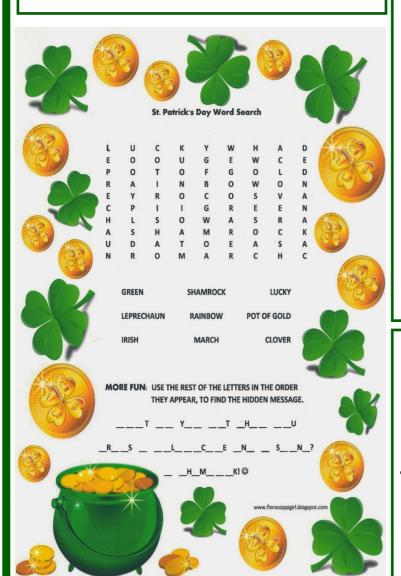
New Connect 55+ Activities

March 17th - Spaghetti Dinner at 5:30 pm bring your on place settings and drink with entertainment following .PLEASE SIGN UP so we make sure there is enough food for everyone.

I am looking for new suggestions on activities and day trips for you as spring and summer is right around the corner and it is time to start planning some fun in the sun.



Calamar Foundation

I would like to thank everyone that has participated in this great cause. I still have a few of you that have not filled out the form on this great cause, so if you could fill the form out and return it to the office it would be greatly appreciated. Any questions or concerns please do hesitate to stop by the office.

Things To Remember:

The referral program is a great way for you to earn \$500.00 toward your rent, so please let your family and friends know about the great life style you live here at **Grandview Terrace.**

You must put your trash in a trash bag and tied up. If you have boxes they must be broken down and put in the blue bins on the first floor trash rooms.

March Fun Facts

- March is Women's History Month!
- Josephine Cochrane invented the dishwasher in 1886
- **March is National Pothole Month**
- Did you Know: Davy Crockett was an **Irish American**

3/1 - 3/7 NATIONAL PROCASTINATION WEEK





Grandview Terrace

COMMUNITY INFORMATION

COMMUNITY MANAGER: MARY **NICHOLLS**

MAINTENANCE TECH: JUSTIN HACKETT

OFFICE PHONE # 585-558-4022 **& AFTER HOURS EMERGENCY SERVICE** #: 585-310-3991

MANAGER EMAIL: MANAGERGRANDVIEW-**TERRACE** @CALAMARCOM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH, RENT CHECKS CAN BE MADE **OUT TO RM4 HOLD-**

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



Great View



"Come as strangers, live as friends"





Quote of the Month: "This life is yours. Take the power to choose what you want to do and do it well. Take the power to love what you want in life and love it honestly. Take the power to walk in the forest and be a part of nature. Take the power to control your own life. No one else can do it for you. Take the power to make your life happy." -- Susan Polis Schutz

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	10 am- Stretch Exercise 1 pm- Puzzle Social 6 pm- Walk & Talk Club CALAMAR FOUNDATION	3 National I Want You to be Happy Day 10 am- Exercise with Richard Simons DVD 1 pm- Coffee & Tea Social	10 am- Stretch Exercise 1 pm- Game Day 1:30 pm- Bible Study 3 pm- Shuffleboard 6 pm- Euchre	10 am– Exercise with Richard Simons DVD 1 pm– Crafts 2 pm– Billiards 3 pm– Bingo	10 am- Coffee & Donuts 11 am- Stretch Exercise 1 pm- Coloring Club 2 pm—Trivia 6 pm- LRC Dice Game	7
8 Daylight Saving Time Begins	9 Full Moon/ National Napping Day 10 am- Stretch Exercise 1 pm- Puzzle Social 6 pm- Walk & Talk Club	10 Jewish Purim begins at sunset on March 9th 10 am- Exercise with Richard Simons DVD 10 am- Card Making Class 1 pm- Coffee & Tea Social CALAMAR FOUNDATION	11 10 am- Stretch Exercise 1 pm- Game Day 1:30 pm- Bible Study 3 pm- Shuffleboard 6 pm- Euchre	12 10 am- Exercise with Richard Simons DVD 2 pm- Billiards 6 pm- Movie Night- The Longest Ride	13 10 am- Coffee & Donuts Guess Speaker-Sue Schell RD/CDN/CDF On Kidneys & Diet 11 am- Stretch Exercise 1 pm- Coloring Club 6 pm- LRC Dice Game	14 Pi Day
15	10 am- Stretch Exercise 1 pm- Puzzle Social 6 pm- Walk & Talk Club	17 ST. PATRICKS DAY 10 am- Exercise with Richard Simons DVD 1 pm- Coffee & Tea Social 5:30 pm- Spaghetti Dinner Bring your owe place setting and drink/Entertainment	18 10 am- Stretch Exercise 1 pm- Game Day 1:30 pm- Bible Study 3 pm- Shuffleboard 6 pm- Euchre	19 SPRING BEGINS! 10 am- Exercise with Richard Simons DVD 1 pm- Crafts 2 pm- Billiards 3 pm- Bingo CALAMAR FOUNDATION	20 10 am- Coffee & Donuts 11 am- Stretch Exercise 1 pm- Coloring Club 2 pm—Trivia 6 pm- LRC Dice Game	21
22	10 am- Stretch Exercise 1 pm- Puzzle Social 6 pm- Walk & Talk Club	24 10 am- Exercise with Richard Simons DVD 1 pm- Coffee & Tea Social 3 pm-Connect 55+ Activity Meeting	25 10 am- Stretch Exercise 1 pm- Game Day 1:30 pm- Bible Study 3 pm- Shuffleboard 6 pm- Euchre CALAMAR FOUNDATION	26 Opening Day of Baseball 10 am- Exercise with Richard Simons DVD 2 pm- Billiards 6 pm- Movie Night- Aloha	27 10 am- Coffee & Donuts 11 am- Stretch Exercise 1:00 pm- Coloring Club 6 pm- LRC Dice Game	28
29 National Vietnam War Veterans Day	10 am- Stretch Exercise 1 pm- Puzzle Social 6 pm- Walk & Talk Club	31 10 am- Exercise with Richard Simons DVD 1 pm- Coffee & Tea Social 6:30 pm- Birthday & Anniversary celebration				CONNECTSS+ antillectual south paracoal

• CALAMAR FOUNDATION

2020