Pumpkin Trivia

Pumpkins are grown on six of the seven continents, with Antarctica being the sole exception.

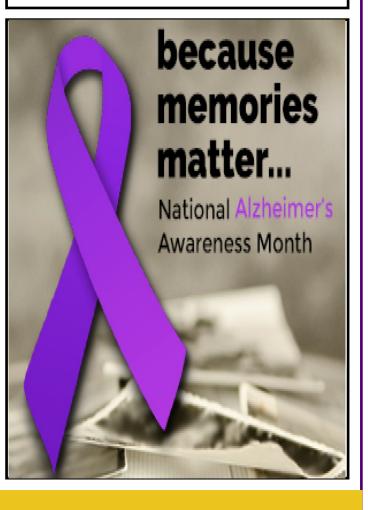




You are cordially invited to a **Give Thanks Pot Luck Lunch** Harrison Heights will be providing **Fried Chicken and Pumpkin Pie Birthday Party too!!!!!!** Thursday, November 21, 2019 12:00 Noon Sign-up in the mail room



Veteran's Day Monday, November 11, 2019 **Donuts and Coffee Donuts Provided by Hillcrest Health Center** All Invited Veterans will be honored and pinned! 10:00AM If you are a Veteran please Sign-up in the mail room With Branch of Service and years served!

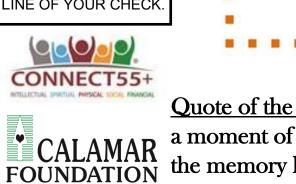




"Come as

For the rose

For the frier



rison Happenings
November
e as strangers, live as friends"
Giving Thanks (Author Unknown)
For the hay and the corn and the wheat that is reaped, For the labor well done, and the barns that are heaped, For the sun and the dew and the sweet honeycomb, for the rose and the song and the harvest brought home – Thanksgiving!
For the trade and the skill and the wealth in our land, For the cunning and strength of the workingman's hand, For the good that our artists and poets have taught, for the friendship that hope and affection have brought – Thanksgiving!
For the homes that with purest affection are blest, For the season of plenty and well-deserved rest, For our country extending from sea unto sea; The land that is known as the "Land of the Free" — Thanksgiving!
Happy Thanksgiving

Quote of the Month: "An act of kindness may take only a moment of our time, but when captured in the heart, the memory lives forever." Molly Friedenfeld

Sun	Mon	Tue	Wed	Thu	Fri	Sat
N	oveml	Der 2019	Alzheimer's Awareness Month	Thank You VETERANS	1 WEAR PURPLE Coffee and Rolls 10:00A Simply Stretch Chair Dancing 11:00AM Cards 1:00PM	2 Nebraska Vs. Purdue 11:00AM
3 Daylight Savings Ends SUNDAY NIGHT AT THE MOVIES 6:00PM Can you keep a secret	4 National Candy Day Biography and Writing Class 3:00pm Cards 6:00PM Pitch or whatever	5 Election Day You Be The Judge 2:00PM Simply Stretch Chai Dancing 3:30PM Meditation 4:00PM	6 Coffee Talk 8:00AM EXERCISE 10:00A.M. Wii Bowling 2:00PM BINGO 6:30PM	7 Coffee Talk 8:00AM Jeopardy 11:00AM CRAFTS AND COLORING 1:00PM MEXICAN DOMINOS 3:00PM	8 WEAR PURPLE Coffee and Rolls 10:00A Simply Stretch Chair Dancing 11:00AM Cards 1:00PM	9 Poker and Games 6:00PM
10 SUNDAY NIGHT AT THE MOVIES 6:00PM Head full of Honey	11 Veteran's Day Book Club Cancelled Veteran's Day Donuts and Coffee All Invited Veterans will be honored and pinned! 10:00AM	12 Full Moon/Beaver Moon You Be The Judge 2:00PM Simply Stretch Chai Dancing 3:30PM Meditation 4:00PM	13 World Kindness Day Coffee Talk 8:00AM EXERCISE 10:00A.M. Wii Bowling 2:00PM BINGO 6:30PM	14 World Diabetes Day Coffee Talk 8:00AM Jeopardy 11:00AM CRAFTS AND COLORING 1:00PM MEXICAN DOMINOS 3:00PM	15 WEAR PURPLE CALAMAR FOUNDATION Coffee and Rolls 10:00A Activities Meeting Simply Stretch Chair Dancing 11:00AM Cards 1:00PM	16 Nebraska Vs Wisconsin TBA
17 SUNDAY NIGHT AT THE MOVIES 6:00PM Ophelia	18 Mickey Mouse's 91st Bday Biography and Writing Class 3:00pm Cards 6:00PM Pitch or whatever	19 You Be The Judge 2:00PM Simply Stretch Chai Dancing 3:30PM Meditation 4:00PM	20 Coffee Talk 8:00AM EXERCISE 10:00A.M. Wii Bowling 2:00PM BINGO 6:30PM	21 Thanksgiving Pot Luck 12:00Noon Harrison Heights Providing Fried Chicken and Pumpkin Pie Birthday Celebration too! Sign-up in Mailroom	22 WEAR PURPLE CALAMAR FOUNDATION Coffee and Rolls 10:00A Simply Stretch Chair Dancing 11:00AM Cards 1:00PM	23 Nebraska Vs. Maryland TBA
24 SUNDAY NIGHT AT THE MOVIES 6:00PM Wish Man	25 National Parfait Day Biography and Writing Class 3:00pm Cards 6:00PM Pitch or whatever	26 You Be The Judge 2:00PM Simply Stretch Chai Dancing 3:30PM Meditation 4:00PM	27 Coffee Talk 8:00AM EXERCISE 10:00A.M. Wii Bowling 2:00PM BINGO 6:30PM	28 Thanksgiving Happy Jonksgiving OFFICE CLOSED	²⁹ Black Friday Office Closed! Nebraska Vs. Iowa 1:30PM	30 Small Business Saturday Poker and Games 6:00PM