

### July Birthdays



Shirley &. 7/7

Arnold M. 7/9 Neil M. 7/10

Nancy C. 7/20

Janet R. 7/20

Maynard 3. 7/22

Plan B. 7/24

Lois G. 7/27

Niel G. 7/28





### **Community Information**

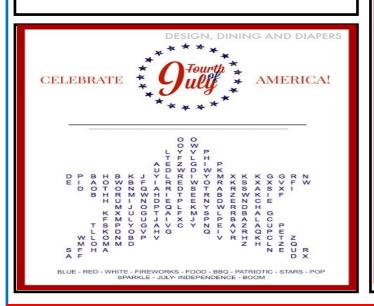
Please remember if you have a vehicle that you are not using during the week make sure you are parking it away from building where other residents can have closer access to the building.

Due to the Covid -19 numbers in the state our activity calendar is not going to have a lot of activities for the month of July.

I realize that all the residents are wanting to get back to their regular activities and routine. Our first concern is for all the residents safety during the virus.

Please feel free to give me ideas and suggestions for activities that can be done with practicing social distancing. I would like to thank all of you for your patience over the last four months.

Cindy Collins



### July Trivia:

1957 American Bandstand debuted

#### Famous Seniors:

When this 78 year old's fingers became too stiff to hold a needle to embroider on canvas, she began to paint in oils. These brightly-colored paintings of rural America became popular.

-ANNE MARY MOSES or GRANDMA MOSES

Dog Days of Summer: July 3 – August 11

**Puzzle of the Month:** What goes up the hill, down the hill, and yet stands still?

-A road!





THE SPRINGS

## COMMUNITY INFORMATION

### COMMUNITY MANAGER:

CINDY COLLINS (816) 886-2166

### MAINTENANCE TECH:

DEWAYNE PIERCE (816) 266-2379

### MANAGER EMAIL: MANAGERINDEPEND-ENCE@CALAMAR. COM

RENT IS DUE TO THE OF-FICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO RM12 HOLDINGS

PLEASE BE SURE TO WRITE YOUR APART-MENT # IN THE MEMO LINE OF YOUR CHECK.





# The Springs



"Come as strangers, live as friends"

*	× Fourth	of July Word Scramble 🔌 🎮
	Uncoramble the words, the secret message.	on use the highlighted letters to write out the scrambled
***	ASTSET	
	DEARAP	
	LUEB TENIUD	
	TWEHI	
	AEQTIULY ERIRFKWOS	
	ARLANCDITEO	
	FDREOME DER	
	ILBEYTR	**
		*

Quote of the Month: "A swam of bees in May is worth a load of hay, a swarm of bees in June is worth a silver spoon, but a swarm of bees in July is not worth a fly." Proverb

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	7 1			1 Canada Day – "O" Canada!	2	3 Office Closed	4 Independence Day
	ww			11am-Dance Exercise	11am-Seated Stretch	office closed	Hoppy
	2020			2pm– Connect Quest	2pm- BINGO		4this -
5	Full Moon	6	7 National Strawberry Sundae Day	8	9	10	11
		11am-Tai Chi	11am-Balance Training	11am-Dance Exercise	11am-Seated Stretch	9:00 am— Coffee Hour	
		2pm– Scholar Hour	2pm– Building Walk	2pm– Connect Quest	2pm- BINGO	11am-Exerpath	
					2:30 Bowling	2pm– Mindful Moments	
12		13 International Puzzle Day & Barbershop Music Appreciation Day	14 Chick-Fil-A Cow Appreciation Day	15	16	17 65th Anniversary of Opening Disneyland	18
		11am-Tai Chi	11am-Balance Training	11am-Dance Exercise	11am-Seated Stretch	9:00 am-Coffee Hour	
		2pm– Scholar Hour	2pm– Building Walk	2pm– Connect Quest	2pm- BINGO	11am- Exerpath	
					2:30 Bowling	2pm– Mindful Moments	
19	National Ice Cream Day	20	21	22 National Hot Dog Day	23 Gorgeous Grandma Day & Hula Hoop Day	24	25 National Wine & Cheese Day and
		11am-Tai Chi	11am-Balance Training	11am-Dance Exercise	11am-Seated Stretch	9:00am – Coffee Hour	Cheese Day and National Hot Fudge Sundae Day
		2pm– Scholar Hour	2pm– Building Walk	2pm– Connect Quest	2pm- BINGO	11am-Exerpath	
					2:30 Bowling	2pm– Mindful Moments	
26		27	28	29	30	31	
		11am-Tai Chi	11am-Balance Training	11am-Dance Exercise	11am-Seated Stretch	9:00 am- Coffee Hour	(- (-)
		2pm– Scholar Hour	2pm– Building Walk	2pm– Connect Quest	2pm- BINGO	11am-Exerpath	Connectati
					2:30 Bowling	2pm– Mindful Moments	Connect55+