May Dates:

May 5: Cinco de Mayo

May 5: Full Moon/Mother's Moon

May 8: V-E Day 75th Anniversary

May 10: Mother's Day

May 16: Armed Forces Day

May 16: Mimosa Day

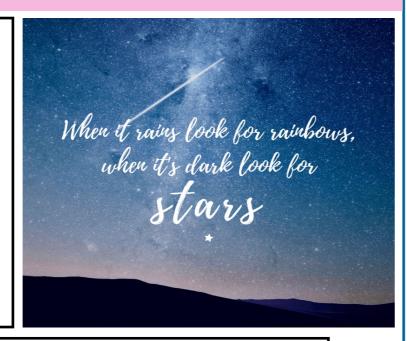
May 18: Canada- Victoria Day

May 25: Memorial Day

May 25: National Wine Day

May 27: National Senior

Health & Fitness Day



May Birthday's

May 4th Al

May 8th Lyle

May 20th Mike

May 22nd Ethel



Did You Know?

Interesting facts about the month of May...

- The month of May was named for Maia, the Greek goddess of fertility.
- In any given year, no month ever begins or ends on the same day of the week as May does.
- May however, starts and ends on the same day of the week as January of the following year. Also, in common years, May begins on the same day of the week as August of the previous year, and, in leap years, it begins on the same day as February, March, and November of the previous year.
- May's birthstone is the emerald which is emblematic of love and success.
- May was once considered a bad luck month to get married. There is a poem that says "Marry in May and you'll rue the day".
- The United Kingdom celebrates May as the National Smile Month.
- On May 1, 1931, the Empire State Building was officially opened.
- No United States president has ever died in May. It is the only month with that distinction.
- In Old English, May was known as the Month Of Three Milkings this was because cows could be milked three times a day.



Prairie View Senior Village

"Come as strangers, live as friends"

COMMUNITY INFORMATION

COMMUNITY MANAGER: KARRIE PRATT

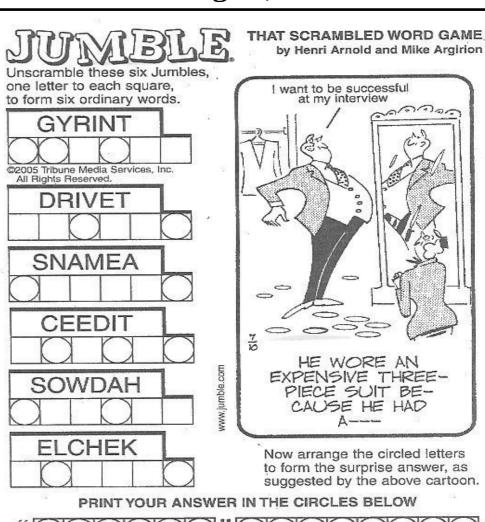
MAINTENANCE TECH: JASON COOPER

OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #: 515-348-1914

MANAGER EMAIL: PRAIRIEVIEWMANAG-ER@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO . RM22 HOLD-INGS

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.

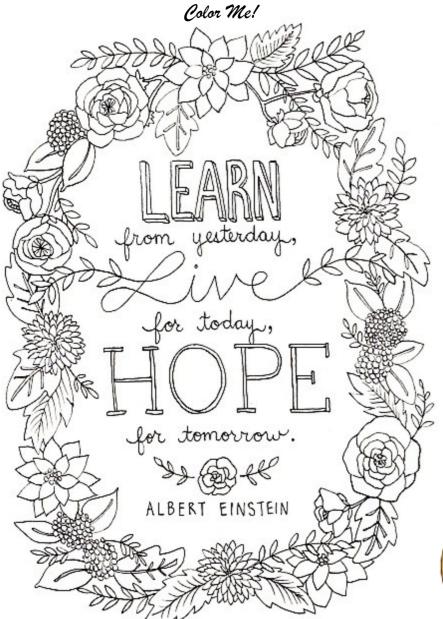






May Humor: The only thing that's free of charge is a dead battery.









Oprah Winfrey and Deepak Chopra announced the launch of their eighth new "Oprah & Deepak 21-Day Meditation Experience" titled "Manifesting Grace through Gratitude," open for registration at Oprah.com/meditation. This all-new, **free** 21-day meditation experience beginning on Monday, July 13, will help participants stop chasing the things they think they need to be happy and start finding true joy in each present moment. Simultaneously, it aims to help alleviate stress & revitalize mind, body and spirit.

Cinco de Mayo DIRECTIONS: Unscramble the letters to form terms associated with Cinco de Mayo. ACTCSU _____ 2. OCTA 4. ASSAL _____ 5. RAADEP _____ 6. ATELBT _____ 7. FATISE _____ 8. TOLITARL _____ 9. CMEAUGLAO _____ 10. CTAAESNST _____ 11. OICEMX ____ 12. ABECEILNORT _____ 13. OACIMD _____ 14. MOOESRRB _____ 15. ATIPAÑ _____ 16. SREWLFO 17. AMACIIRH _____ 18. COUSEQNT _____ 19. POLUEB _____ 20, CAMRAA

Riddle Time! Try to guess each one!

- 1. Soft & plump, I'll be right here. Through your dreams, you'll me near. I'll keep you comfy all through the night & you'll leave me here in the morning light.
- 2. Flat, black, and seemingly boring, I sit in the living room all day. Not until you turn me on do colors flash on my display.
- 3. Standing quietly against a wall, you rarely notice me though I'm tall. Inside, I keep a lot of treats. Open my door and then you'll see!
- 4. A full one puts a smile on your face. You keep on going like it's a race. But as my contents start to diminish, you'll start to think if you're ready to finish. What am I?
- 5. Take a gulp to cool yourself down. When it comes to beverages, I wear the crown. Not quite as sweet as soda or juice, but no other drinks could exist without my use.
- 6. Strong and steady, count on me! Just keep me locked, and you'll see. Tall and solid, all homes have me. To get me open, you'll need a key.
- 7. Jump inside, the waters fine! If it's not, take your time. Move the knobs and get it right. I make sure you're clean every day and night.
- 8. It's been a long day, it's time to rest. You can lie down on my chest. Soft yet sturdy, I'll cradle you. And in the morning, feel life anew.
- 9. With four strong legs, I stand with pride. But please, don't hesitate to take a ride. Though I love to stand all day, I was made for your rump to stay.
- 10. I'm almost like your favorite chair, but my seat's a little bare. There's not much there, I will admit, but I'll keep it clean when you've had too much to eat.
- 11. If it's work or if it's play, my features will fill up your day. No, I'm not a book or board game, but I will work just the same. So have a seat and light my screen. I'll show you exactly what I mean.
- 12. Keep me open, keep me closed. There's really nothing I oppose. But when it rains, or when it's cold, to keep me shut is what you're told.
- 13. Open me up, there's lots to see. But sometimes, you still frown at me! You'll say I'm not diverse enough. It's not my fault you don't buy new stuff!
- 14. You say we're pals, that we're best friends. But only until the morning ends. You say I give you fuel for the day. And when we're done, you're gone away.
- 15. Don't frown at me, I made it clear. Won't make a difference if you're near. Just stand in front and I'll show you exactly how the world will know you.
- 16. In a bowl or on a hook, just keep me somewhere you can look. On a shelf or in your pocket, make sure I'm near before you lock it.
- 17. I'm always running, though I never walk. Sometimes, I can sing, but I never talk. I have hands, I have a face. You use me to decide you pace.
- 18. Dry and crunchy-that's how I'm made! But people like to see me bathe. In a box or in a pouch, the perfect meal for any slouch.
- 19. Open, shut, open shut. When you're bored, I take the brunt. But there's nothing here, you see. Time to visit the grocery.
- 20. No morning routine is complete without me. Pick me up & you'll see. If you leave without our session, you'll spend the day worrying about your impression.