

# S.E.L.F. Calendar (Seniors Empowered to Live Life to the Fullest)

# November 2017



It is the **SOLDIER OR VETERAN**, not the preacher, who has given us freedom of religion.

It is the **SOLDIER OR VETERAN**, not the reporter, who has given us freedom of the press.

It is the **SOLDIER OR VETERAN**, not the poet, who has given us freedom of speech.

It is the **SOLDIER OR VETERAN**, not the campus organizer, who has given us freedom to assemble.










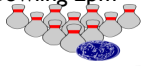














It is the **SOLDIER OR VETERAN**, not the lawyer, who has given us the right to a fair trial.

It is the **SOLDIER OR VETERAN**, not the politician, who has given us the right to vote.

It is the **SOLDIER OR VETERAN**, who salutes the Flag,

It is the **SOLDIER OR VETERAN** who serves under the Flag,

**God Bless them all!!!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p><b>Barbara M.</b> 11/3 <b>Mike H.</b> 11/7 <b>Ruben D.</b> 11/8 <b>Darla S.</b> 11/9 <b>Judy B.</b> 11/11</p>	<p><b>Dot Cannup</b> 11/11 <b>Edith C.</b> 11/14 <b>Carol F.</b> 11/16 <b>Susan G.</b> 11/20</p>	<p><b>Don't Forget:</b> <b>RENT IS DUE</b> tomorrow on the 1st.</p> 	<p>1. Lunch Bunch <b>Pizza Ranch</b> 11:15a RSVP</p>  <p><b>Book Club</b> 4pm</p> 	<p>2. <b>Bowling Leagues</b> 2pm</p>  <p><b>Cards</b> 7p</p> 	<p>3. <b>9am Donuts w/ KC MED</b></p>  <p>Adult Coloring 2pm</p>  <p><b>Cards</b> 7pm</p> 	<p>4. <b>Comm RSVP'd</b> 12p-3p</p>  <p><b>Game Night</b> 7pm</p> 
<p>5. <b>Sport's Club</b></p> 	<p>6. <b>Fitness Class</b> BR 11am</p>  <p><b>Holiday Card Making</b> 2pm Movie Monday 2p</p> 	<p>7. <b>Men's Coffee</b> 9a</p>  <p><b>Pool Leagues</b> 7p</p> 	<p>8. Lunch Bunch <b>Smokehouse BBQ</b> 11:15a RSVP</p>  <p><b>Holiday Shopping</b> 1-4p <b>Dominoes</b> 7p</p> 	<p>9. <b>Casserole POTLUCK</b> 12p <b>RSVP</b> <b>Bowling</b> 2pm</p>  <p><b>Cards</b> 7p</p> 	<p>10. <b>\$1 Donuts</b> 9a</p>  <p>Adult Coloring 2p</p>  <p><b>Dominoes</b> 7p</p> 	<p>11. <b>Veteran's Day</b> <b>Thank you to all who have Served &amp; Sacrificed!!</b></p> 
<p>12. <b>Sports Club</b></p> 	<p>13. <b>Breakfast Potluck</b> 9a <b>RSVP</b> <b>Fitness Class</b> 11am</p>  <p><b>Movie Monday</b> 2pm</p> 	<p>14. <b>Men's Group</b> 9a</p>  <p><b>Bible Study</b> 11a</p>  <p><b>Pool Leagues</b> 7p</p> 	<p>15. <b>Thanksgiving Day Luncheon</b> 12p <b>RSVP/Sides</b></p>  <p><b>Concert</b> 1:00p</p> 	<p>16. <b>Bowl Leagues</b> 2pm</p>  <p><b>Cards</b> 7pm</p> 	<p>17. <b>Donuts w/ Medicare</b> 9a</p>  <p>Adult Color 2p</p>  <p><b>Cards</b> 7p</p> 	<p>18. <b>Social Hour</b> 4p</p>  <p><b>Bingo</b> 7p</p> 
<p>19. <b>SPORT'S CLUB</b></p> 	<p>20. <b>Big Biscuit</b> 9a <b>RSVP</b> <b>BR Fitness</b> 11a</p>  <p><b>Movie Mon</b>—2p</p> 	<p>21. <b>Men's Coffee</b> 9am</p>  <p><b>Comm RSVP</b> 11-6p</p>  <p><b>Pool Leagues</b> 7pm</p> 	<p>22. Lunch Bunch <b>Casa Mexico</b> 11:15a RSVP</p>  <p><b>BINGO</b> 2p</p> 	<p>23. <b>Comm RSVP'd</b> 2-8p <b>HAPPY THANKSGIVING</b></p> 	<p>24. <b>BLACK FRIDAY</b> <b>Front Door &amp; Patio Decorating Contest</b> Begins</p> 	<p>25. <b>Community Room RSVP'd</b> 12p-6pm</p> 
<p>26. <b>SPORT'S CLUB</b></p> 	<p>27. <b>Fitness Class</b> 11a</p>  <p><b>Movie Monday</b> 2p</p>  <p><b>Dominoes</b> 7p</p> 	<p>28. <b>Men's Group</b> 9a</p>  <p><b>Bible Study</b> 11a</p>  <p><b>Dominoes</b> 7p</p> 	<p>29. <b>Birthday Party</b> 2pm <b>RSVP</b></p>  <p><b>BINGO</b> 3p</p> 	<p>30. <b>Bowling Leagues</b> 2p</p>  <p><b>Community Decorating Party</b> for all 6:30p <b>Holiday treat</b></p> 	<p>Any Calendar ideas please submit to Shawna prior to the end of each month.</p>	<p><b>Volunteers always welcome.</b> <b>I hope everyone has a wonderful Thanksgiving!</b></p>

**The Springs at Independence 55+**

19301 E. 50th Terrace  
Independence, Mo 64055

Phone /Emergency #  
816-886-2166  
Email: managerindependence@calamar.com

**Happy Thanksgiving & Veterans Day !**

