

## Hoping everyone has a great month!



### March Birthdays

This month our birthday party will be held on Wednesday 18 at 2:00.

Resident	Birthdate	Apt. #
Charlotte H.	3/3	205
Carmen S.	3/9	139
Nell H.	3/18	140



### Thank you

A big thank you to everyone who helped with the "I Can" canned food sculpture. All the food collected will be donated to Helping Hand of Warren County. Judging results will be given next month.



## New & Favorite Activities for the Month

- ◆ Hy-Vee Bingo
- ◆ Napkins for Nursing Homes
- ◆ Happy Hour
- ◆ Meet & Greet with new residents
- ◆ Resident Appreciation Day
- ◆ Matinees
- ◆ Movie Nights
- ◆ Potlucks



### St. Patrick's Day

We have "a whale of a time" planned for St. Patrick's Day this year. Make sure to wear your **green**, and keep your eyes open for "Larry the Leprechaun". If you happen to capture him, bring him down to Kim's office and receive your reward. That night we'll wrap up the day with the classic movie *The Quiet Man*.



### March Presenters

Heather from Westley Life will be in Friday, March 6 for Coffee, with a presentation following at 10:00.

Nikki with VOXXLIFE will be in Friday, March 13 at 10:00

\*VOXXLIFE offers a variety of sock, insoles, patches and braces that help with pain control, balance and a variety of health issues. Come and learn more about form of nonmedical treatments.

### March Fun Facts

- March is Women's History Month!
- Josephine Cochrane invented the dishwasher in 1886
- March is National Pothole Month
- Did you Know: Davy Crockett was an Irish American
- 3/1-3/7 National Procrastination Week



### Community Information

Community Manager:

Manager Email: [scenic-trailsmanager@calamar.com](mailto:scenic-trailsmanager@calamar.com)

Connect 55+ Coordinator:  
Kim Yeager

Maintenance Tech: Shawn Bright

Office: 515-442-9681

Office Hours: 8:00-4:30  
M-F

Weekends by appointment

After Hours & Emergency Service: 515-442-9681

Rent is due to the office on the 1st of every month. Rent checks can be made out to *RM10A Holding*. Please be sure to write your apartment # in the memo line of your check.



## Scenic Trails Active Living

# MARCH

2020

**"Come as strangers, live as friends"**















Please make sure all maintenance request are entered into the work order station. The work order station is located by the main office on the ground floor.

### How to use the work order station

- Push the request service button.
- Enter location this is your apartment number.
- Enter problem,
- Choose your permission choice for maintenance to enter or not enter
- Explain the maintenance issue and then submit your request

If you are still confused or have any questions, please do not hesitate to ask, and someone in the office would be glad to show you.

**Quote of the Month:** "This life is yours. Take the power to choose what you want to do and do it well. Take the power to love what you want in life and love it honestly. Take the power to walk in the forest and be a part of nature. Take the power to control your own life. No one else can do it for you. Take the power to make your life happy." -- Susan Polis Schutz

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 4 Bring a snack & Chat with Friends 6 Card Games	<b>2</b> 9 Coffee 9 Chat with Friends 10 Coloring 11 Puzzles 3 Book Club 6 Pinochle 6:30 Card & Board Games	<b>3 National I Want You to be Happy Day</b> 10 Bible Study: Game Room 10 Chair Exercise 1 Charades 2 Coloring 3 Remember When 6 Chaps Chat 6:30 Skip-Bo 	<b>4</b> 9 Coffee 10 Puzzles 10 Chat with Friends 1 Chair Yoga 2 Story Telling with Jean 3 Puzzles 4 Skip-Bo 6 Pitch 6 Movie Night	<b>5</b> 10 Chair Exercise 11 Learn the Electric Slide (Dance) 1 Residents Choice 2 Puzzles 3 Charades 4 Coloring 6 Card & Board Games 	<b>6</b> 9 Coffee & Donuts 9 Weekly Community Update 9:30 Wesley Life Presentation 11 Puzzles 1 Chat with Friends 1:30 Matinee 3 Coloring 4 Happy Hour (BYOB)	<b>7</b> 2 Card & Board Games 6 Card Games
<b>8 Daylight Saving Time Begins</b> 4 Bring a snack & Chat with Friends 6 Card Games 	<b>9 Full Moon/ National Napping Day Jewish Purim begins at sunset on March 9th</b> 9 Coffee 9 Chat with Friends 11 Remember When 1 Coloring 2 Pokeno 6 Pinochle 6:30 Card & Board Games	<b>10</b> 10 Bible Study: Game Room 10 Chair Exercise 1 UNO 2 Tissue Paper Flower Craft 2 Coloring 6 Chaps Chat 6:30 Billiards 	<b>11</b> 9 Chat with Friends 9 Coffee 10 Puzzles 11:30 Lunch Out: Funaro's Deli 1 Chair Yoga 2 Residents Appreciation Event 3 Charades 6 Pitch 6 Movie Night	<b>12</b> 10 Chair Exercise 10 Napkins for Nursing 11 Coloring 11 Chat 1 Dominos 1 Residents Choice 2 Bunco 3 Bingo 5 Billiards	<b>13 Friday the 13th</b> 9 Coffee & Donuts 9 Weekly Community Update 9:30 Financial 10 VOXXLIFE Presentation 10:30 Connect 55+ Activity Meeting 11 Puzzles 1PM Chat with Friends  1:30 Matinee 4PM Happy Hour (BYOB)	<b>14 Pi Day</b> 2 Card & Board Games 6 Card Games 
<b>15</b> 4 Bring a snack & Chat with Friends 6 Card Games	<b>16</b> 9 Coffee 9 Chat with Friends 11 Remember When 1 Coloring 2 Pokeno 6 Pinochle 6:30 Card & Board Games	<b>17 St. Patrick's Day! Wear your green</b> 10 Bible Study: Game Room 10 Chair Exercise 11:30 Soup & Salad Potluck 1 Chat with Friends 4 St. Patrick's Day Party 5 The Quiet Man 6 Chaps Chat 6:30 UNO 	<b>18</b> 10 Puzzles 10 Chat with Friends 11 Coloring 1 Chair Yoga 2 March Birthday Party 3 Hy-Vee Bingo 4 Chat with Friends 6 Pitch 6 Movie Night 	<b>19 Spring Begins!</b> 10 Chair Exercise 11 Chat with Friends 11 Coloring 1 Residents Choice 2 Charades 3 Puzzles 4 Walk with Friends 	<b>20</b> 9 Coffee & Donuts 9 Weekly Community Update 9:30 Financial 11 Puzzles 1 Coloring 1:30 Matinee 3 Chat with Friends 4 Happy Hour (BYOB)	<b>21</b> 2 Card & Board Games 6 Card Games
<b>22</b> 4 Bring a snack & Chat with Friends 6 Card Games	<b>23</b> 9 Coffee 9 Chat with Friends 11 Remember When 1 Coloring 2 Pokeno 6 Pinochle 6:30 Card & Board Games	<b>24</b> 10 Bible Study: Game Room 10 Chair Exercise 1 Charades 2 Skip-Bo 3 Chat with Friends 6 Chap's Chat 6:30 Billiards	<b>25</b> 10 Chat with Friends 10 Puzzles 11 Residents Choice 1 Chair Yoga 2 Meet & Greet with New Residents 3 Hand & Foot 6 Pitch 6 Movie Night	<b>26 Opening Day of Baseball</b> 10 Chair Exercise 10 Napkins for Nursing 11 Coloring 11 Chat with Friends 1 Charades 2 Puzzles 3 Walk with Friends 	<b>27</b> 9 Coffee & Donuts 9 Weekly Community Update 9:30 Financial 11:30 Lunch Out: La Casa Mexican Restaurant 1 Dominos 1:30 Matinee  2 Chat with Friends 3 Coloring 4 Happy Hour (BYOB)	<b>28</b> 2 Card & Board Games 6 Card Games
<b>29 National Vietnam War Veterans Day</b> 4 Bring a snack & Chat with Friends 6 Card Games 	<b>30</b> 9 Coffee 9 Chat with Friends 11 Remember When 1 Coloring 2 Pokeno 6 Pinochle 6:30 Card & Board Games	<b>31</b> 10 Bible Study: Game Room 10 Chair Exercise 11 Puzzles 11 Chat with Friends 1 UNO 6 Chaps Chat 6:30 Skip-Bo				 <b>2020</b>