

Do you Know?

To keep the winter blues at bay, spend at least five to 10 minutes outside



even when it is overcast. When people see natural light, it increases levels of serotonin which keeps mood on an even keel.

Canned Food Sculpture Competition

Join in the fun while helping those in need in are local food bank, food pantry or shelter we will be collecting canned goods and planning the sculpture design on **January 16, 2020 at 10 am in the community room**, so bring your imagination and join us for the fun as we plan for the sculpture that we will build for the competition begins Feb. 3, 2020 ends Feb.21, 2020.

Judging will take place

February 24-27th, 2020

Winner Announced February 28, 2020

Calamar Foundation

As you are all aware of this foundation that Calamar has partnered with three organizations. I am asking for a \$12 donation per apartment to help with the research of these terrible diseases that hits our families in one way or other.

Calamar will match dollar to dollar for every dollar we raise as a community. No cash only checks made out to **Calamar Foundation** if you have any questions please call or stop by the office.

Things To Remember:

No open flames of any kind allowed in the apartment or on the patio/balcony of any kind it's for you and your neighbors safety.

As the snow season is here we are going to need your help by moving your cars in the parking lot when the snow plow company is here to clear the parking lot for you. So please do your part and move your car.

Are referral program is still in place for you to have the opportunity to earn a \$500.00 credit on your rent so don't forget to tell your friends and family about the life style you are living here at Grandview Terrace.

New Connect 55+ Activities

Movie Night– Every other Thursday at 6 pm in media room.

Euchre– Wednesday evening a 6 pm in the game room.

Billiards– Thursday at 2 pm in the billiards room

Coloring Club- Friday a 1 pm in the craft room

Shuffleboard– Wednesday a 4 pm in the game room.

Bingo– The 2nd and 4th Thursday of the month at 4 pm in the community room.

Wii Bowling– Every other Thursday at 3 pm in the community room.

New Year's Superstitions: Don't sweep the floor during the first day of the new year. You may sweep out the good fortune.



Grandview Terrace

COMMUNITY INFORMATION

COMMUNITY MANAGER: MARY NICHOLLS

MAINTENANCE TECH: JUSTIN HACKETT

OFFICE PHONE # 585-558-4022 & AFTER HOURS EMERGENCY SERVICE #: 585-310-3991

MANAGER EMAIL: MANAGERGRANDVIEW-TERRACE@CALAMAR.COM
RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO **RM4 HOLD-ING,LLC**

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



Great View







JANUARY

2020

“Come as strangers, live as friends”



Quote of the Month: “Hate cannot drive out hate. Only love can do that.” - Martin Luther King, Jr.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 New Year's Day Office Closed	2 2 pm– Billiards 3 pm– Wii Bowling 6 pm– Movie Night-	3 10 am– Coffee & Donuts 1 pm– Coloring Club 6pm– LRC Dice Game	4
5	6 9:10 am– Yoga 1:30 pm till 3:30-Aging Mastery Program 	7 1:30 pm till 3:30-Aging Mastery Program	8 Elvis Presley's Birthday 1 pm– Game Day 1:30 pm– Bible Study 4 pm– Shuffleboard 6 pm– Euchre	9 1 pm– Crafts 2 pm– Billiards 4 pm– Bingo	10 Full Moon/Winter Moon National Volunteer Fireman's Day 10 am– Coffee & Donuts 1 pm– Coloring Club 2:30 pm– Trivia 6pm– LRC Dice Game	11
12	13 9:10 am Yoga 1:30 pm till 3:30-Aging Mastery Program	14 10 am– Card Making Class 1:30 pm till 3:30-Aging Mastery Program 	15 1 pm– Game Day 1:30 pm– Bible Study 4 pm– Shuffleboard 6 pm– Euchre	16 10 am– Can Sculpture Planning and Connect 55+ Meeting 2 pm– Billiards  3 pm– Wii Bowling 6 pm– Movie Night	17 10 am– Coffee & Donuts 1 pm– Coloring Club 2 pm—Karaoke 6pm– LRC Dice Game	18
19	20 Martin Luther King, Jr. Day 9:10 am Yoga 1:30 pm till 3:30-Aging Mastery Program	21 National Hugging Day 1:30 pm till 3:30-Aging Mastery Program	22 1 pm– Game Day 1:30 pm– Bible Study 4 pm– Shuffleboard 6 pm– Euchre 	23 1 pm– Crafts 2 pm– Billiards 4 pm– Bingo	24 National Compliment Day 10 am– Coffee & Donuts 1 pm– Coloring Club 6pm– LRC Dice Game	25 Chinese New Year Begins/The Year of the Rat National Irish Coffee Day The Great Fruitcake Toss
26	27 9:10 am Yoga 1:30 pm till 3:30-Aging Mastery Program	28 1:30 pm till 3:30-Aging Mastery Program 6:30 pm– Birthday & Anniversary celebration 	29 National Puzzle Day 1 pm– Game Day 1:30 pm– Bible Study 4 pm– Shuffleboard 6 pm– Euchre	30 2 pm– Billiards 3 pm– Wii Bowling 6 pm– Movie Night	31 10 am– Coffee & Donuts 1 pm– Coloring Club 2:30 pm– Trivia 6pm– LRC Dice Game	