

**Happy Birthday to all the residents born in February !**

**Canned Food Drive**

All month we are collecting canned food items in the community room! This month we will be constructing a structure to submit for judging at the Corporate office. The winner among all of Calamar's communities will get a trophy and a pizza party.

**COLLEEN'S LOUSY JOKE**

I made myself a snowball,  
As perfect as could be,  
I thought I'd keep it as a pet,  
And let it sleep with me.  
I made it some pajamas,  
And a pillow for its head,  
Then last night it ran away,  
But first-- it wet the bed.



**Schwan's Delivery will be on February 14th and 28th at 11:30**

**Yes, I CAN!**



**Canned Food Sculpture Competition**

**It's a CANTastic way to help!**

**Join in the fun while helping those in need**

Bring your imagination & your canned goods to create a CAN sculpture using canned food products that you donate. It's a creative way to help your local food bank, food pantry or shelter

Each community will be judged on creativity and execution. ONLY ONE winner will be selected from all our communities to receive the coveted CAN trophy and bragging rights! Plus a pizza party - So get your CAN involved!

**Competition begins February 1, 2019  
Judging February 25-28, 2019  
WINNER ANNOUNCED FEBRUARY 28th**

Please note all labels must remain intact

Get inspired with the attached samples!  
See your community manager for all the details



**Colleen's Lousy Joke**



**What's new at Penn Crossings!**

managerpenncrossings@calamar.com

February 2019

***Manager's Message***

**Community Manager  
Colleen**

**Maintenance Technician  
Dan**

**Office Hours:  
Mon-Fri  
9-5pm**

**After Hours  
Maintenance  
Emergencies  
please call:**

**724-392-4401**

February is a time to celebrate all that you love! Whether it is people, things or activities you owe it to yourself to make the time to see or do the things you love.

Do you love to do something that your don't see on the calendar? Come see me in the office and we can see if it is a possibility to get it on the Penn Crossings calendar.

This month we are really focusing on Heart Health because February is American Heart Association Month! On February first its GO RED DAY!! Wear red in support of American Heart Association. We will be taking pictures for our Facebook Page.

The Calamar Foundation is a great way to give back to the American Heart Association.

**"Love yourself first**

and everything else falls in line. You really have to love yourself to get anything done in this world."  
- Lucille Ball



**Make Februarys a happy heart month!!**









**Colleen**



**CALAMAR FOUNDATION**

The Calamar Foundation partners with our local residents and our local chapters of the Alzheimer's Association, The American Cancer Society, and The American Heart Association to give back to the community in which we live and do business. For info on becoming a Foundation Donor, please see Colleen



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<h1>February</h1>			<p>February 1st is <b>GO RED DAY!</b></p> 	<p><b>1 GO RED DAY</b> 10:00 Coffee and Donuts/ <b>wear red</b> /speaker <b>AARP</b> <b>Construct can sculpture</b> 2:00 Puzzles 3:00 Crochet &amp; Knitting 7:00 Movie Night -" Did you hear about the Morgan's"</p>	<p><b>2 Groundhogs Day</b> 11:00 Walking group 2:00 Chair Exercise 2:00 Puzzles 7:00 Game Night, cards, dominos, board games</p>
<p><b>3</b> 7:00 Movie night "Duplin"</p>	<p><b>4</b> 11:00 Walking Group 11:30 Exercise demonstration in fitness room with Colleen 1:00 Men's Coffee 3:00 Card Group 3:00 Scrabble game 7:00 WII Bowling</p>	<p><b>5 Chinese New Year</b></p>  <p>11:00 Walking Group 2:00 Movie Matinee in Library " Julia and Julia" 7:00 Game Night-cards, dominos, board games</p>	<p><b>6</b> 11:00 Walking Group 2:00 Women's Coffee 3:00 Crochet and Knitting 7:00 Rummikub /Dominos 7:00 Card Group – Pinochle,500,kings corner</p> 	<p><b>7</b> 11:00 Walking Group 2:00 Chair Exercise 4:00 Men's card club 7:00 WII Bowling</p>	<p><b>8</b> 10:00 Coffee and Donuts Speaker –<b>Community Resources-Carol Trent</b> <b>Construct can sculpture</b> 2:00 Puzzles 3:00 Crochet &amp; Knitting 7:00 Movie Night "Like Father"</p> 	<p><b>9</b> 11:00 Walking group 2:00 Chair Exercise 2:00 Puzzles 7:00 Game Night ,cards, dominos, board games</p>
<p><b>10</b> 7:00 Movie Night "I don't know how she does it"</p>	<p><b>11</b> 11:00 Walking Group 1:00 Men's Coffee 3:00 Card Group 3:00 Scrabble game 7:00 WII Bowling</p>	<p><b>12</b> 11:00 Walking Group 2:00 Movie Matinee in Library " Mona Lisa Smile" 7:00 Game Night-cards, dominos, board games 7:00 Travel meeting in library</p>	<p><b>13</b> 11:00 Activity meeting 2:00 Women's Coffee 3:00 Crochet and Knitting 7:00 Bunko 7:00 Card Group - Pinochle,500,kings corner</p> 	<p><b>14 Happy Valentine Day</b> 11:00 Walking Group 1:00-4:00 <b>Valentine Party</b> Sign up in lobby for pot luck. DJ for entertainment by AI from 1:00-3:00.</p>	<p><b>15</b> 10:00 Coffee and Donuts/ speaker <b>Comcast-Paul</b> <b>Construct can sculpture</b> 2:00 Puzzles 3:00 Crochet &amp; Knitting 7:00 Movie Night - "Black Panther"</p>	<p><b>16</b> 11:00 Walking group 2:00 Chair Exercise 2:00 Puzzles 7:00 Game Night ,cards, dominos, board games</p>
<p><b>17</b> 7:00 Movie Night "Quartet"</p>	<p><b>18 Presidents Day</b> 11:00 Walking Group 1:00 Men's Coffee 3:00 Card Group 3:00 Scrabble game 7:00 WII Bowling</p>	<p><b>19</b> 11:00 Walking Group 1:00 Men's Coffee 2:00-4:00 Painting with Nina Sign up in lobby \$10.00 2:00 Movie Matinee in Library "Larry Crowne" 7:00 Game Night-cards, dominos, board games</p>	<p><b>20</b> 11:00 Walking Group 2:00 Women's Coffee 3:00 Crochet and Knitting 7:00 Rummikub /Dominos 7:00 Card Group – Pinochle,500,kings corner</p> 	<p><b>21</b> 11:00 Walking Group 2:00 Chair Exercise 4:00 Men's card club 7:00 WII Bowling</p>	<p><b>22</b> 10:00 Coffee and Donuts <b>Colleen -Heart healthy snacks</b> <b>Construct can sculpture</b> 2:00 Puzzles 3:00 Crochet &amp; Knitting 7:00 Movie Night - "July 22nd"</p>	<p><b>23</b> 11:00 Walking group 2:00 Chair Exercise 2:00 Puzzles 7:00 Game Night ,cards, dominos, board games</p>
<p><b>24</b> 7:00 Movie Night "Boss Baby"</p>	<p><b>25</b> 11:00 Walking Group 1:00 Men's Coffee 3:00 Card Group 3:00 Scrabble game 7:00 WII Bowling</p>	<p><b>26</b> 11:00 Walking Group 1:00 Men's Coffee 2:00 Movie Matinee in Library "The Great Gilly Hopkins" 7:00 Game Night-cards, dominos, board games 7:00 Book Club—Library</p>	<p><b>27</b> 11:00 Walking Group 2:00 Women's Coffee 3:00 Crochet and Knitting 7:00 Rummikub /Dominos 7:00 Card Group – Pinochle,500,kings corner</p> 	<p><b>28</b> 11:00 Walking Group 2:00 Chair Exercise 4:00 Men's card club 7:00 WII Bowling</p>	