



MAY IS CALAMAR FOUNDATION DRIVE MONTH!

First, thank you to all who donated to The Calamar Foundation last year and for your trust in letting Calamar use your valuable donation to make a difference in the lives of our friends and neighbors through the three organizations the Foundation supports! It is The Foundation's mission to make a difference in the communities where we all reside. **Again this year, all residents have the opportunity to make a yearly donation of \$12 to the Calamar Foundation.** Anytime during the month of May, you can fill out the donation form and include your check or money order - made out to Calamar Foundation- and return it to your community manager. Remember, this donation will be matched by Calamar – Dollar for Dollar. **100% of contributions go to the designated charities** - American Heart Association, American Cancer Society and Alzheimer's Association. During the month of May, we will be having these organizations join us for discussions, presentations, and question and answer periods. Please see the calendar for information on presentations and events! Donations are currently being accepted in the office. Please see the Community Manager for details! *Together we WILL make a difference.*

Any volunteers to lead activities or events? We would like to see more participation and resident ambassadors are a perfect fit to rally up the community energy! If this sounds like something that would interest you, please see me and we'll get started!

Reminders-
Please make sure all trash is completely secured before throwing it in trash bins or down the trash chute.
Animals/pets are not to be in common areas at any time. Please be mindful of your neighbors. They are to be on a leash at all times when not in your home and waste must be cleaned up immediately, no exceptions.
Referrals are worth \$400 in your pocket!

- ### Extra Information
- I have printed additional details for farmer markets and festivals and they are located on the info book shelf (lounge) for your convenience.
 - Monopoly Money Bingo– Play four games of Bingo (each Bingo day), win and earn Monopoly Money. Use your money at the end of the month at the Monopoly Money Auction.
 - All are welcome to join and plant in the community garden at any time. Feel free to use what has been provided or bring your own containers. You will need to provide the flowers/plants of your choosing.
 - New games have been added! Please all join as we have added new community room games (shuffleboard and table tennis), a new Wii game to support the Body, Mind and Spirit and yard games to enjoy the beautiful weather.
 - Our potluck will feature a taco bar. I will provide taco flavored chicken and beef. Just bring your favorite toppings and your favorite shells.
 - Tornado warning/watch instructions are printed with this newsletter.



Prairie View Senior Village

The View

MAY

“Come as strangers, live as friends”



May is CALAMAR FOUNDATION MONTH!

Prairie View Team Heart Walk on May 4th! Remember, you don't have to “walk” to donate or participate. Team T-shirt pick up at our kick off breakfast buffet.

Maria from Freedom Home Health Care will join us with an Alzheimer's presentation on May 17th.

On the 24th bring down your favorite food to BBQ and at dusk we will light Luminarias to honor every life touched by cancer. You can dedicate them to a loved one lost, someone currently battling, or anyone who's overcome it.



Share an emotional moment when each Luminaria is lit in remembrance of a life touched by cancer. Together, we take a moment of silence to remember the loved ones they're dedicated to.

COMMUNITY INFORMATION

COMMUNITY MANAGER:
KARRIE PRATT

MAINTENANCE TECH:
JASON COOPER

OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #: 515-348-1914

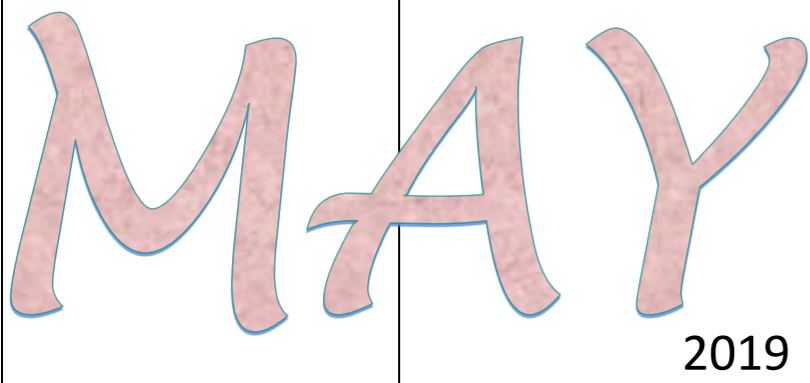






MANAGER EMAIL:
PRAIRIEVIEWMANAGER@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO– RM22 HOLDINGS

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



Quote of the Month: “Happiness is a butterfly, which when pursued, is always just beyond your grasp, but which, if you sit down quietly, may alight upon you.”
-Nathaniel Hawthorne

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9am AM Walking Group 9:30am Calamar Foundation Month Kick Off Breakfast Buffet 11am Monopoly Money Bingo 2pm PM Walking Group 7pm Game of choice 	2 National Day of Prayer 10am Wii Mind. Body. Spirit 11am Morning Crossword Puzzles 3pm Mocktail Social Hour 4pm-8:30pm Farmer's Market/ Music in the Junction 7pm Yahtzee	3 9am Coffee & Donuts 11am Coupon Club 2pm Wii Zumba 4pm Yarkle 7pm Wii Bowling League	4 145th Kentucky Derby 9-12 American Heart Association Heart Walk 12pm-10pm Valley Junction Cinco De Mayo Festival  7pm Farkle Happy Birthday Aldo
5 Cinco de Mayo 7pm Tripoley/Poker	6 9am AM Walking Group 10am Monday Morning Stretch 12pm Women's Lunch Club 12pm Men's Lunch Club 1pm Mindful Coloring/Round Table Talk 2pm Wii Zumba 2pm PM Walking Group	7 11am Wii Games 2:00pm Matinee Movie 6pm Open Gym 7pm Shuffleboard	8 V-E Day Anniversary 9am AM Walking Group 11am Monopoly Money Bingo 2pm PM Walking Group 7pm Game of choice Happy Birthday Lyle	9 10am Wii Mind. Body. Spirit 11am Merv Griffin's Crosswords Game 3pm Mocktail Social Hour 4pm-8:30pm Farmer's Market/ Music in the Junction 7pm Rummy	10 9am Coffee & Donuts with Connect 55 Lifestyle Feedback 11am Coupon Club 2pm Wii Zumba 3pm ABC Nature Walk 4pm Yardzee 7pm Wii Bowling League	11 7am-12pm Downtown Farmer's Market 7pm Catch Phrase
12 Mother's Day 7pm Tripoley/Poker	13 Community/Group Iowa Cubs Game Day Outing 9am AM Walking Group 10am Monday Morning Stretch 1pm Mindful Coloring/Round Table Talk 2pm Wii Zumba 2pm PM Walking Group	14 Planting of Community Garden Begins all Week 11am Wii Games 2:00pm Matinee Movie 6pm Open Gym 7pm Table Tennis	15 9am AM Walking Group 11am Monopoly Money Bingo 2pm PM Walking Group 3pm May Birthday's with chocolate chip cookie bars 7pm Game of choice	16 National Do Something Good For Your Neighbor Day National Mimosa Day 10am Wii Mind. Body. Spirit 11am Sudoku 3pm Mocktail Social Hour 4pm-8:30pm Farmer's Market/ Music in the Junction 7pm Uno	17 9am Coffee & Donuts with Maria from Freedom Home Health for Alzheimer's Education 11am Coupon Club 2pm Wii Zumba 4pm Yarkle  7pm Wii Bowling League	18 7am-12pm Downtown Farmer's Market 8am-12pm Ankeny Farmer's Market
19 11am-4pm Valley Junction Arts Festival 7pm Tripoley/Poker Happy Birthday Joyce	20 9am AM Walking Group 10am Monday Morning Stretch 1pm Mindful Coloring/Round Table Talk 2pm Wii Zumba 2pm PM Walking Group Happy Birthday Mike E.	21 11am Wii Games 12pm Veteran's Only Lunch Out 2:00pm Matinee Movie 4pm Garden Club 6pm Open Gym 7pm Shuffleboard	22 9am AM Walking Group 11:30am Taco Bar Potluck 2pm PM Walking Group 5:30-8 Bourbon & Bowties at Blank Park Zoo 7pm Game of choice Happy Birthday Ethel	23 10am Wii Mind. Body. Spirit 11am Sudoku 3pm Mocktail Social Hour 4pm-8:30pm Farmer's Market/ Music in the Junction 7pm Phase 10	24 9am Coffee & Donuts 11am Coupon Club 2pm Wii Zumba 4pm Yardzee 7pm Wii Bowling League 7pm Community BBQ with Cancer Luminaria Dedication at dusk 	25 7am-12pm Downtown Farmer's Market 8am-12pm Ankeny Farmer's Market 7pm Monopoly
26 7pm Tripoley/Poker	27 Memorial Day 9am AM Walking Group 10am Monday Morning Stretch 1pm Mindful Coloring/Round Table Talk 2pm Wii Zumba 2pm PM Walking Group	28 11am Wii Games 2:00pm Matinee Movie 4pm Garden Club 6pm Open Gym 7pm Table Tennis	29 National Senior Health & Fitness Day 9am AM Walking Group 11am Monopoly Money Bingo 2pm PM Walking Group 7pm Game of choice	30 10am Wii Mind. Body. Spirit 11am Sudoku 3pm Mocktail Social Hour 4pm-8:30pm Farmer's Market/ Music in the Junction 7pm Scattergories	31 9am Coffee & Donuts 11am Coupon Club 12pm Monopoly Money Auction 2pm Wii Zumba 3pm Garden Club 4pm Yarkle 7pm Wii Bowling League	 INTELLECTUAL SPIRITUAL PHYSICAL SOCIAL FINANCIAL