

Do you Know?

To keep the winter blues at bay, spend at least five to 10 minutes outside



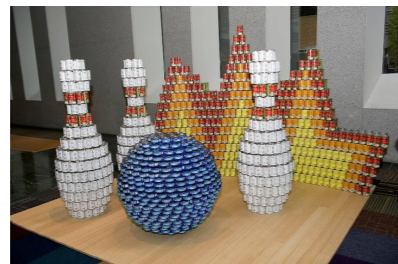
even when it is overcast. When people see natural light, it increases levels of serotonin which keeps mood on an even keel.

January Birthday

2nd	Carol Zerck
7th	Bert Francis
18th	Julie Roberts
24th	Gordon Hadley
25th	Joan Day
26th	Joyce Kerr
27th	Carol Thompson

Canned Food Sculpture

Please bring your canned goods and your imagination to the community room for the canned food sculpture competition. What better way to have fun and donate to those in need. The competition begins February 3rd-21st. And the winner will be announced February 28th.



Manager's Corner

- Pets must be taken outside to use the bathroom. Pet stations are located on the property.
- Smoking is only allowed 50 feet away from the building.
- Chair Massages are located in the Community Room. \$1.00 per minute is the cost and sign up sheet is located in the Community Room required to attend.
- Canned Food Sculpture Meeting: January 8th we will be meeting in the community room to discuss what we would like to sculpt for this year's competition!
- January 11th: Open House! Katie will be hosting an Open House from 10am to 2pm. Feel free to invite anyone who might be interested in becoming apart of our amazing community!
- January 15th: Join us in the community room for some delicious potato soup and a tribute to the legendary Dr. Martin Luther King Jr!
- Swap & Shop is January 17th in the community room! Bring anything you need to exchange!
- January 24th: Enjoy some pasta from our pasta bake and some fine tunes featuring Keith Klein!
- January 27th: Wii Bowling tournament in the community room! Good luck!

HAPPY NEW YEAR!

Words of Wisdom!

"If we had no winter, the spring would not be so pleasant: if we did not sometimes taste of adversity, prosperity would not be so welcome."

--Anne Bradstreet

New Year's Superstitions: Don't sweep the floor during the first day of the new year. You may sweep out the good fortune.



The Summit at Viewcrest

COMMUNITY INFORMATION

COMMUNITY MANAGER:
KATIE PIBURN

CONNECT 55+ COORDINATOR:
PAIGE HOWARD

MAINTENANCE TECH:
SHERROD FERGUSON

OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #: 8162145914

MANAGER EMAIL: MANAGERVIEWCREST@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO **RM8A HOLDINGS**

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



The Summit News

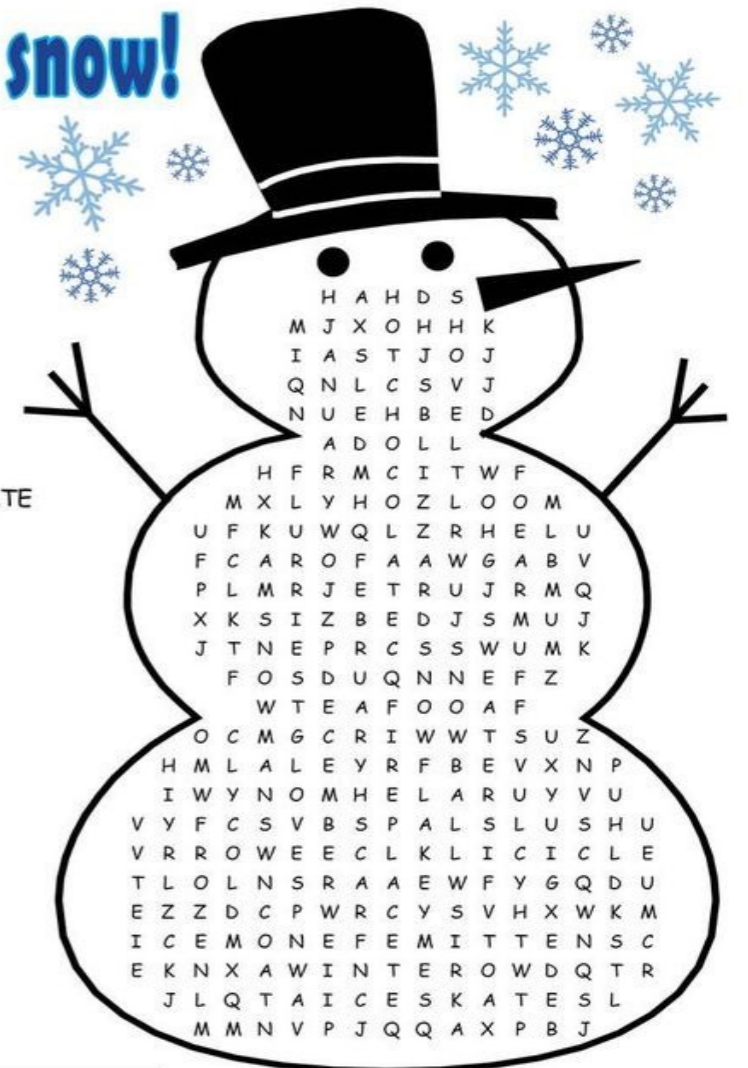
JANUARY

2020

"Come as strangers, live as friends"

Let it snow!

- BLIZZARD
- COAT
- COLD
- DECEMBER
- EARMUFFS
- FEBRUARY
- FIREPLACE
- FLURRIES
- FROZEN
- GLOVES
- HOT CHOCOLATE
- ICE
- ICE SKATES
- ICICLE
- JANUARY
- MITTENS
- SCARF
- SHOVEL
- SLED
- SLUSH
- SNOWBALL
- SNOWFLAKE
- SNOWMAN
- SWEATER
- WINTER









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Quote of the Month: "Hate cannot drive out hate. Only love can do that." - Martin Luther King, Jr.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 New Year's Day 9:30am The Judge 10am 4 for Fit Rm 368 1pm Dominos 6pm Cards	2 10am Billiards 10:30am Arts & Crafts 11am Walking Club 1pm Mahjong in library 6pm BINGO	3 9:30am Breakfast Meeting 10am 4 for Fit Rm 368 11am Trivia 1pm Wii Golf & Cards 4pm Board Games and Puzzles	4 11am Bean Bag Golf toss 1pm Theatre Room
5 5pm Baseball Bean Bag Toss	6 10am 4 for Fit Rm 368 11am Walking Club 11am Billiards 1pm Arts and crafts 6pm Bunco	7 10am Fitness Room 10:30am Wii Bowling 1pm Card Games 2pm Theatre Room 3pm Sun Catchers 4:30pm Bible Study	8 Elvis Presley's Birthday 9:30am The Judge 10am 4 for Fit Rm 368 12pm Lunch Bunch 1pm Dominos 3pm Can Competition Planning Meeting 4pm Chair Yoga 	9 10am Billiards 10:30am Arts & Crafts 11am Walking Club 1pm Mahjong in library 2pm Access Home Health Bingo 6pm BINGO	10 Full Moon/Winter Moon National Volunteer Fireman's Day 9:30am Breakfast Meeting 10am 4 for Fit Rm 368 11am Trivia 1pm Wii Golf & Cards 4pm Board Games and Puzzles	11 10-2pm Open House Coffee Bar 11am Bean Bag Golf toss 1pm Theatre Room
12 5pm Baseball Bean Bag Toss	13 10am 4 for Fit Rm 368 10am Chair Massage 11am Walking Club 11am Billiards 1pm Arts and crafts 6pm Bunco	14 10am Fitness Room 10:30am Wii Bowling 11am Activity Feedback Meeting 1pm Card Games 2pm Theatre Room 3pm Making Friends Question Ball 4:30pm Bible Study 6pm Book Club  	15 9:30am The Judge 10am 4 for Fit Rm 368 12pm Baked Potato Soup and Tribute to Dr. Martin Luther King Jr 1pm Dominos 6pm Cards	16 10am Billiards 10:30am Arts & Crafts 11am Walking Club 1pm Mahjong in library 6pm BINGO	17 9:30am Breakfast Meeting 10am 4 for Fit Rm 368 11am Trivia 1pm Wii Golf & Cards 4pm Board Games and Puzzles 5pm Swap and Shop	18 11am Bean Bag Golf toss 1pm Theatre Room
19 5pm Baseball Bean Bag Toss	20 Martin Luther King, Jr. Day 10am 4 for Fit Rm 368 11am Walking Club 11am Billiards 1pm Arts and crafts 6pm Bunco	21 National Hugging Day 10am Fitness Room 10:30am Wii Bowling 11-3pm Red Cross Blood Drive in Community Room 1pm Card Games 2pm Do You Wanna Build A Snowman? 4:30pm Bible Study	22 9:30am The Judge 10am 4 for Fit Rm 368 1pm Dominos 4pm Chair Yoga 6pm Cards	23 10am Billiards 10:30am Arts & Crafts 11am Walking Club 1pm Mahjong in library 6pm BINGO	24 National Compliment Day 9:30am Breakfast Meeting 10am 4 for Fit Rm 368 11am Trivia 1pm Wii Golf & Cards 4pm Board Games and Puzzles 5pm Pasta Bake with entertainer Keith Klein Name That Tune from the 1940's, 1950's, & 1960's 	25 Chinese New Year Begins/The Year of the Rat National Irish Coffee Day The Great Fruitcake Toss 11am Bean Bag Golf toss 1pm Theatre Room
26 5pm Baseball Bean Bag Toss	27 10am 4 for Fit Rm 368 11am Walking Club 11am Billiards 1pm Arts and crafts 6pm Bunco	28 10am Fitness Room 10:30am Wii Bowling tournament 1pm Card Games 2pm Theatre Room 2pm Pictionary 4:30pm Bible Study 5:30pm Chair Massage 	29 National Puzzle Day 9:30am The Judge 10am 4 for Fit Rm 368 11:30 Ambassador Meeting 1pm Dominos 4pm Birthday Party 6pm Cards	30 10am Billiards 10:30am Arts & Crafts 11am Walking Club 1pm Mahjong in library 6pm BINGO	31 9:30am Breakfast Meeting 10am 4 for Fit Rm 368 11am Trivia 1pm Wii Golf & Cards 4pm Board Games and Puzzles	