

Trivia for the Month! Stephen Foster's song, Oh Suzannah, was sung for the first time in public at a saloon in Pittsburg, PA. Foster sold the rights to the bartender for a bottle of whiskey.



Instead of the John I call my bathroom the Jim!  
That way it sounds better when I say I go to the Jim first thing every morning!!!

**FUNDRAISER!**  
**COMMUNITY GARAGE SALE**  
**SATURDAY, SEPTEMBER 28TH**  
**9:00 TO 5:00**  
**TABLES WILL RENT FOR \$5.00**  
**START SAVING YOUR ITEMS AND CRAFTS TO SELL**

### ICE CREAM, AGAIN?

**YES WE ARE HAVING ICE CREAM AGAIN!**

**ICE CREAM BARS ON**  
**SEPTEMBER 13TH AT**  
**3:00 pm**  
**SEE YOU THERE!!**

### 9/2-42<sup>nd</sup> Annual Great Bathtub Race, Nome AK

In 1978, then-Mayor Leo Rasmussen was looking for a way to attract visitors to Nome. His brainchild, the wacky (and exceedingly clean) Great Bathtub Race, has no equal anywhere in the world. In this fun Labor Day event, teams line up at High Noon and prepare to race about 100 yards down Front Street.

Each team must have five members – one to “bathe” in the tub full of water and copious bubbles, while four others propel it in a mad dash down Nome’s most famous street. Racers wear the official Bathtub Race costume, consisting of a large brimmed hat and suspenders (frequently fashioned from duct tape). Spectators are known to start the fun early by tossing water balloons at the athletes as they warm up. The tubs are mounted on wheels, and must be at least 4 feet long. Beyond that, there is no consistency, with teams doing their best to engineer an aerodynamic vehicle that will fly down the street – even when full of water and a bather.

At the finish line, the tub must still have 10 gallons of water in it, and racers must have their requisite items – bar of soap, towel, washcloth, and bathmat.

The winning prize? Bragging rights, and possession of a most unusual trophy: a figurine of Kermit and Miss Piggy taking a bath. (It’s passed on each year to the next winner).

### LUNCH BUNCH

#### JOIN THEM :

**September 4th - LUNCH AT**  
**CRACKER**  
**BARREL AND OLD COUNTRY**  
**STORE. CARPOOL AT**  
**11:00 AM**

**September 18th - DINNER AT**  
**RED ROBIN GOURMET**  
**BURGERS.**  
**CARPPOOL AT 4:00 PM**



Woodbridge Senior Village

### COMMUNITY INFORMATION

**COMMUNITY MANAGER:**  
MARCY MOCTEZUMA

**MAINTENANCE TECH:**  
BO JENNINGS

**OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE**  
#402-573-5555:

**MANAGER EMAIL:**  
MANAGERWOODBRIDGE@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO : RM6A HOLDINGS

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



# Woodbridge News

## SEPTEMBER

**“Come as strangers, live as friends”**

### CHECK YOUR CALENDARS!

**There are a lot of exercise activities on the calendar. I would love to see you participate.**







**There is Smile Exercise, Balloon Exercise, Ladder Toss, Corn Hole toss, Wii Bowling, Chair Exercises, and Chair Dancing all at different times during the month.**

**Some of the other activities that we don’t want you to miss are Bingo and Ice Cream, Free Chicken Potluck, Vet’s Club, Fun & Trivia, September Birthday Cake. Please check the dates and come on down!**

**Quotes of the Month:** “Gratitude takes three forms: a feeling in the heart, an expression in words, and a giving in return.” - Anonymous

“The most rewarding things you do in life are often the ones that look like they cannot be done.” - Arnold Palmer

“All labor that uplifts humanity has dignity.” - Martin Luther King, Jr.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Worship Service 9:30 am	2 <b>Labor Day</b> Office Closed	3 Coffee 9:00 am Exercise 10:15 Blood Pressure/Vital signs 10:45 am Games 2:00 pm Golf Card Game 7:00 pm	4 Coffee 9:00 am Wheel Chair & Walker Cleaning 10:00 am Victory Church 10:30 Cracker Barrel 11:00 am Bingo 2:00 pm Rosary 7:00 	5 NFL Season starts Coffee 9:00 am Smile Exercise 10:30 am Games 2:00 pm Bible Study 6:00 pm	6 Coffee & Donuts 9:00 am Humana—9am Balloon Exercise 11:00am Bunco 2:00 pm 	7 Coffee 9:00 am NU Game at 2:30 Social Hour 5:00 pm Card Game 6:30 pm
8 National Grandparent's Day Worship Service 9:30 am Yatzee 2nd Floor 3:00 pm	9 Coffee 9:00 am Ladder Toss 10:30 Wii Bowling 1:00 pm Corn Hole Toss 2:30 to 3:30	10 Coffee 9:00 am Exercise 10:15 Blood Pressure/Vital signs 10:45 am Games 2:00 pm Golf Card Game 7:00 pm	11 Patriot Day and National Day of Service & Remembrance Coffee 9:00 am Custom Hearing 9:00 – 11:00 Bingo and Ice Cream by Solutions Insurance 2:00 Rosary 7:00 	12 Coffee 9:00 am Connect 55+ Activity Meeting 11:30 am Games 2:00 pm Bible Study 6:00 pm	13 International Chocolate Day by Milton Hershey Coffee & Donuts 9:00 am Legacy Design Strategies-The living Will Ice Cream Bars 3:00 pm Free Chicken Potluck 5:00 pm	14 Harvest Moon Coffee 9:00 am Social Hour 5:00 pm Card Game 6:30 pm NU Game at 7:00 pm
15 Worship Service 9:30 am	16 Coffee 9:00 am Corn Hole toss 10:30 Wii Bowling 1:00 pm Movie " A Dog's Journey" 6:00 pm	17 Coffee 9:00 am Exercise 10:15 Blood Pressure/Vital signs 10:45 am Games 2:00 pm Golf Card Game 7:00 pm	18 National Cheeseburger Day Coffee 9:00 am Victory Church 10:30 Bingo 2:00 pm Red Robin 4:30 pm Rosary 7:00	19 Coffee 9:00 am Smile Exercise 10:30 aam Games 2:00 pm Bible Study 6:00 pm	20 POW/MIA Recognition Day Coffee & Donuts 9:00 am Humana—9am Smile Exercise 11:00 am Bunco 1:00 pm 	21 World Alzheimer Day Coffee 9:00 am Social Hour 5:00 pm Card Game 6:30 pm NU Game TBA
22 Autumn Begins Worship Service 9:30 am Yatzee 2nd Floor 3:00 pm	23 Coffee 9:00 am Balloon Exercise 10:30 Wii Bowling 1:00 pm Vet's Club 2:30 pm 	24 Coffee 9:00 am Exercise 10:15 Blood Pressure/Vital signs 10:45 am Games 2:00 pm Golf Card Game 7:00 pm	25 National Women's Health & Fitness Day Coffee 9:00 am Chair exercises 10:30 am Bingo 2:00 pm Rosary 7:00	26 Coffee 9:00 am Ladder Toss Game 10:30 Games 2:00 pm Bible Study 6:00 pm	27 Coffee & Donuts 9:00 am Security National Bank Chair Dancing 11:00 am Fun & Trivia 2:00pm	28 National Good Neighbor Day Fundraiser Garage Sale 9:00 am to 5:00 pm Social Hour 5:00 pm Card Game 6:30 pm NU Game TBA
29 Rosh Hashanah Worship Service 9:30 am Pizza Party 5:00 pm	30 Coffee 9:00 am Chair Dancing 10:30 Wii Bowling 1:00 pm Birthday Cake for September Birthdays 3:00				2019	September is National Senior Center Month 