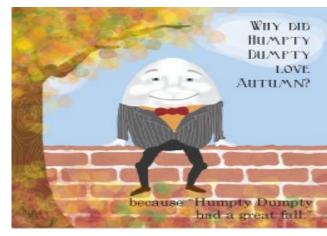
Trivia for the Month! Stephen Foster's song, Oh Suzannah, was sung for the first time in public at a saloon in Pittsburg, PA. Foster sold the rights to the bartender for a bottle of whiskey.



## **SLOW DOWN!**

Please remember the speed limit in the parking lot is only 15 mph. When you have visitors please remind them to slow down also.

## **Colleen's Lousy Joke**



## 9/2-42<sup>nd</sup> Annual Great Bathtub Race, Nome AK

In 1978, then-Mayor Leo Rasmussen was lookng for a way to attract visitors to Nome. His brainchild, the wacky (and exceedingly clean) Great Bathtub Race has no equal anywhere in the world. In this fun Labor Day event, teams line up at High Noon and prepare to race about 100 yards down Front Street.

Each team must have five members - one to "bathe" in the tub full of water and copious bubbles, while four others propel it in a mad dash down Nome's most famous street. Racers wear the official Bathtub Race costume, consisting of a large brimmed hat and suspenders (frequently fashioned from duct tape).

Spectators are known to start the fun early by tossing water balloons at the athletes as they warm up. The tubs are mounted on wheels, and must be at least 4 feet long. Beyond that, there is no consistency, with teams doing their best to engineer an aerodynamic vehicle that will fly down the street - even when full of water and a bather.

At the finish line, the tub must still have 10 gallons of water in it, and racers must have their requisite items - bar of soap, towel, washcloth, and bathmat.

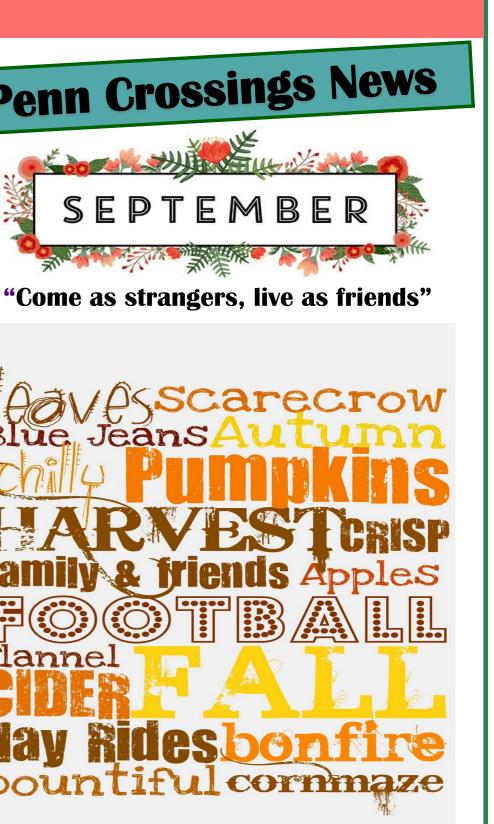
The winning prize? Bragging rights, and possession of a most unusual trophy: a figurine of Kermit and Miss Piggy taking a bath. (It's passed on each year to the next winner).











**Quotes of the Month:** "Gratitude takes three forms: a feeling in the heart, an expression in words, and a giving in return." - Anonymous

"The most rewarding things you do in life are often the ones that look like they cannot be done." - Arnold Palmer

"All labor that uplifts humanity has dignity." - Martin Luther King, Jr.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	<sup>2</sup> Labor Day Office Closed	<b>3</b> 11:00 Walking Group 12:30 Chair Exercise 1:30 Card group-500 Bid 2:00 Puzzles	<b>4</b> 11:00 Walking Group 2:00 Women's Coffee 3:00 Crochet and Knitting 7:00 Dominos	<ul> <li>5 NFL Season starts</li> <li>11:00 Walking Group</li> <li>11:00 Chair Exercise</li> <li>2:00 Card Group-500 Bid</li> <li>3:00 Puzzles</li> <li>7:00 WII Bowling</li> </ul>	<b>6</b> 10:00 Coffee and Donuts- 11:00 Walking Group 3:00 Crochet & Knitting 3:00 Puzzles 7:00 Movie Night	<b>7</b> 11:00 Walking group 2:00 Puzzles 7:00-Weekend Gathering on the patio All welcome come and have fun.
8 National Grandparent's Day 7:00-Weekend Gathering on the patio All welcome come and have fun.	9 11:00 Walking Group 1:00 Men's Coffee 2:00 Puzzles 3:00 Card Group-Pinochle 7:00 Wii Bowling CALAMAR FOUNDATION	10 11:00 Walking Group 12:30 Chair Exercise 1:30 Card group-500 Bid 2:00 Puzzles 7:00 Travel Meeting	<ul> <li>11 Patriot Day and National Day of Service &amp; Remembrance</li> <li>11:00 Walking Group</li> <li>2:00 Women's Coffee</li> <li>3:00 Crochet and Knitting</li> <li>7:00 Dominos</li> </ul>	12 11:00 Walking Group 11:00 Chair Exercise 2:00 Ice Cream Social-sign up 7:00 WII Bowling	<ul> <li>13 International Chocolate Day by Milton Hershey</li> <li>10:00 Coffee and Donuts—</li> <li>sponsored by Asera Care</li> <li>11:00 Walking Group</li> <li>3:00 Crochet &amp; Knitting</li> <li>3:00 Puzzles</li> <li>7:00 Movie Night</li> </ul>	<b>14 Harvest Moon</b> 11:00 Walking group 2:00 Puzzles 7:00-Weekend Gathering on the patio All welcome come and have fun.
<b>15</b> 7:00-Weekend Gathering on the patio All welcome come and have fun.	16 11:00 Walking Group 1:00 Men's Coffee 2:00 Puzzles 3:00 Card Group-Pinochle 7:00 Wii Bowling CALAMAR FOUNDATION	<ul> <li>17</li> <li>11:00 Walking Group</li> <li>12:30 Chair Exercise</li> <li>1:30 Card group-500 Bid</li> <li>2:00 Puzzles</li> <li>7:00 Book Club-Community</li> <li>Room</li> </ul>	<ul> <li>18 National Cheeseburger Day</li> <li>11:00 Connect 55+ Activity</li> <li>Meeting</li> <li>2:00 Women's Coffee</li> <li>3:00 Crochet and Knitting</li> <li>7:00 Dominos</li> </ul>	<ul> <li>19</li> <li>11:00 Walking Group</li> <li>11:00 Chair Exercise</li> <li>1:00-3:30 Gail and Kevin</li> <li>singing Duo- \$3.00 a person</li> <li>Drinks and a light lunch will be</li> <li>included. Sign up in lobby.</li> <li>7:00 WII Bowling</li> </ul>	20 POW/MIA Recognition Day 10:00 Coffee Donuts- sponsored by I A N cleaning service 11:00 Walking Group 3:00 Crochet & Knitting 3:00 Puzzles 7:00 Movie Night	<b>21 World Alzheimer Day</b> 11:00 Walking group 2:00 Puzzles 7:00-Weekend Gathering on the patio All welcome come and have fun.
22 Autumn Begins 7:00-Weekend Gathering on the patio All welcome come and have fun.	23 11:00 Walking Group 1:00 Men's Coffee 2:00 Puzzles 3:00 Card Group-Pinochle 7:00 Wii Bowling CALAMAR FOUNDATION	24 11:00 Walking Group 12:30 Ladies Lunch out –25% off bill for Seniors-Firepit in Irwin Sign up in lobby 3:00 Card group-500 Bid	<ul> <li>25 National Women's Health &amp; Fitness Day</li> <li>11:00 Walking Group</li> <li>2:00 Women's Coffee</li> <li>3:00 Crochet and Knitting</li> <li>7:00 Dominos</li> </ul>	26 11:00 Walking Group 11:00 Chair Exercise 2:00 Card Group-500 bid 3:00 Puzzles 7:00 WII Bowling	27 10:00 Coffee and Donuts- Senior Helpers 11:00 Walking Group 3:00 Crochet & Knitting 3:00 Puzzles 7:00 Movie Night	<b>28</b> National Good Neighbor Day 11:00 Walking group 2:00 Puzzles 7:00-Weekend Gathering on the patio All welcome come and have fun.
29 National Coffee Day 7:00-Weekend Gathering on the patio 9/29– 10/1 Rosh Hashanah begins at sundown on 9/29	30 11:00 Walking Group 1:00 Men's Coffee 2:00 Puzzles 3:00 Card Group-Pinochle 7:00 Wii Bowling CALAMAR FOUNDATION	S E	PTEMB	E R 2019	September is National Senior Center Month	