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Happy Holidays To Everyone!

During this joyous season let us not forget those less fortunate. Please participate in the annual Harrison Heights Senior Village Food Drive to benefit the Tri-City Food Pantry from Monday, December 10th to Thursday, December 20th. The Tri-City Food Pantry serves the communities of LaVista, Ralston, Papillion and surrounding areas. ITEMS RECOMMENDED TO DONATE Sloppy Joe Mix **Canned Pasta** Pudding Peanut Butter and Jelly **Muffin Mix Chunky Soups** Pasta Sides **Rice Sides Potato Sides** Chili Paper Towels Deodorant Laundry Detergent Kleenex Dish Soap (12oz or smaller) Thanks for your help this season! Steve Rothenberg

**CORNERSTONE CHURCH** SATURDAY, DECEMBER 15, 2018 5:00PM FOR FELLOWSHIP AND FUN THE CHURCH WILL BE PROVIDING **SLOPPY JOES TO EVERYONE** PLEASE BRING SIDES AND DESSERTS THERE WILL BE GAMES AND CHRISTMAS CAROLING SIGN-UP IN THE MAILROOM HARRISON HEIGHTS COMMUNITY ROOM THE SHE

JOIN

HOLIDAY AND BIRTHDAY PARTY レズレズレズ **POTLUCK SUPPER** THURSDAY, DECEMBER 20, 2018 6:00PM HOLIDAY ENTERTAINMENT SINGER EXTRODINAIRE EMMA LIN HEYEN Harrison Heights is providing the ham! Sign-up in the mail room

Third Tuesday of the month 10:00AM For Veterans Only Join us for a Continental Breakfast and fellowship! At times there will be guest speakers and other events. All Veterans lets get together and break bread and plan events that honor our Veterans and their Widows or Widowers



Do you have questions, suggestions, or want to Share concerns or compliments regarding the Connect55+ program? The Connect55+ Director is Mary Beth MacClaren and you can reach her at the main office in Buffalo, NY at 716-946-6444 or 716-693-8439 She Welcomes your feedback!

The following are the new programs that have been added throughout all our communities.

Monday 1:00PM: Mindful Coloring, relax and get ready for the Chair Yoga at 2:00PM Tuesday 2:00PM: Movie Matinee, in addition to Sunday movies Wednesday 1:00PM: You be the Judge, a new time slot and we are going to share more cases with other communities so we can always have something fresh! Wednesday 9:30AM: Coffee and Cash, we will get together clip coupons, get financial tips from special speakers and find ways to save and get free things! Thursday 11:00AM: Brain Health: Crosswords, Scrabble, Meditation or music to keep your mind sharp! Join us for the fun!

Thursday-3:00PM: Mocktails a different drink featured every week!

Friday-11:00AM- Trivia and Reminiscing after coffee and rolls.



### Office Information

**Community Manager Steve Rothenberg** 402-933-8080 **7544 Gertrude Street** La Vista. NE 68128 **Connect 55+ Coordinator Steve Rothenberg** 

Maintenance Technicians Jordan Roche

**Office Hours:** 

402-933-8080

After Hours Maintenance **Emergencies please call** 



The Calamar Foundation partners with our local residents and our local chapters of the Alzheimer's Association, The American Cancer Society, and The American Heart Association to give back to the community in which we live and do business. For more information about donating, please see Steve.

# Harrison Heights Happenings

## November 2018

# Manager's Corner.....







# **December 2018**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
CONNECT55+ HTTELISCTURE EMPERAL SOCIAL PRIMACAL	<ul> <li>+ Intellectual</li> <li>+ Spiritual</li> <li>+ Physical</li> <li>+ Social</li> <li>+ Financial</li> </ul>	CALAMAR FOUNDATION	TRI-C	HEIGHTS SENIOR VILLAGE ITY FOOD PANTRY FOOD DRIVE CEMBER 10TH TO THE 20TH		1 Poker & + + Games 6:00PM
2 Sunday Night at the Movies The Help 6:00PM + +	3 Monday Morning Stretch 10:00AM Wellness 1:00PM Mindful Coloring 1:00PM Chair Yoga 2:00PM +++ First day of Hanukkah!	4 Movie Matinee 2:00PM Sleepless in Seattle Hand and Foot 6:00PM BIBLE CLASS 7:00PM	5 Coffee and Cash 9:30AM Exercise10:00AM You Be Judge 1:00PM Wii Bowling 2:00PM BINGO 6:30PM + + +	6 Brain Health 11:00A.M. Crafts Coloring 1:00P.M. Mexican Dominos 3:00P.M. Mocktails 3:00P.M.	<ul> <li>7 Coffee &amp; Rolls 9:00AM</li> <li>Trivia Reminiscing 11:00AM</li> <li>HEARTS 1:00PM</li> <li>+ + +</li> <li>Pearl Harbor Day</li> </ul>	8 <b>Poker</b> & + + Games 6:00PM
<ul> <li>9 Sunday Night at the Movies Under the Tuscan Sun 6:00PM</li> <li>+ +</li> </ul>	10 Monday Morning Stretch 10:00AM Wellness 1:00PM Mindful Coloring 1:00PM Chair Yoga 2:00PM + ++	11 Movie Matinee 2:00PM Seabiscuit Hand and Foot 6:00PM	12 Coffee and Cash 9:30AM Exercise10:00AM You Be Judge 1:00PM Wii Bowling 2:00PM BINGO 6:30PM + + +	13 Brain Health 11:00A.M. Crafts Coloring 1:00P.M. Mexican Dominos 3:00P.M. Mocktails 3:00P.M.	14 Coffee & Rolls 9:00AM Trivia Reminiscing 11:00AM HEARTS 1:00PM	15 Cornerstone Church Caroling and Sloppy Joe Pot Luck 5:00PM Church is providing Sloppy Joes
16 Sunday Night at the Movies Miracles from Heaven 6:00PM + +	17 Monday Morning Stretch 10:00AM Wellness 1:00PM Mindful Coloring 1:00PM Chair Yoga 2:00PM + ++	18 Veterans Breakfast 10:00AM Movie Matinee 2:00PM The Sound of Music Hand and Foot 6:00PM BIBLE CLASS 7:00PM + + + +	19 Coffee and Cash 9:30AM Exercise10:00AM You Be Judge 1:00PM Wii Bowling 2:00PM BINGO 6:30PM + + +	20 Brain Health 11:00AM Crafts Coloring 1:00PM Mexican Dominos 3:00PM Holiday & Birthday Party Pot Luck 6:00PM+ + +	21 Coffee & Rolls 9:00AM Trivia Reminiscing 11:00AM HEARTS 1:00PM + + + Happy First Day of Winter	22 Poker & + + Games 6:00PM
23 Sunday Night at the Movies North Country 6:00PM + +	24 Monday Morning Stretch 10:00AM Wellness 1:00PM Mindful Coloring 1:00PM Chair Yoga 2:00PM + ++	25 Menty Chinstings	26 Coffee and Cash 9:30AM Exercise10:00AM You Be Judge 1:00PM Wii Bowling 2:00PM BINGO 6:30PM + + +	27 Brain Health 11:00A.M. Crafts Coloring 1:00P.M. Mexican Dominos 3:00P.M. Mocktails 3:00P.M.	28 Coffee & Rolls 9:00AM Trivia Reminiscing 11:00AM HEARTS 1:00PM	29 <b>Poker</b> & + + Games 6:00PM
30 Sunday Night at the Movies Phantom of the Opera 6:00PM + +	31 Monday Morning Stretch 10:00AM Wellness 1:00PM Mindful Coloring 1:00PM Chair Yoga 2:00PM New Years Eve Appetizer Pot Luck 7:00P Sign-up in the mail room + ++	*Happy* ew Jear*				