

Thank you to everyone that joined us for the 4th of July parade in Carlisle! We had a great time handing out keychains and candy & showing off Sassy! We even had our picture taken with Captain America! We're looking forward to more fun next year! The residents had a brunch afterwards and really enjoyed themselves for that too! Good times with great people! *Come as strangers, live as friends*

Thank you



PLEASE SEE THE NEW BOARD BY THE MAILBOXES. DAILY ACTIVITIES WILL BE POSTED THERE & ANY CHANGES TO THEM ALSO. PLEASE GIVE US YOUR IDEAS ON ANY NEW ACTIVITIES YOU WOULD LIKE FOR US TO ADD TO THE CALENDAR OR ANYTHING THAT YOU WOULD LIKE FOR US TO REMOVE. JOIN OUR 55+ CONNECT ACTIVITY PLANNING MEETINGS ONCE A MONTH TO DISCUSS. WE WOULD LOVE TO HEAR YOUR IDEAS!

COMING SOON: OUR MONTHLY ACTIVITY CALENDARS WILL BE POSTED IN THE ELEVATORS FOR YOUR CONVENIENCE.

August Lore! If the first week in August is unusually warm the coming winter will be snowy and long!

August Humor: When the temp reached 102. My wife's yearning for snow cones grew. "Why'd you buy only one?" My wife asked. I said, "hon, Cause I only ice for you."



Scenic Trails Active Living

Scenic Trails

August

"Come as strangers, live as friends"

The World Senior Citizens Day is celebrated on the 21st of August every year. It was first proclaimed on the 14th of December in the year 1990, by the United Nations General Assembly. This day is celebrated to create an awareness of the factors and issues affecting older people and also to avoid the abuse of elderly people.

COMMUNITY INFORMATION

COMMUNITY MANAGER:
ARWEN CHAPLIN

MAINTENANCE TECH:
JASON KING

OFFICE PHONE # 515-442-9681
& AFTER HOURS EMERGENCY SERVICE #: 515-214-0765









MANAGER
EMAIL: SCENICTRAILSMANAGER@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO: RM30 HOLDINGS LLC

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



Quote of the Month: "Vegetables are a must on a diet. I suggest carrot cake, zucchini bread, and pumpkin pie." Jim Davis

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			 2019	1 National Mahjong Day 9:00AM-WALK W/ FRIENDS 10:00AM-OPEN CHAT 3:00PM-STRETCHES 6:00PM-HAND & FOOT	2 National Coloring Book Day 9:00AM-COFFEE & DONUTS (WESLEY LIFE) YOGURT & FRUIT 10:00AM-FINANCIAL TALK 3:00PM-STRETCHES 6:15PM-PINOCHLE 	3
4 National Friendship Day	5 10:00AM-CHAT W/ FRIENDS 1:00PM-STRETCHES 6:15-PINOCHLE 6:30PM-GAMES	6 National Root Beer Float Day 10:00AM-BIBLE STUDY #241 1:00PM-ROOT BEER FLOATS (CALAMAR EVENT) 4:00PM-HAPPY HOUR 6:30PM-BILLIARDS	7 10:00AM-STRETCHES 1:00PM-OPEN CHAT 3:00PM-TOE TOUCHES 5:00PM-PIZZA RANCH 	8 10:00AM-COLORING BOOK 1:00PM-OPEN CHAT 3:00PM-STRETCHES 6:00PM-HAND & FOOT	9 Smokey Bear's 75th Birthday (1944) 9:00AM-COFFEE & DONUTS 9:30AM-FINANCIAL TALK 10:00AM-CONNECT 55+ ACTIVITY PLANNING 6:15PM-PINOCHLE 	10
11	12 10:00AM-CARDS W/ KIM 1:00PM-COLORING BOOK 6:15PM-PINOCHLE 6:3PM-GAMES	13 9:00AM-STRETCHES 10:00AM-BIBLE STUDY #241 2:00PM-ICE CREAM 4:00PM-TOE TOUCHES 	14 9:00AM-GAMES 10:30AM-BRUNCH 1:00PM-OPEN CHAT 2:00PM-4:30PM-OPEN HOUSE EVENT	15 National Relaxation Day 10:00AM-OPEN CHAT-RELAX 1:00PM-BEAN BAG TOSS 3:00PM-COLORING BOOK 6:00PM-HAND & FOOT	16 National Tell a Joke Day 9:00AM-COFFEE & DONUTS 9:30AM-FINANCIAL TALK 1:00PM-CHAT W/ FRIENDS 6:15PM-PINOCHLE	17 50th Anniversary of Woodstock (Aug 15th-18th)
18 National Senior Citizens Week	19 10:00AM-CHAT W/ FRIENDS 1:00PM-WATERMELON ON THE PATIO 6:15PM-PINOCHLE 6:30-GAMES	20 10:00AM-BIBLE STUDY #241 11:00AM-COOKIE & COFFEE HOUR 4:00PM-HAPPY HR 6:30PM-BILLIARDS	21 National Senior Citizens Day 9:00AM-STRETCHES 10:00AM-FRUIT & YOGURT BAR 1:00PM-CHAT W/ FRIENDS 2:00PM-AUGUST BIRTHDAY CELEBRATION 	22 9:00AM-TOE TOUCHES 10:00AM- BREAKFAST PIZZA PARTY 1:00PM-COLORING BOOK 6:00PM-HAND & FOOT	23 9AM-COFFEE & DONUTS 9:30AM-FINANCIAL TALK 6:15PM-PINOCHLE 6:30PM-POPCORN	24
25	26 National Dog Day 10:00AM-MEET & GREET NEW RESIDENTS MEET CURRENT 1:00PM-PICTURES W/ YOUR DOGS 6:15PM-PINOCHLE 6:30-GAMES	27 9:00AM-TOE TOUCHES 10:00AM-BIBLE STUDY #241 1:00PM-CHAT W/ FRIENDS 3:00PM-COLORING BOOK	28 9:30AM-CHAT W/ FRIENDS 11:30AM-WINN'S RESTAURANT 1:30PM-STRETCHES 3:30PM-HYVEE BINGO	29 10:00AM-WALK W/ FRIENDS 1:00PM-LEMONADE 3PM-HAPPY HR 6:00PM-HAND & FOOT 	30 9:00AM-COFFEE & DONUTS 9:30-FINANCIAL TALK 1:00PM-CHAT W/ FRIENDS 6:15PM-PINOCHLE	31