



July Birthdays



Shirley E. 7/7

Arnold M. 7/9

Neil M. 7/10

Nancy C. 7/20

Janet R. 7/20

Maynard J. 7/22

Alan B. 7/24

Lois J. 7/27

Niel J. 7/28

Donna C. 7/30



July Trivia:

1957 American Bandstand debuted

Famous Seniors:

When this 78 year old's fingers became too stiff to hold a needle to embroider on canvas, she began to paint in oils. These brightly-colored paintings of rural America became popular.

-ANNE MARY MOSES or GRANDMA MOSES

Dog Days of Summer: July 3 – August 11

Puzzle of the Month: What goes up the hill, down the hill, and yet stands still?

-A road!

Community Information

Please remember if you have a vehicle that you are not using during the week make sure you are parking it away from building where other residents can have closer access to the building.

Due to the Covid -19 numbers in the state our activity calendar is not going to have a lot of activities for the month of July.

I realize that all the residents are wanting to get back to their regular activities and routine. Our first concern is for all the residents safety during the virus.

Please feel free to give me ideas and suggestions for activities that can be done with practicing social distancing. I would like to thank all of you for your patience over the last four months.

Cindy Collins

4th Of July Maze

Start at the beginning and make your way to the end of the maze.



www.morethanamonoffree.com

CELEBRATE **Fourth of July** AMERICA!

W H I T E F I R E W O R K S F O O D B B Q P A T R I O T I C S T A R S P O P S P A R K L E J U L Y I N D E P E N D E N C E B O O M



THE SPRINGS

The Springs

July

2020

“Come as strangers, live as friends”

Fourth of July Word Scramble

Unscramble the words, then use the highlighted letters to write out the scrambled secret message.

ASTSET							
ENDDEEPPNICN							
DEARAP							
LUEB							
TENIUD							
TWEHI							
AEQTIULY							
ERIRFKWOS							
ARLANCDITEO							
FDREOME							
DER							
ILBEYTR							

COMMUNITY INFORMATION

COMMUNITY MANAGER:

CINDY COLLINS
(816) 886-2166

MAINTENANCE TECH:

DEWAYNE PIERCE (816)
266-2379

MANAGER EMAIL:

MANAGERINDEPENDENCE@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO **RM12 HOLDINGS**

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



Quote of the Month: “A swam of bees in May is worth a load of hay, a swarm of bees in June is worth a silver spoon, but a swarm of bees in July is not worth a fly.” Proverb

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Canada Day – “O” Canada! 11am-Dance Exercise 2pm– Connect Quest	2 11am-Seated Stretch 2pm– BINGO	3 Office Closed	4 Independence Day 
5 Full Moon	6 11am-Tai Chi 2pm– Scholar Hour	7 National Strawberry Sundae Day 11am-Balance Training 2pm– Building Walk	8 11am-Dance Exercise 2pm– Connect Quest	9 11am-Seated Stretch 2pm– BINGO 2:30 Bowling	10 9:00 am– Coffee Hour 11am-Exerpath 2pm– Mindful Moments	11
12	13 International Puzzle Day & Barbershop Music Appreciation Day 11am-Tai Chi 2pm– Scholar Hour	14 Chick-Fil-A Cow Appreciation Day 11am-Balance Training 2pm– Building Walk	15 11am-Dance Exercise 2pm– Connect Quest	16 11am-Seated Stretch 2pm– BINGO 2:30 Bowling	17 65th Anniversary of Opening Disneyland 9:00 am-Coffee Hour 11am– Exerpath 2pm– Mindful Moments	18
19 National Ice Cream Day	20 11am-Tai Chi 2pm– Scholar Hour	21 11am-Balance Training 2pm– Building Walk	22 National Hot Dog Day 11am-Dance Exercise 2pm– Connect Quest	23 Gorgeous Grandma Day & Hula Hoop Day 11am-Seated Stretch 2pm– BINGO 2:30 Bowling	24 9:00am– Coffee Hour 11am-Exerpath 2pm– Mindful Moments	25 National Wine & Cheese Day and National Hot Fudge Sundae Day
26	27 11am-Tai Chi 2pm– Scholar Hour	28 11am-Balance Training 2pm– Building Walk	29 11am-Dance Exercise 2pm– Connect Quest	30 11am-Seated Stretch 2pm– BINGO 2:30 Bowling	31 9:00 am– Coffee Hour 11am-Exerpath 2pm– Mindful Moments	