

Trivia for the Month! Stephen Foster's song, Oh Suzannah, was sung for the first time in public at a saloon in Pittsburg, PA. Foster sold the rights to the bartender for a bottle of whiskey.

Reminders

All pet waste MUST be picked up immediately and disposed of properly. Failure to do so may result in termination of pets/animals on the property and or lease.

Referrals are worth \$400 for everyone you refer!

All Veterans, if you would like to be featured on our Veteran 's Wall of Honor, please see me for details.

If you are looking for games to play with each other, family or with friends, they are located in the library on the left shelf.

IMPORTANT NOTICE REGARDING FURNANCES

Our furnace kits are scheduled for installation beginning in September-October. I am aware of some of you that are interested or are in need of one attached to your furnace. **If you have not expressed interest, do not know what this is or if necessary for you, you will need to please come speak with me as soon as possible to determine if this is needed.** We are starting with the apartments that have the most immediate need based on the prior year furnace function and will add as necessary. I have a list started and we will continue to add to it. Thank you to all for your patience with me getting this completed.

9/2-42nd Annual Great Bathtub Race, Nome AK

In 1978, then-Mayor Leo Rasmussen was looking for a way to attract visitors to Nome. His brainchild, the wacky (and exceedingly clean) Great Bathtub Race, has no equal anywhere in the world. In this fun Labor Day event, teams line up at High Noon and prepare to race about 100 yards down Front Street.

Each team must have five members – one to “bathe” in the tub full of water and copious bubbles, while four others propel it in a mad dash down Nome’s most famous street. Racers wear the official Bathtub Race costume, consisting of a large brimmed hat and suspenders (frequently fashioned from duct tape).

Spectators are known to start the fun early by tossing water balloons at the athletes as they warm up. The tubs are mounted on wheels, and must be at least 4 feet long. Beyond that, there is no consistency, with teams doing their best to engineer an aerodynamic vehicle that will fly down the street – even when full of water and a bather.

At the finish line, the tub must still have 10 gallons of water in it, and racers must have their requisite items – bar of soap, towel, washcloth, and bathmat.

The winning prize? Bragging rights, and possession of a most unusual trophy: a figurine of Kermit and Miss Piggy taking a bath. (It’s passed on each year to the next winner).

Extra Information

We will start showing a double feature of Tuesday’s movie for those that can’t make it in the morning.

Activities are color coded to match with the room name and room number located at the bottom of your calendar.

The Des Moines Register is scheduled for daily delivery for the community. This is for all to enjoy in the lounge/library area and MUST remain there. **This is a community paper only and is not to be taken or taken back to your apartment.**

Happy football season! Please feel free to use any of the community televisions available to watch your team play.

New games have been added this month and I greatly appreciate the feedback at our activities meetings or if you just simply fill out the feedback form. We will keep adding as our community and interests grow.



Prairie View Senior Village

COMMUNITY INFORMATION

COMMUNITY
MANAGER: KARRIE
PRATT

MAINTENANCE
TECH: JASON
COOPER

OFFICE PHONE #
& AFTER HOURS
EMERGENCY SERVICE
#: 515-348-1914

MANAGER EMAIL:
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RENT IS DUE TO THE
OFFICE ON THE 1ST OF
EVERY MONTH. RENT
CHECKS CAN BE MADE
OUT TO: RM22 HOLD-
INGS

PLEASE BE SURE TO
WRITE YOUR APART-
MENT # IN THE MEMO
LINE OF YOUR CHECK.



The View

SEPTEMBER

“Come as strangers, live as friends”

We have some exciting things happening in our community! Our Connect55+ rooms are being completed! For those that are not familiar, the Connect 55+ rooms assist to identify with our Wellness Program and the Five keystones; Physical, Financial, Spiritual, Social and Intellectual.

Our Billiards room is complete with shorter pool cues, our movie room has been up and running complete with a movie style popcorn maker, new to our game room is a gaming system for all of our kids at heart (or the grandkids) and new to our community is The 307 Lounge located on our third floor at the North end (room 307). Our hope and goal with all rooms is to enhance all five of these keystones and for your enjoyment.








We will also be welcoming our new Connect55+ Coordinator. I am looking forward to introducing you and excited for the great changes coming to our growing community!

Karrie

Quotes of the Month: “Gratitude takes three forms: a feeling in the heart, an expression in words, and a giving in return.” - Anonymous

“The most rewarding things you do in life are often the ones that look like they cannot be done.” - Arnold Palmer

“All labor that uplifts humanity has dignity.” - Martin Luther King, Jr.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9am Sunday Morning Coffee 7pm Tripoley or Poker	2 Labor Day 9am Coffee & News 10am Chair Yoga Level 1 12pm Women's Lunch Club 12pm Men's Lunch Club 1pm Mindful Coloring/ Round Table Talk 2pm Qigong with Nancy 7pm Trivia Game Night Office Closed	3 10am Morning Stretches 11am Movie Matinee 2pm Lounge & Chat 4pm Monopoly Money Bin-go 7pm Billiards Night 7:30pm Movie Replay 	4 10am Balance & Strength Tai Chi 2pm Lounge & Chat 2pm Qigong with Nancy 4pm Pitch 7pm Mexican Train Dominoes	5 NFL Season starts 10am Chair Yoga Level 2 2pm Lounge & Chat 3pm Mocktail Happy Hour 7pm Popcorn & Movie Night 7pm Hearts	6 8am Coffee & News 9am Coffee/Donuts 2pm Lounge & Chat 3pm Afternoon Billiards 7pm Wii Bowling League	7 11am Rutgers Scarlet Knights at Iowa Hawkeyes Happy Birthday Wayne!
8 National Grandparent's Day 7pm Tripoley or Poker Happy Birthday Richard!	9 9am Coffee & News 10am Chair Yoga Level 1 1pm Mindful Coloring/ Round Table Talk 2pm Qigong with Nancy 7pm Card Game Night	10 10am Morning Stretches 11am Movie Matinee 2pm Lounge & Chat 4pm Monopoly Money Bin-go 7pm Billiards Night 7:30pm Movie Replay	11 Patriot Day and National Day of Service & Remembrance 10am Balance & Strength Tai Chi 2pm Lounge & Chat 2pm Qigong with Nancy 4pm Hi-Lo 7pm Craft Room Creations 	12 10am Chair Yoga Level 2 2pm Lounge & Chat 3pm Mocktail Happy Hour 7pm Popcorn & Movie Night 7pm 500	13 International Chocolate Day by Milton Hershey 8am Coffee & News 9am Coffee/Donuts with Connect 55+ Activities Meeting 2pm Lounge & Chat 3pm Chocolate Treats (let's share our favorites) 7pm Wii Bowling League	14 Harvest Moon 3pm Iowa Hawkeyes at Iowa State Cyclones 7pm Karaoke
15 9am Sunday Morning Coffee 7pm Tripoley or Poker	16 9am Coffee & News 10am Chair Yoga Level 1 1pm Mindful Coloring/ Round Table Talk 2pm Qigong with Nancy 7pm Board Game Night Happy Birthday Denice!	17 9am Veteran's Breakfast (provided) 10am Morning Stretches 11am Movie Matinee 2pm Lounge & Chat 4pm Monopoly Money Bin-go 7pm Billiards Night 7:30pm Movie Replay	18 National Cheeseburger Day 10am Balance & Strength Tai Chi 11:30am Potluck 2pm Lounge & Chat 2pm Qigong with Nancy 4pm Pinochle 7pm Mexican Train Dominoes	19 10am Chair Yoga Level 2 2pm Lounge & Chat 3pm Mocktail Happy Hour 7pm Popcorn & Movie Night 7pm Cribbage 	20 POW/MIA Recognition Day 8am Coffee & News 9am Coffee/Donuts 2pm Lounge & Chat 3pm Afternoon Billiards 7pm Wii Bowling League	21 World Alzheimer day TBD Louisiana Monroe Warhawks at Iowa State Cyclones Happy Birthday Kim!
22 Autumn Begins 7pm Tripoley or Poker	23 9am Coffee & News 10am Chair Yoga Level 1 1pm Mindful Coloring/ Round Table Talk 2pm Qigong with Nancy 7pm Card Game Night Happy Birthday Judy M!	24 10am Morning Stretches 11am Movie Matinee 2pm Lounge & Chat 4pm Monopoly Money Bin-go 7pm Billiards Night 7:30pm Movie Replay	25 National Women's Health & Fitness Day 10am Balance & Strength Tai Chi 2pm Lounge & Chat 2pm Qigong with Nancy 4pm Hand & Foot 7pm Craft Room Creations	26 10am Chair Yoga Level 2 2pm Lounge & Chat 3pm Mocktail Happy Hour with cake & ice cream for September Birthday's 7pm Popcorn & Movie Night 7pm Bridge	27 8am Coffee & News 9am Coffee/Donuts 2pm Lounge & Chat 3pm Two Minute Mysteries 7pm Wii Bowling League 	28 National Good Neighbor Day TBD Middle Tennessee Blue Raiders at Iowa Hawkeyes TBD Iowa State Cyclones at Baylor Bears 7pm Karaoke
29 National Coffee Day 9am Sunday Morning Coffee 7pm Tripoley or Poker 9/29- 10/1 Rosh Hashanah begins at sundown on 9/29	30 9am Coffee & News 10am Chair Yoga Level 1 1pm Mindful Coloring/ Round Table Talk 2pm Qigong with Nancy 7pm Dice Game Night 				Community Room 158 Movie Room 209 Craft Room 243 Billiards Room 309 Lounge 150 Stretching Room 207 Activity Out September is National Senior Center Month	 INTELLECTUAL SPIRITUAL PHYSICAL SOCIAL FINANCIAL