

October Trivia Fun Facts:

October's flower is the calendula.
October is the tenth month in the Gregorian calendar, received its name from the Latin numeral octo meaning "eight", because in the original Roman calendar it was the eighth month.


Reminders:

Please remember to clean up the community and activity rooms after you are done using them. If you take anything out of another room to use, please return the items when you are done.

10/31 Knock Knock Joke Day

*Knock*Knock*
—"Who's there?"
—"Boo hoo"
—"Boo hoo Who?"
—"Aww, don't cry—it's just a joke"

Knock, knock. Who's there? Holmes. Holmes who? Holmes is where the heart is.



Quotes of the Month: "Dogs come when they're called: cats take a message and get back to you later." Mary Bly

Fire Alarm Helpful Hint:

If you accidentally cause too much smoke cooking in your apartment open your patio door and run a fan towards that door. Opening your front door will cause the smoke to enter the hallway and set off the whole building from the common area smoke detector.

Activity Coordinator Update

The activity rooms are there for you to use anytime and the calendar is just a list of events for using them in a more social setting as your personal schedules and interests allow. You are free to use the rooms at times there are not events scheduled as well. If you need help using anything in the activity rooms please let Josh know.

You are invited to join us in wearing PINK for Breast Cancer Awareness every Friday in October.



Prairie View Senior Village

COMMUNITY INFORMATION

COMMUNITY MANAGER: **KARRIE PRATT**

CONNECT 55+ COORDINATOR: **JOSH CROOKSHANK**

EMAIL: JCROOKSHANK@CALAMAR.COM

MAINTENANCE TECH: **JASON COOPER**

OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #: 515-348-1914

MANAGER EMAIL: PRAIRIEVIEWMANAGER@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO: RM22 HOLDINGS

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



The View

OCTOBER

"Come as strangers, live as friends"






"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." - Maya Angelou

We are all unique and have our own stories, some we tell, some we don't. Some we relate to and some we won't. Our community gives us the opportunity to see our differences, respect those differences and come together with commonalities; involve each other, learn from each other, and grow with one another sharing what makes us unique, with our own life stories and our differences we appreciate.

I encourage patience with how we make people feel as we don't know their stories, backgrounds, hardships or joys in life. I am especially grateful for the wonderful community we have and all of you that are a part of it. Thank you for all that you do!

-Karrie



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1>OCTOBER</h1> <h2>2019</h2>		1 National Homemade Cookie Day Cancer Walk Day 10am Morning stretch 11am Movie Matinee 2pm Lounge and chat 3pm Tech 101 4pm Monopoly Money BINGO 7pm Billiards 7:30 Movie Replay 	2 10am Balance strength and Yoga 1pm Chair exercise 2pm Qigong (Nancy) 2pm Lounge and chat 3pm Open Gym 4pm Pitch 7pm Mexican Train Dominos	3 National Poetry Day 10am Chair yoga lvl 2 11am Tech 101 2pm Lounge and chat 3pm Mocktails 4pm Trivia Movie Room 7pm 500 7pm Popcorn and movie night Happy Birthday Janice S.!	4 National Diversity Day 8am Coffee/newspaper 9am Donuts and coffee 1pm Chair Exercise 2pm Lounge and chat 3pm Afternoon Billiards 3pm Open Gym 7pm Wii Bowling	5 Natl Be Nice Day
		6 7pm Tripoley or Poker	7 9am Coffee/newspaper 10am Chair yoga lvl 1 12pm Mens and Womens Lunch Club 1pm Mindful coloring/Round Table Talk 2pm Qigong (Nancy) 3pm Open Gym 4pm Chair Exercise 7pm Board Game Night	8 10am Morning stretch 11am Movie Matinee 2pm Lounge and chat 3pm Tech 101 4pm Monopoly Money BINGO 7pm Billiards 7:30 Movie Replay Happy Birthday Barbara S.!	9 Yom Kippur 10am Balance strength and Yoga 1pm Chair Exercise 2pm Qigong (Nancy) 2pm Lounge and chat 3pm Open Gym 4pm Pitch 7pm Craft Room Creations	10 World Mental Health Day 10am Chair yoga lvl 2 11am Tech 101 2pm Lounge and chat 3pm Mocktails (Birthdays; Pink) 4pm Trivia Movie Room 7pm 500 7pm Popcorn and movie night 
13 Train Your Brain Day 9am Sunday Morning Coffee 7pm Tripoley or Poker	14 Columbus Day/ Canada Thanksgiving 9am Coffee/newspaper 10am Chair yoga lvl 1 1pm Mindful Coloring/ Round Table Talk 2pm Qigong (Nancy) 3pm Open Gym 4pm Chair Exercise 7pm Board Game Night	15 9am Veterans Breakfast 10am Morning stretch 11am Movie Matinee 2pm Lounge and chat 3pm Tech 101 4pm Monopoly Money BINGO 7pm Billiards 7:30 Movie Replay	16 10am Balance strength and Yoga 1pm Chair Exercise 2pm Qigong (Nancy) 2pm Lounge and chat 3pm Open Gym 4pm Pitch 7pm Mexican Train Dominos	17 10am Chair yoga lvl 2 11am Tech 101 2pm Lounge and chat 3pm Mocktails 4pm Trivia Movie Room 7pm 500 7pm Popcorn and movie night	18 8am Coffee/newspaper 9am Donuts and coffee 1pm Chair Exercise 2pm Lounge and chat 3pm Afternoon Billiards 7pm Wii Bowling Freedom Home Health Care 	19 Sweetest Day
20 7pm Tripoley or Poker	21 9am Coffee/newspaper 10am Chair yoga lvl 1 1pm Mindful Coloring / Round Table Talk 2pm Qigong (Nancy) 3pm Open Gym 4pm Chair Exercise 7pm Board Game Night	22 10am Morning stretch 11am Movie Matinee 2pm Lounge and chat 3pm Tech 101 4pm Monopoly Money BINGO 7pm Billiards 7:30 Movie Replay	23 Cancer Walk Day 10am Balance strength and Yoga 1pm Chair Exercise 2pm Qigong (Nancy) 2pm Lounge and chat 3pm Open Gym 4pm Pitch 7pm Craft Room Creations 	24 10am Chair yoga lvl 2 11am Tech 101 2pm Lounge and chat 3pm Mocktails 4pm Trivia Movie Room 7pm 500 7pm Popcorn and movie night	25 8am Coffee/newspaper 9am Donuts and coffee 10am Chair Exercise 1pm Monopoly Money Bingo Auction 2pm Lounge and chat 3pm Afternoon Billiards 7pm Wii Bowling	26 Make a Difference Day/ Community Service Day 7pm Karaoke
27 9am Sunday Morning Coffee 7pm Tripoley or Poker	28 Cancer Walk 9am Coffee/newspaper 10am Chair yoga lvl 1 1pm Mindful Coloring / Round Table Talk 2pm Qigong (Nancy) 3pm Open Gym 4pm Chair Exercise 7pm Board Game Night 	29 10am Morning stretch 11am Movie Matinee 2pm Lounge and chat 3pm Tech 101 4pm Monopoly Money BINGO 7pm Billiards 7:30 Movie Replay	30 10am Balance strength and Yoga 11:30 Halloween Potluck / Party 1pm Chair Exercise 2pm Qigong (Nancy) 2pm Lounge and chat 3pm Open Gym 4pm Pitch 7pm Mexican Train Dominos Happy Birthday Karen G.!	31 Halloween 10am Chair yoga lvl 2 11am Tech 101 2pm Lounge and chat 3pm Mocktails 4pm Movie Room Trivia 7pm 500 7pm Popcorn and movie night	