



# September 2017

## The Grand Estate at Londonderry



**WEDS. THE 20TH 5:30PM**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><b>Program is subject to occasional &amp; unforeseen changes. Changes will be posted on lighted board in lobby next to large calendar.</b></p>				<p>1 9:30AM Coffee &amp; Donuts 2PM Parlor Games 7PM Movie</p>	<p>2 2PM Bingo</p>
<p>3 1PM Scrabble</p>	<p>4 10AM Walking Club 12Noon <b>Labor Day BBQ</b> 3PM Old Movie Monday 7PM Card Games</p>	<p>5 10AM Balance Training 2PM Tech Tuesday 3PM Knitting Club 4PM Dean Martin Show 7PM Poker II</p>	<p>6 10AM Boxing Therapy 2PM Remember When? "Groucho Marx Humor" 3PM Knitting Club 7PM Cribbage Club</p>	<p>7 10:30AM Zumba 2PM "Reducing Fat in your Diet-Fat, the Good, the Bad &amp; the Ugly." 3PM Wii Bowling 4PM Mah Jong 6PM Card Club</p>	<p>8 9:30AM Coffee &amp; Donuts 2PM Parlor Games 7PM Movie</p>	<p>9 2PM Bingo</p>
<p>10 1PM Scrabble</p>	<p>11 10AM Walking Club 10:30AM Crafts with Meg 2PM Two Minute Mysteries 3PM Old Movie Monday 7PM Card Games</p>	<p>12 10AM Balance Training 2PM Tech Tuesday 3PM Knitting Club 4PM The Honeymooners 7PM Poker II</p>	<p>13 10AM Boxing Therapy 2PM Interim Healthcare Presentation: "Alzheimer's" 3PM Knitting Club 6PM Baptist Service</p>	<p>14 10AM Seated Stretch 2PM Team Trivia 3PM Wii Bowling 4PM Mah Jong 6PM Card Club</p>	<p>15 9:30AM Coffee &amp; Donuts 2PM Parlor Games 7PM Movie</p>	<p>16 2PM Bingo</p>
<p>17 1PM Scrabble</p>	<p>18 10AM Walking Club 10:30AM Crafts with Meg 2PM Catholic Mass 3PM Old Movie Monday 7PM Card Games</p>	<p>19 10AM Balance Training 1PM Ceramics with Terry 2PM Men's Club 3PM Knitting Club 4PM Dean Martin Show 7PM Poker II</p>	<p>20 10AM Boxing Therapy 2PM NEW! "New England Legends" 3PM Knitting Club 5:30PM Ted Roosevelt LIVES!</p>	<p>21 10:30AM Zumba 2PM Team Trivia 3PM Wii Bowling 4PM Mah Jong 6PM Card Club</p>	<p>22 9:30AM Coffee &amp; Donuts 2PM Parlor Games 7PM Movie</p>	<p>23 2PM Bingo</p>
<p>24 1PM Scrabble</p>	<p>25 10AM Walking Club 2PM Two Minute Mysteries 3PM Old Movie Monday 7PM Card Games</p>	<p>26 10AM Balance Training 2PM Tech Tuesday 3PM Knitting Club 4PM The Honeymooners 7PM Poker II</p>	<p>27 10AM Boxing Therapy 2PM Monthly Birthday Party with Music by Caryl 3PM Knitting Club 7PM Cribbage Club</p>	<p>28 10AM Seated Stretch 2PM Psychic Medium Deb Raymond 3PM Wii Bowling 4PM Mah Jong 5PM Zumba</p>	<p>29 9:30AM Coffee &amp; Donuts 2PM Parlor Games 7PM Movie</p>	<p>30 2PM Bingo</p>