



# July 2017

## The Grand Estate at Londonderry



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
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2 <i>1PM Scrabble Grp</i>	3 <i>10AM Walking Club 2PM Live Music by Len Pearl! 3PM Old Movie Monday</i>	4 <b>Happy Independence Day!</b> <i>3PM Knitting Club 7PM Movie Classic, "Yankee Doodle Dandy"</i>	5 <b>10AM Live Ukulele Sing a -Long with Bob baker</b>  <b>2PM Suzanne O'Gagara Teach an Old Dog New Tricks</b> <i>3PM Knitting Club 7PM Cribbage Club</i>	6 <i>10:15 AM Zumba 2PM Guest Speaker: Yvonne Degarde "Limiting Sugar in Your Diet"</i> <i>4PM Mah Jong 6:30PM Card Games</i>	7 <i>9:30AM Coffee &amp; Donuts 2PM Parlor Games 7PM Movie</i>	8 <i>2PM Bingo</i>	
9 <i>1PM Scrabble Grp</i>	10 <b>10:30AM Crafts with Meg</b>  <b>2PM Music by Dave Burns</b> <i>3PM Old Movie Monday</i>	11 <i>10AM Balance Training 2PM Tech Tuesday 3PM Knitting Club 4PM The Honeymooners 5:45PM Zumba</i>	12 <i>10AM Boxing Therapy</i> <b>2PM Guest Speaker: Lisa Lemire, "Home Health Care &amp; How Do I Pay for it?"</b> <i>3PM Knitting Club 6PM Baptist Service</i>	13 <i>10AM Seated Stretch 2PM Remember When? 3PM Wii Bowling 6:30PM Card Games</i>	14 <i>9:30AM Coffee &amp; Donuts 2PM Parlor Games 7PM Movie</i>	15 <i>2PM Bingo</i>	
16 <i>1PM Scrabble Grp</i>	17 <i>10AM Philippine Sticks 3PM Old Movie Monday</i> <b>12PM BBQ with Music 2PM Music &amp; Dancing with Jim Moses!</b>	18 <i>10AM Balance Training 2PM Tech Tuesday 2PM Men's Club 3PM Knitting Club 4PM Rowan &amp; Martins Laugh In</i>	19 <i>10AM Boxing Therapy 2PM Armchair Travels 3PM Knitting Club 7PM Cribbage Club</i>	20 <i>10AM Seated Stretch 2PM Psychic Medium Deb Raymond 3PM Wii Bowling 6:30PM Card Games</i>	21 <i>9:30AM Coffee &amp; Donuts 2PM Parlor Games 7PM Movie</i>	22 <i>2PM Bingo</i>	
23 <i>1PM Scrabble Grp</i>	24 <i>10AM Seated Stretch 2PM Catholic Mass 3PM Old Movie Monday</i>	25 <i>10AM Balance Training 2PM Tech Tuesday 3PM Knitting Club 4PM The Odd Couple</i>	26 <i>10AM Boxing Therapy</i> <b>2PM Monthly B-Day Party with Music by Caryl</b> <i>3PM Knitting Club 7PM Cribbage Club</i>	27 <i>10:15AM Zumba 2PM Team Trivia 3PM Wii Bowling 6:30PM Card Games</i>	28 <i>9:30AM Coffee &amp; Donuts 2PM Parlor Games 7PM Movie</i>	29 <i>2PM Bingo</i>	
30 <i>1PM Scrabble Grp</i>	31 <i>10AM Seated Stretch 2PM You Be the Judge 3PM Old Movie Monday</i>	<b>Program is subject to occasional &amp; unforeseen changes. Changes will be posted in lighted board in lobby next to large calendar.</b>					