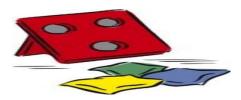


Veterans Coffee 10:00am Harrison will provide Rolls August 20, 2019



Corn Hole Game Contest
Hallway outside of the
Community Room
1:00PM
August 20, 2019



ICE CREAM SOCIAL
1:00PM
Kick Off of Celebration of
National
Senior Citizens Week!

August Lore! If the first week in August is unusually warm the coming winter will be snowy and long!

HISTORY OF NATIONAL SENIOR CITIZENS DAY

"For all they have achieved through out life and for all they continue to accomplish, we owe older citizens our thanks and a heartfelt salute. We can best demonstrate our gratitude and esteem by making sure that our communities are good places in which to mature and grow older—places in which older people can participate to the fullest and can find the encouragement, acceptance, assistance and services they need to continue to lives of independence and dignity."

Join us for special celebrations and Programs at Harrison Heights through out the week of the week of August 19th and 23rd. Look forward to seeing you all there!



National Senior Citizens Day



August Humor: When the temp reached 102. My wife's yearning for snow cones grew. "Why'd you buy only one?" My wife asked. I said, "hon, Cause I only ice for you."



Harrison Heights Senior Village

COMMUNITY INFORMATION

COMMUNITY MANAGER:

STEVE ROTHENBERG

MAINTENANCE TECH: JORDAN ROCHE

OFFICE PHONE #

402-933-8080

& AFTER HOURS EMERGENCY SERVICE #: 402-933-8080

MANAGER EMAIL:

LEASINGHARRISON@CALAMAR.COM RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO

RM9A HOLDINGS LLC

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.





Harrison Heights Happenings

August

"Come as strangers, live as friends"
National Senior Citizens Day
Pot Luck Super
Harrison Heights is providing
the main course of Fried Chicken
5:00 PM
Entertainment
and
Birthday Celebrations 6:00PM
Christine Coulson
Sign-up in mail room





Sorry there will be no BINGO that evening please join us for Senior Citizens Day Celebration

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|--|--|--|
| A | 181 | 1St | CONNECTSS+ BITTLECTER PRINTING PRINCES CALAMAR FOUNDATION | Coffee Talk 9:00AM Jeopardy 11:00AM CRAFTS AND COLORING 1:00PM MEXICAN DOMINOS 3:00PM | 2 National Coloring Book Day Coffee and Rolls 9:00A Simply Stretch Chair Dancing 11:00AM Cards 1:00PM | POKER AND GAMES 6:00pm |
| 4 National Friendship Day SUNDAY NIGHT AT THE MOVIES 6:00PM The Favourite | 5 Blood Pressure Clinic 1:00PM Take care of your heart! THE EPIC BIBLE SERIES 1:00PM Biography an Writing Class | 6 YOU BE THE JUDGE 2:00PM Simply Stretch Chair Dancing 3:30PM Meditation 4:00PM Bible Class 7:00PM | Coffee Talk 9:00AM EXERCISE 10:00A.M. Wii Bowling 2:00PM BINGO 6:30PM CALAMAR FOUNDATION | 8 Coffee Talk 9:00AM Jeopardy 11:00AM CRAFTS AND COLORING 1:00PM Knitting with Marge 1:00PM MEXICAN DOMINOS 3:00PM | 9 Smokey Bear's 75th Birthday (1944) Coffee and Rolls 9:00AM Simply Stretch Chair Dancing 11:00AM Cards 1:00PM Pitch or Hand and Foot 6:00PM | POKER AND GAMES 6:00pm |
| SUNDAY NIGHT AT THE MOVIES 6:00PM The Liesure Seeker | 12 Book Club 10:30AM THE EPIC BIBLE SERIES 1:00PM Biography and Writing Class 3:00pm Cards 6:00PM Pitch or whatever | YOU BE THE JUDGE 2:00PM Simply Stretch Chair Dancing 3:30PM Meditation 4:00PM Bible Class 7:00PM | Coffee Talk 9:00AM EXERCISE 10:00A.M. Wii Bowling 2:00PM BINGO 6:30PM CALAMAR FOUNDATION | 15 National Relaxation Day Coffee Talk 9:00AM Jeopardy 11:00AM CRAFTS AND COLORING 1:00PM MEXICAN DOMINOS 3:00PM | 16 National Tell a Joke Day Coffee and Rolls 9:00AM Simply Stretch Chair Dancing 11:00AM Cards 1:00PM Pitch or Hand and Foot 6:00PM | 17 50 th Anniversary of Woodstock (Aug 15th-18th) POKER AND GAMES 6:00pm |
| 18 SUNDAY NIGHT AT THE MOVIES 6:00PM Victoria and Abdul | 19 ICE CREAM SOCIAL 1:00PM Celebration of National Senior Citizens Week! CALAMAR Biography and Writing Class 3:00pm Cards 6:00PM Pitch or whatever | Veterans Coffee 10:00am Harrison will provide Rolls Corn Hole Game Contest Hallway outside of the Community Room 1:00PM YOU BE THE JUDGE 2:00PM Simply Stretch Chair Dancing 3:30PM Meditation 4:00PM BUNCO 6:30PM | 21 National Senior Citizens Day National Senior Citizens Day Pot Luck Super Harrison Heights is providing The main course of Fried Chicken 5:00 PM Entertainment and Birthday Celebrations 6:00PM Christine Coulson | Coffee Talk 9:00AM Jeopardy 11:00AM SENIOR COLORING 1:00PM CALAMAR Knitting with Marge 1:00PM MEXICAN DOMINOS 3:00PM | 23 Coffee and Rolls 9:00AM Special Senior Presentation By Hillcrest Health System Free Gifts presented To Seniors Simply Stretch Chair Dancing 11:00AM Cards 1:00PM Pitch or Hand and Foot | 24 POKER AND GAMES 6:00pm |
| SUNDAY NIGHT AT THE MOVIES 6:30PM Ocean's 8 | 26 National Dog Day THE EPIC BIBLE SERIES 1:00PM Biography and Writing Class 3:00pm Cards 6:00PM Pitch or whatever | YOU BE THE JUDGE 2:00PM Simply Stretch Chair Dancing 3:30PM Meditation 4:00PM Bible Class 7:00PM | Coffee Talk 9:00AM EXERCISE 10:00A.M. Wii Bowling 2:00PM BINGO 6:30PM CALAMAR FOUNDATION | 29 Coffee Talk 9:00AM Jeopardy 11:00AM CRAFTS AND COLORING 1:00PM MEXICAN DOMINOS 3:00PM | 30 Coffee and Rolls 9:00AM Simply Stretch Chair Dancing 11:00AM Cards 1:00PM Pitch or Hand and Foot 6:00PM | 31 POKER AND GAMES 6:00pm |