

Ken Newell Apt: 335 7/6
Gary Hardin Apt: 205 7/17
Russ Dorsey Apt; 332 7/24
Les Mowrer Apt: 123 7/24

July Trivia:

1957 American Bandstand debuted

Famous Seniors:

When this 78 year old's fingers became too stiff to hold a needle to embroider on canvas, she began to paint in oils.

These brightly-colored paintings of rural America became popular.

-Anne Mary Moses or Grandma Moses

Dog Days of Summer: July 3 – August

11

Puzzle of the Month: What goes up the hill, down the hill, and yet stands still?
-A road!



Presentation

Sisters Homestyle Meals 7/7 at 130pm

Secure Act With Jay 7/10 at 430pm



July Highlights:

Community Socials Thursday's 4pm
Patio Party's Wednesday's 4pm
Picnic In The Park
Meet & Greet 7/31 1pm
Nature Walks Wednesday's 9am
Crafts With Jeanie 7/30 3pm
Grab Bag Bingo Thursdays 2pm
HyVee Bingo 7/22 3:30pm
Tai Chi Monday's 11am
Scholar Hour Monday's 2pm
Connect Quest Wednesday's 2pm
Building Walks Tuesday's 2pm
Dance Exercise Wednesday's 11am





Community Information

Manager's Email: scenictrailsmanager@calamar.com

Connect 55+ Coordinator: Kim Yeager

Maintenance Tech: Shawn Bright

Office Phone & After Hours Emergency Service #: 515-442-9681

Rent is due to the office on the 1st of ever month. Rent checks can be made out to RM 30 Holdings LLC.

Please be sure to write your apartment # in the memo line of your check.





"Come as strangers, live as friends"

How to use the Work Order System

Please make sure all maintenance request are entered in the work order station. The work order station is located by the main office on the ground floor.

How to Use the work order station:

- Push the request service button.
- Enter location this is your apartment number.
- Enter Problem
- Choose your permission choice for maintenance to enter or not enter
- Explain the maintenance issue
- Submit request

If you are still confused or have any questions, please do not hesitate to ask, and someone in the office would be glad to help you.



Quote of the Month: "A swarm of bees in May is worth a load of hay, a swarm of bees in June is worth a silver spoon, but a swarm of bees in July is not worth a fly."
-Proverb

Sun	Mon	Tue	Wed	Thu	Fri	Sat
July 2020	CALAMAR FOUNDATION		1 Canada Day — "O" Canada! 9 Nature Walking Club 10 Garden Club 11 Dance Exercise 1 Book Club Discussion 1 Puzzle 2 Connect Quest 2 Story telling w/ Jean 4 Bring Your Snack & Chat 4 What's In The Bag 6 Hand & Foot Card game	2 10 Skip-Bo 11 Seated Stretch 1 Cornhole Game 2 BINGO Grab Bag Bingo 3 Open Gym 4 Community Social 4th Of July Celebration 6 Board Games CALAMAR FOUNDATION	3 Office Closed 10 Coffee & Conversation 11 Exerpath 1 Coloring 1 Billiards 2 Mindful Moments 3 Ping Pong 4 BYOB Happy Hour 6 Games Office Closed	4 Happy 4th of July Local Fireworks Display Altoona: 9:45 at Adventureland Carlisle: 10 in North Park Newton: Dusk at Agnes Patter- son Park Norwalk: Dusk at Norwalk McAninch Sports Complex Osceola: 10 Lakeside Casino
5 Full Moon 4 Bring a Snack & Chat	6 10 Coffee, Cookie, & Conversation 11 Tai Chi 1 Coloring 1Tattoo Parlor 2 Scholar Hour 3 Matinee (Sully) 3 Puzzle Games 615 Pinochle 630 UNO	7 National Strawberry Sundae Day 10 Dominos 11 Balance Training 130 Sister's Homestyle Meals Presentation 2 Building Walk /Summer Hat 3 Cornhole Game 4 Strawberry Cheesecake Ice Cream Bars 630 Board Games	9 Nature Walking Club 10 Garden Club 11 Dance Exercise 1 Puzzles 2 Connect Quest 3 July B-day Celebrations 4 Bring Your Snack & Chat 6 Hand & Foot Card Game CALAMAR FOUNDATION	9 10 Connect 55 Meeting Activity Planning Meeting 11 Seated Stretch 1 Pitch 2 BINGO Grab Bag 3 Open Gym 4 Community Social 6 Board & Card Games	10 10 Coffee & Conversation 11Exerpath 1 Coloring 1 Billiards 2 Mindful Moments 3 Ping Pong 430 Secure Act Presentation With Jay 6 Games 6 Movie Night	11 6 BYOB Happy Hour
12 4 Bring a Snack & Chat 6 Bible Study Room 337	13 International Puzzle Day/Barbershop Music Appreciation Day 10 Coffee, Cookies, & Conversation 11Tai Chi 1 Coloring 2 Scholar Hour 3 Matinee 3Puzzle Games 615Pinochle 630 UNO	14 Cow Appreciation Day 10 Dominos 11 Balance Training 1 Pitch 1pm Cow Trivia Day 2 Building Walk /Wear Red, White, & Blue 3 Cornhole Game 630 Board Games 630 Billiards	9 Nature Walking Club 10 Garden Club 11 Dance Exercise 1 Puzzles 2 Storytelling w/ Jean 2 Connect Quest 4 Bring Your Snack & Chat 6 Hand & Foot Card Game	16 10 Skip-Bo 11 Seated Stretch 1130 Brick House for lunch 1 Pitch 2 BINGO Grab Bag 3 Open Gym 4 Community Social 6 Board & Card Games CALAMAR FOUNDATION	17 65th Anniversary of Opening Disneyland 10 Coffee & Conversation/ Wesley Life Presentation 11 Exerpath 1130 Bring a sack lunch, & Picnic 1 Coloring 1Billiards 2 Mindful Moments 3 Ping Pong 4 BYOB Happy Hour 6 Games	18 6 BYOB Happy Hour Nature Walking Club See How Many Local Parks You can Visit.
19 National Ice Cream Day 4 Bring Your Ice Cream & Chat Celebrate national Ice Cream Day.	20 10 Coffee, Cookies, & Conversation 11 Tai Chi 1 Coloring 2 Scholar Hour 3 Ice Cream Social 3 Puzzles Game 3 Matinee 615 Pinochle 630 UNO	21 10 Dominos 11 Balance Training 1 Pitch 1 What's In the Bag 2 Building Walk / Wear Funny Glasses 3 Cornhole Game 4 Community Social 6:30 Board Games 630 Billiards	9 National Hot Dog Day 9 Nature Walking Club 10 Garden Club 11 Dance Exercise 1130 Hot Dog Lunch 1 Puzzles 2 Connect Quest 330 Hy-Vee Bingo 5 Bring Your Snack & Chat 6 Hand & Foot Card Game	23 Gorgeous Grandma Day/ Hula Hoop Day 10 Skip-Bo 11 Seated Stretch 1 Pitch 2 BINGO Grab Bag 3 Open Gym 3 Hula Hoops Games 4 Community Social 6 Board & Card Games	24 10 Coffee & Conversation 11 Exerpath 1 Hot Fudge Sundaes 1 Billiards 2 Mindful Moments 3 Ping Pong 4 BYOB Happy Hour 5 Dinner Out Pizza Ranch 6 Games 6 Movie Night	25 National Wine & Cheese Day/ National Hot Fudge Sundae Day 6 Wine & Cheese Party
26 4 Bring a Snack & Chat 6 Bible Study Room 337	27 10 Coffee, Cookies,& Conversation 11 Tai Chi 1 Coloring 1 Garden Club 2 Scholar Hour 3 Puzzle Games 3 Matinee 615 Pinochle 630 UNO	28 10 Dominos 11 Balance Training 1 Pitch 2 Building Walk /Hawaiian Shirt 3 Cornhole Tournament 4 Community Social 630 Board Games 630 Billiards CALAMAR FOUNDATION	9 Nature Walking Club 10 Garden Club 11 Dance Exercise 1 Puzzles 2 Connect Quest 3 What's In The Bag Game 4 Bring Your Snack & Chat 6 Hand & Foot Card game	30 10 Skip-Bo 11 Seated Stretch 1 Pitch 2 BINGO Grab Bag 3 Open Gym 3 Crafts With Jeanie Hopcus 4 Community Social 6 Board & Card Games	31 9 Walking Club 10 Coffee & Conversation 11 Exerpath 1 Meet & Greet New Residents, Welcome Wagon 1 Billiards 2 Mindful Moments 3 Ping Pong Tournament 4 BYOB Happy Hour 6 Games 6 Movie Night	Connect55+ ACTIVE LIFESTYLE COMMUNITY