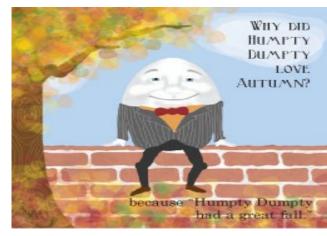
Trivia for the Month! Stephen Foster's song, Oh Suzannah, was sung for the first time in public at a saloon in Pittsburg, PA. Foster sold the rights to the bartender for a bottle of whiskey.



SLOW DOWN!

Please remember the speed limit in the parking lot is only 15 mph. When you have visitors please remind them to slow down also.

Colleen's Lousy Joke



9/2-42nd Annual Great Bathtub Race, Nome AK

In 1978, then-Mayor Leo Rasmussen was lookng for a way to attract visitors to Nome. His brainchild, the wacky (and exceedingly clean) Great Bathtub Race has no equal anywhere in the world. In this fun Labor Day event, teams line up at High Noon and prepare to race about 100 yards down Front Street.

Each team must have five members - one to "bathe" in the tub full of water and copious bubbles, while four others propel it in a mad dash down Nome's most famous street. Racers wear the official Bathtub Race costume, consisting of a large brimmed hat and suspenders (frequently fashioned from duct tape).

Spectators are known to start the fun early by tossing water balloons at the athletes as they warm up. The tubs are mounted on wheels, and must be at least 4 feet long. Beyond that, there is no consistency, with teams doing their best to engineer an aerodynamic vehicle that will fly down the street - even when full of water and a bather.

At the finish line, the tub must still have 10 gallons of water in it, and racers must have their requisite items - bar of soap, towel, washcloth, and bathmat.

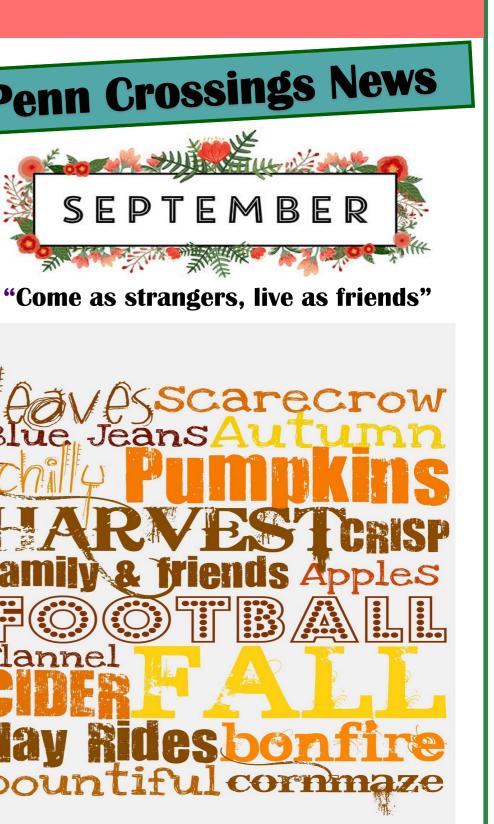
The winning prize? Bragging rights, and possession of a most unusual trophy: a figurine of Kermit and Miss Piggy taking a bath. (It's passed on each year to the next winner).











Quotes of the Month: "Gratitude takes three forms: a feeling in the heart, an expression in words, and a giving in return." - Anonymous

"The most rewarding things you do in life are often the ones that look like they cannot be done." - Arnold Palmer

"All labor that uplifts humanity has dignity." - Martin Luther King, Jr.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	² Labor Day Office Closed	3 11:00 Walking Group 12:30 Chair Exercise 1:30 Card group-500 Bid 2:00 Puzzles	4 11:00 Walking Group 2:00 Women's Coffee 3:00 Crochet and Knitting 7:00 Dominos	 5 NFL Season starts 11:00 Walking Group 11:00 Chair Exercise 2:00 Card Group-500 Bid 3:00 Puzzles 7:00 WII Bowling 	6 10:00 Coffee and Donuts- 11:00 Walking Group 3:00 Crochet & Knitting 3:00 Puzzles 7:00 Movie Night	7 11:00 Walking group 2:00 Puzzles 7:00-Weekend Gathering on the patio All welcome come and have fun.
8 National Grandparent's Day 7:00-Weekend Gathering on the patio All welcome come and have fun.	9 11:00 Walking Group 1:00 Men's Coffee 2:00 Puzzles 3:00 Card Group-Pinochle 7:00 Wii Bowling CALAMAR FOUNDATION	10 11:00 Walking Group 12:30 Chair Exercise 1:30 Card group-500 Bid 2:00 Puzzles 7:00 Travel Meeting	 11 Patriot Day and National Day of Service & Remembrance 11:00 Walking Group 2:00 Women's Coffee 3:00 Crochet and Knitting 7:00 Dominos 	12 11:00 Walking Group 11:00 Chair Exercise 2:00 Ice Cream Social-sign up 7:00 WII Bowling	 13 International Chocolate Day by Milton Hershey 10:00 Coffee and Donuts— sponsored by Asera Care 11:00 Walking Group 3:00 Crochet & Knitting 3:00 Puzzles 7:00 Movie Night 	14 Harvest Moon 11:00 Walking group 2:00 Puzzles 7:00-Weekend Gathering on the patio All welcome come and have fun.
15 7:00-Weekend Gathering on the patio All welcome come and have fun.	16 11:00 Walking Group 1:00 Men's Coffee 2:00 Puzzles 3:00 Card Group-Pinochle 7:00 Wii Bowling CALAMAR FOUNDATION	 17 11:00 Walking Group 12:30 Chair Exercise 1:30 Card group-500 Bid 2:00 Puzzles 7:00 Book Club-Community Room 	 18 National Cheeseburger Day 11:00 Connect 55+ Activity Meeting 2:00 Women's Coffee 3:00 Crochet and Knitting 7:00 Dominos 	 19 11:00 Walking Group 11:00 Chair Exercise 1:00-3:30 Gail and Kevin singing Duo- \$3.00 a person Drinks and a light lunch will be included. Sign up in lobby. 7:00 WII Bowling 	20 POW/MIA Recognition Day 10:00 Coffee Donuts- sponsored by I A N cleaning service 11:00 Walking Group 3:00 Crochet & Knitting 3:00 Puzzles 7:00 Movie Night	21 World Alzheimer Day 11:00 Walking group 2:00 Puzzles 7:00-Weekend Gathering on the patio All welcome come and have fun.
22 Autumn Begins 7:00-Weekend Gathering on the patio All welcome come and have fun.	23 11:00 Walking Group 1:00 Men's Coffee 2:00 Puzzles 3:00 Card Group-Pinochle 7:00 Wii Bowling CALAMAR FOUNDATION	24 11:00 Walking Group 12:30 Ladies Lunch out –25% off bill for Seniors-Firepit in Irwin Sign up in lobby 3:00 Card group-500 Bid	 25 National Women's Health & Fitness Day 11:00 Walking Group 2:00 Women's Coffee 3:00 Crochet and Knitting 7:00 Dominos 	26 11:00 Walking Group 11:00 Chair Exercise 2:00 Card Group-500 bid 3:00 Puzzles 7:00 WII Bowling	27 10:00 Coffee and Donuts- Senior Helpers 11:00 Walking Group 3:00 Crochet & Knitting 3:00 Puzzles 7:00 Movie Night	28 National Good Neighbor Day 11:00 Walking group 2:00 Puzzles 7:00-Weekend Gathering on the patio All welcome come and have fun.
29 National Coffee Day 7:00-Weekend Gathering on the patio 9/29– 10/1 Rosh Hashanah begins at sundown on 9/29	30 11:00 Walking Group 1:00 Men's Coffee 2:00 Puzzles 3:00 Card Group-Pinochle 7:00 Wii Bowling CALAMAR FOUNDATION	S E	PTEMB	E R 2019	September is National Senior Center Month	