

Birthdate	Resident	Apt. #	
Diffillate	Resident	Ари #	
3/10	Linda	137	
3/23	Marcie	119	
3/24	Carolyn	250	









\$400 Referral Bonus for every referral you send our way! Congratulations to those of you receiving your bonus!

The Calamar Foundation partners with our local residents and our local chapters of the Alzheimer's Association, The American Cancer Society, and The American Heart Association to give back to the community in which we live and do business. For info on becoming a Foundation Donor, please see Karrie.



#### Things you might not know about St. Patrick's Day

#### We Should Really Wear Blue

Saint Patrick himself would have to deal with pinching on his feast day. His color was "Saint Patrick's blue," a light shade. The color green only became associated with the big day after it was linked to the Irish independence movement in the late 18th century.

#### Saint Patrick Was British

Although he made his mark by introducing Christianity to Ireland in the year 432, Patrick wasn't Irish himself. He was born to Roman parents in Scotland or Wales in the late fourth century.

### It Could have Been Saint Maewyn's Day

According to Irish legend, Saint Patrick wasn't originally called Patrick. His birth name was Maewyn Succat, but he changed his name to Patricius after becoming a priest.

#### Chicago Feels Lucky, Too

New York may have more manpower, but Chicago has a spectacle all its own. The city has been celebrating Saint Patrick by dumping green dye into the Chicago River since 1962. It takes 40 tons of dye to get the river to a suitably festive shade!

#### **Extra Information:**

We are starting a women's and men's lunch club the first Monday of the month. Enjoy lunch out or in—just the girls and just the guys.

Dig out your best meatball recipe for Meatball Showdown on the 9th. Bring down to the Community Room and enjoy meatballs and a game night together.

Have a favorite apple recipe? Johnny Appleseed Day is the perfect day to share.

On 3/15 bring down your favorite old photos to reminisce together.

I will provide a homemade Sloppy Joe lunch on the 18th available from 11-1.

We will be beginning our Monthly Veteran's Gathering every 3rd Tuesday of every month. This month join each other for breakfast out.

Ice Cream Sundaes for our March Birthday's this month!

Do you have a favorite food on a stick? Share and replicate your favorites from the Iowa State Fair with Mocktails on the 28th.



# Office Information

Community Manager
Karrie Pratt
Office 515-348-1914
Cell 515-518-5774
prairieviewmanager@calamar.com

Maintenance Technician Welcome Jason Cooper! Office Hours:

Monday-Friday 8:00-5:00 Saturday by appointment

515-348-1914

After Hours Maintenance Emergencies please call



March 2019

## Manager's Corner...

Happy Spring! Finally, it will be among us and in honor of spring we will begin choosing the location of our community garden. Planning and building to start in March-April; planting in Mid May!

As we have maintained a steady calendar of activities, some participation, some no participation; I would like to have ideas, comments and suggestions on the calendars moving forward. Would you like to see anything added, taken off, more or less? I will leave a basket out with cards for you to give your thoughts. Feel free to leave your name or leave anonymously. My goal is to make this YOUR calendar and want all to feel a voice in the planning!

There is a new stretching room located on the north side of the second floor. Formally, the chapel and now your Stretching Zone.

As always, thank you to each and every one of you for making our community a home. I am truly thankful to all of you!

Karrie



"Do you have questions, suggestions, or want to share concerns or compliments regarding the Connect55+ program?

Stop by my office to talk with me anytime!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		"Spring is when you feel like whistling even with a shoe full of slush"	+ Intellectual + Spiritual + Physical + Social + Financial	Women's Histo- ry Month-Susan B. Anthony/ Harriet Tubman	1 9am Coffee & Donuts + 11am Trivia/Reminiscing ++ 7pm Wii Bowling League ++	2 National Banana Cream Pie Day 7pm Farkle Game Night +
3 National Procrastination Week 7pm Tripoley +	4 10am Monday Morning Stretch + 12pm Women's Lunch Club + 12pm Men's Lunch Club + 1pm Mindful Coloring +++	5 Fat Tuesday/ Mardi Gras 11am Wii Games ++ 2:00pm Matinee Movie +++ 6pm Open Gym ++	6 Ash Wednesday 9:30 am Coffee / Cash ++ 1pm You Be the Judge ++ 7pm Game of choice +  **CALAMAR FOUNDATION	7 11am Brain Health with Merv Griffin's Crosswords Game ++ 3pm Mocktails with Scatter- gories + 7pm Yahtzee + *	8 9am Coffee & Donuts + 11am Trivia/Reminiscing ++ 7pm Wii Bowling League ++	9 National Meatball Day 7pm Game Night + 7pm Meatball Showdown +
10 Daylight Savings Begins Check Your Batteries Day 7pm Tripoley +	11 Johnny Appleseed Day 10am Monday Morning Stretch + 1pm Mindful Coloring +++ 3pm Share your favorite treats made with Apples	12 Free Short stack of pancakes at IHOP 11am Wii Games ++ 2:00pm Matinee Movie +++ 6pm Open Gym ++	9:30 am Coffee / Cash ++ 1pm You Be the Judge ++ 7pm Game of choice +  CALAMAR FOUNDATION	14 11am Brain Health ++ 3pm Mocktails with Farkle+ 7pm The Logo Board Game Night +	15 9am Coffee & Donuts with pancakes + 11am Trivia/Reminiscing- Photo Sharing++ 7pm Wii Bowling League ++	16 7pm Trivia Game Night ++
17 St. Patrick's Day-Top of the Mornin' 7pm Tripoley +	18 National Sloppy Joe Day 10am Monday Morning Stretch + 11-1 Sloppy Joe Lunch Pro- vided + 1pm Mindful Coloring +++	19 10am Veteran's Only Breakfast Out + 11am Wii Games ++ 2:00pm Matinee Movie +++ 6pm Open Gym ++	Pirst Day of Spring 9:30 am Coffee / Cash ++ 11:30am St. Patrick's Day Themed Potluck + 1pm You Be the Judge ++ 7pm Game of choice +  CALAMAR FOUNDATION	21 Jewish Purin 11am Brain Health ++ 3pm Mocktails with Catch Phrase + 7pm Monopoly Game Night +	22 9am Coffee & Donuts + 11am Trivia/Reminiscing ++ 7pm Wii Bowling League ++	23 7pm Scattergories Game Night ++
24 7pm Tripoley +	25 10am Monday Morning Stretch + 1pm Mindful Coloring +++ 3pm March Birthday's with Sundaes +	26 11am Wii Games ++ 2:00pm Matinee Movie +++ 6pm Open Gym ++	9:30 am Coffee / Cash ++ 1pm You Be the Judge ++ 7pm Game of choice +  **CALAMAR FOUNDATION	Opening Day of baseball Something on a Stick Day 11am Brain Health ++ 3pm Mocktails with "something to eat on a stick" (lowa State Fair style) + 7pm Uno +	29 9am Coffee & Donuts + 11am Trivia/Reminiscing ++ 7pm Wii Bowling League ++	30 7pm Catch Phrase Game Night +