Be sure and check out this newsletter, flip the page for our August activities calendar, and watch the bulletin boards for all of the exciting things that we have planned for you at the Woodlands!

**Quote of the Month:** "Vegetables are a must on a diet. I suggest carrot cake, zucchini bread, and pumpkin pie." Jim Davis

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
<b>4 National Friendship Day</b> Coupon Club Open Gym	<b>5</b> 9:30am– Chair Yoga(P2) 10am– Socialize/Exercise(P2) 11am– Outside Walk(P1) 11:30am– Lunch Program(P2) 1pm– 3000 Questions(P2) 2:30– Current Events(P2) 4pm– Relaxation Music(P2)	<b>6 National Root Beer Float Day</b> 10am– Socialize/Exercise(P2) 11:30am– Lunch Program(P2) 1pm– Giant Crossword(P2) 5:30pm– Pokeno(P2) 6pm– Open Gym(P1/P2)	 <b>2019</b> 10am– Socialize/Exercise(P2) 11:30am– Lunch Program(P2) 1pm– Wii Games(P2) 3pm– Movie Time(P1/P2) 6pm– Pinochle(P2) 	<b>1 National Mahjong Day</b> 9am– Morning walk/stretching(P2) 10am– Socialize/Exercise(P2) <b>11am– Bible Study(P2)</b> 1pm– Word Scramble(P2) 4:30pm– Mattys Dinner 6pm– Euchre(P2)	<b>2 National Coloring Book Day</b> 9am– Coffee/Donuts(P2) 10am– Socialize/Exercise(P2) 11:30am– Lunch Program(P2) <b>1pm– Bring your Favorite Coloring Book Down and Enjoy Snacks, Friends and Coloring!(P2)</b> 2pm– Simple Stretching(P2) 3pm– Bananagrams(P2) 5:30pm– Hand/Foot(P2) 	<b>3</b> Open Gym Choice of Cards
<b>11</b> Coupon Club Open Gym	<b>12</b> <b>9:30am– Veterans Breakfast (P2)</b> 10am– Socialize/Exercise(P2) 11:30am– Lunch Program(P2) 1pm– Men’s Simple Cooking (P1) 2pm– Mocktails(P1) 3pm– Mindful Coloring(P2) 4pm– Afternoon Stroll(P1)	<b>13</b> 10am– Socialize/Exercise(P2) 11:30am– Lunch Program(P2) 1 p.m. — R.C. Communion(P2) 1pm– Giant Crossword(P2) <b>2pm– Meet &amp; Greet(P2)</b> 5:30pm– Pokeno(P2) 6pm– Open Gym(P1/P2)	<b>14</b> 9:30am– Morning Walk(P2) 10am– Socialize/Exercise(P2) 10:30am– Be the Judge(P2) 11:30am– Lunch Program(P2) 1pm– Easy Stained Glass(P2) (you bring the glass) <b>3pm– Connect 55 Activity and Welcome Committee Mtg.(P2)</b> 6pm– Pinochle(P2)	<b>15 National Relaxation Day</b> 10am– Socialize/Exercise(P2) <b>11am– Bible Study(P2)</b> 1pm– Word Scramble(P2) 4:30pm– Mattys Dinner 6pm– Euchre(P2) 	<b>16 National Tell a Joke Day</b> 9am– Coffee/Donuts(P2) 10am– Socialize/Exercise(P2) 10:30am– You Be the Judge(P2) 11:30am– Lunch Program(P2) 1pm– Simple Stretching(P2) 3pm– Bunco(P2) 5:30pm– Hand/Foot(P2)	<b>17 50<sup>th</sup> Anniversary of Woodstock (Aug 15th-18th)</b> Open Gym Choice of Cards 4pm– Chat N Chew(P1/P2)
<b>18</b> Coupon Club Open Gym	<b>19</b> 9:30am– Chair Yoga(P2) 10am– Socialize/Exercise(P2) 11:30am– Lunch Program(P2) 1pm– Trivia(P2) 2pm– Mocktails(P2) <b>3pm- Remember When(P2) (P1)</b> <i>(I'd love to hear your stories of the changes from then and now)</i> 4pm– Relaxation Music(P2)	<b>20</b> 10am– Socialize/Exercise(P2) 11:30am– Lunch Program(P2) <b>1pm– Ask the Pharmacist: Walgreens Pharmacy (P2)(P1)</b> 5:30pm– Pokeno(P2) 6pm– Open Gym(P1/P2) 	<b>21 National Senior Citizens Day</b> 10am– Socialize/Exercise(P2) 11:30am– Lunch Program(P2) <b>2pm– Lunch and Ice Cream Social to say THANK YOU(P2)</b> <b>2:30pm– Patio Games(P2)(P1)</b> 3:30pm– How Many Words(P2) 6pm– Pinochle(P2)	<b>22</b> 10am– Socialize/Exercise(P2) <b>11am– Bible Study(P2)</b> <b>1:30pm– Share your Favorite Snacks with your Neighbors(P2) (P1)</b> 4:30pm– Mattys Dinner 6pm– Euchre(P2)	<b>23</b> 9:30am– Morning Walk(P2) 10am– Coffee/Donuts(P1) 10am– Socialize/Exercise(P2) 11:30am– Lunch Program(P2) <b>1:30– Discussion on How to Keep you Safe from Scams(P2) (P1)</b> 3pm– Question Ball Toss(P2) 4pm– Brain Games(P2)	<b>24</b> Open Gym Choice of Cards 4pm– Chat N Chew (P1/P2)
<b>25</b> Coupon Club Open Gym	<b>26 National Dog Day</b> 9:30am– Chair Yoga(P2) 10am– Socialize/Exercise(P2) 11am– Trivia(P2) 11:30am– Lunch Program(P2) 1pm– Spot the Animal(P2) 2pm– Current Events(P2) 3pm– Mindful Coloring(P2)	<b>27</b> 10am– Socialize/Exercise(P2) 11:30am– Lunch Program(P2) 1pm– Giant Crossword(P2) 5:30pm– Pokeno(P2) 6pm– Open Gym(P1/P2) 	<b>28</b> 10am– Socialize/Exercise(P2) 11:30am– Lunch Program(P2) 1pm– 3000 Question(P2) 2pm– Relaxation breathing techniques(P2) 2:30pm– Techno News!!!(in the library)(P2) 3pm– Afternoon Stoll Outside(P2) (P1) 6pm– Pinochle(P2)	<b>29</b> 10am– Socialize/Exercise(P2) <b>11am– Bible Study(P2)</b> 1pm– History Hour(P2) 4:30pm– Mattys Dinner 6pm– Euchre(P2)	<b>30</b> 9am– Coffee/Donuts(P2) 10am– Socialize/Exercise(P2) 11:30am– Lunch Program(P2) 12:30pm– Fall Decorations for the Tables (bring any supplies you'd like to use)(P2) <b>2pm– BIRTHDAY PARTY!!!! (P2)</b> 3:30pm–Yahtzee(P2) 5:30pm– Hand/Foot(P2)	<b>31</b> Open Gym Choice of Cards 4pm– Chat N Chew (P1/P2)