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Connect Coordinator: Frank Paolini

Regional Maintenance Technician: Kelvin Rose

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FATHER'S DAY MUSIC WITH DUANE SULLIVAN

SUNDAY JUNE 17TH AT 2PM!



The return of Mah Jong



Mondays at 3PM in Game Room

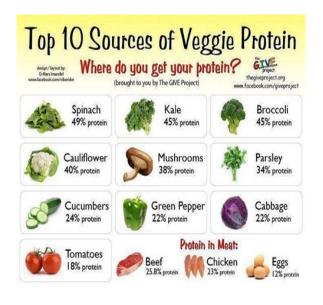
Thursday June 7th at 2PM

Guest Speaker Series:

"Nutrition 101 with

Yvonne Degarde

"Power of Protein"





June 2

The Grand Estate at Lo

	T			
Program is subject to occasional & unforeseen				
	changes.			
	Changes will be posted on lighted board in lobby			
	next to la	arge calendar.		
3	4	5	6	
2PM Scrabble	10AM Walking Club	10AM Balance Training	10AM Boxing Therapy	
	2PM Men's Club & Ladies Club	9	2PM Laser Light	
4PM Card	3PM Armchair Travels	3PM Knitting for Charity	Show Therapy	
Games	3PM Mah Jong	4PM Card Club	3PM Knitting Club	
i	6PM Poker		7PM Cribbage	
10	11	12	13	
2PM Scrabble	10AM Guided Imagery	10AM Balance Training	10 Boxing Therapy	
ı	2PM You Be the Judge	2PM Tech Training	2PM Team Trivia	
4PM Card	3PM Mah Jong	3PM Knitting for Charity	3PM Knitting Club	
Games	3PM Armchair Travels	4PM Card Club	6PM Baptist Service	
	6PM Poker		7PM Cribbage	
17	18	19	20	
	10AM Guided Imagery	10AM Balance Training	10 Boxing Therapy	
2PM Father's	2PM Catholic Mass	2PM Trivia with John	11AM Tai Chi	
Day Music by	3PM Mah Jong	3PM Knitting for Charity	2PM Team Trivia	
Duane Sullivan	3PM Armchair Travels	4PM Card Club	3PM Knitting Club	
	6PM Poker		7PM Cribbage	
24	25	26	27	
2PM Scrabble	10AM Walking Club	10AM Zumba	10AM Boxing Therapy	
	2PM Armchair Travels	2PM Tech Training	2PM Monthly B-Day Par	
4PM Card	3PM Mah Jong	3PM Knitting for Charity	with Music by Caryl	
Games	6PM Poker	4PM Card Club	3PM Knitting Club	
			7PM Cribbage Club	

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		1 AT A NEW TIME! 9:00AM Coffee & Donuts 11AM Isometric Exercises 2PM Pictionary 4PM Mindful Coloring 7PM Movie	2 11AM Bingo 2PM Parlor Games 7PM Movie by Resident's Choice
	7 10AM Seated Stretch 2PM LIVE: Nutrition 101— Protein Power 3PM Wii Bowling 6PM Card Games	8 9:00AM Coffee & Donuts 11AM Isometric Exercises 2PM Pictionary 4PM Mindful Coloring 7PM Movie	9 11AM Bingo 2PM Parlor Games 7PM Movie by Resident's Choice
	14 10AM Seated Stretch 2PM LIVE: Kathy Young R.N "Living with Diabetes" 3PM Wii Bowling 6PM Card Games	9:00AM Coffee & Donuts 11AM Isometric Exercises 2PM Pictionary 4PM Mindful Coloring 7PM Movie	16 11AM Bingo 2PM Parlor Games 7PM Movie by Resident's Choice
	21 10AM Seated Stretch 2PM Improv Theater Club 3PM Wii Bowling 6PM Card Games	9:00AM Coffee & Donuts 11AM Isometric Exercises 2PM Pictionary 4PM Mindful Coloring 7PM Movie	23 11AM Bingo 2PM Parlor Games 7PM Movie by Resident's Choice
ty	28 10AM Seated Stretch 2PM Theater Club 3PM Wii Bowling 6PM Card Games	29 9:00AM Coffee & Donuts 2PM Pictionary 4PM Mindful Coloring 7PM Movie	30 11AM Bingo 2PM Parlor Games 7PM Movie by Resident's Choice

Monthly Birthday Party! Weds the 30th at 2PM Music with our own Caryl !!!



June Birthdays:

Kathy L. Ruth B. Pat H. Eva G. Thomas L.

RuthAnn N. Celine V. Maureen L.

Healthcare Topic: "Diabetes"



at at at at at at at at at at

June at 2PM

With Guest Speaker

Kathy Young R.N.

Thursday the 26th at 2PM



COFFEE & DONUTS

each Friday will now be at 9AM







The Calamar Foundation

Gay Molnar, President

Our Vision:

The Calamar foundation vision is simple. As a multigenerational organization, we have been brought up to give back to our community. Through the Calamar Foundation, and many people who live and work in our ever growing communities they call home, we will be able to do this. Our mission is to support and make an impact across all communities where we do business.

In this regard we are proud to partner with these national organizations whose missions align with our own = giving back and hope to:

American Heart Association, The American Cancer Society, and The Alzheimer's Association.

Toll Free # 1-800-786-5566

Www.calalamr.com/foundation

To learn more talk to your community Manager