



Mark your calendar for Seaberts Farmers' Market !! Wednesday October 3rd from 11am-1pm in front of Forestview Seaberts will be here with fresh fruits, vegetables, pumpkins and mums!!

If you have a submission for publication in the newsletter, please drop it off to Karen by the 15th of the month.



Birthdate	Resident	Apt. #
10/8	Pat S.	328
10/15	Helen B.	235
10/17	Arlene F.	201
10/30	Richard M.	319

OCTOBER PRESENTATIONS

- Medicare Open Enrollment:: 10/1 2pm
- Seaberts Farmers Market: 10/3 11am
- Greg Kinal Presents: 10/3 4pm
- Wurlitzer Flu Clinic : 10/3 10am
- Splash on Canvas: 10/10 11am
- Chef Ben Demo: 10/11 & 10/18 1pm
- October Dinner: 10/22 4:30pm
- American Heart Association:10/24 Hands only CPR1pm
- Woodbury Vineyards: 10/25 3pm Wine Tasting

Extra Information:

Don't forget to donate a bag of candy for our Halloween treat bags donation accepted at the office..Thank you!!

*Tom Bender Live 10/1 at 3pm

On Tuesdays @ 2pm Matinee Movies will begin. Please sign up , seating is limited. We will select the movies for the month on Tuesday 10/9/2018.

Don't forget *Just Pizza* \$10 pizza deal on 10/8 & 10/15 4pm

Fill the candy bags on 10/23 @ 2pm

Stampin Up card making & give aways 10/24 10:30am



Office Information

Community Manager
Mary Beth MacClaren
716-693-8439

Connect 55+ Coordinator
Karen

Maintenance Technicians
Art and Kevin

Office Hours:
Monday-Friday 8:30-5pm
Saturday by appointment

After Hours Maintenance Emergencies please call
716-693-8439

managerforestview@calamar.com

**FORESTVIEW FLASH
Forestview Active Living**

October 2018

**Manager's
Corner...**

Halloween

Boo! October is such a fun month! We will be having our annual "Boo Your Neighbor" event starting on the 1st, so watch your door for a visit from the ghouls!

We will also be having our second annual Family Halloween Party including a return visit from Nick the Magician. A very special event will be held at the end of the month- we are having a formal Welcome Home pinning ceremony for our Vietnam Veterans. We will be inviting the whole community to attend the ceremony following the breakfast this month. This month we will schedule our Fall fire drill and safety meeting. And, as always, the calendar is packed with events to fill the days and evenings.

Mary Beth

October is Breast Cancer Awareness Month

In honor of those we have lost, known or those who have survived breast cancer; we will be wearing pink on Friday, October 12 and again on October 26.

*Breast Cancer effects both men and women.

*Approximately every 2 minutes a woman is diagnosed with Breast Cancer.

*Over 3.3 million breast cancer survivors are alive in the United States today.



The Calamar Foundation partners with our local residents and our local chapters of the Alzheimer's Association, The American Cancer Society, and The American Heart Association to give back to the community in which we live and do business. Check out thermometer, and watch the donations rise!! For info on becoming a Foundation Donor, please see Mary Beth.

Sunday

Monday









Tuesday

Wednesday

Thursday

Friday

Saturday

	<p>1 10:00am Yoga w Kandy ++ 11:15 Outside Games ++ 12 Poker- All welcome + 2pm Medicare/Enrollment ++ 3pm Tom Bender Live ++ 6pm 65/ Pay Me + 6pm 65/Pay Me! +</p>	<p>2 9:00 Mahjongg + 11am Let's Walk +++ 1:30 Community Art +++ 2:30pm Garden Club +++ 4pm Open Gym + 6:30pm Bingo + </p>	<p>3 9:15 Coffee Hour + 10am Wurlitzer Flu Clinic ++ 11am Seabert Farmers ++ 12:30 Communion w Helen + 1pm You Be the Judge ++ 4pm Greg Kinal Presents ++ 6pm Euchre/Dominos/65 +</p>	<p>4 9:00am Mahjongg + 11am Word Games ++ 1pm You Be the Judge ++ 3pm Mocktails + 4:30pm Matty's Dinner ++ 6pm 65 or Pay Me +</p>	<p>5 10am Coffee & Donuts + 11am Reminisce + 12:30 Exercise w/ Eric ++ 1pm Ecumenical Service + 2pm BUNCO + 6pm Poker/65/Poker +</p>	<p>6 65/Pay Me—6pm +</p>
<p>7 1pm Bills vs Titans + Bingo-6:30pm +</p>	<p>8 Columbus Day 10am Stretch w Karen ++ 11:15 Outside Games ++ 12 Poker- All welcome + 2pm Wii Bowling ++ 3pm Trivia Challenge ++ 4pm Just Pizza ++ 6pm 65/Pay Me +</p>	<p>9 9:00 Mahjongg + 11am Meditation/Reiki +++ 1:30 Community Art +++ 2:00pm Matinee Movie +++ 4pm Open Gym + 6:30pm Bingo + </p>	<p>10 9:15 Coffee Hour + 11am Splash /Canvas +++ 12:30 Communion w Helen + 1pm You Be Judge ++ 3pm Rosary + 6pm Euchre/Dominos/65 +</p>	<p>11 9:00am Mahjongg + 11am Word Games ++ 1pm Chef Ben Demo ++ 3pm Mocktails + 4:30pm Matty's Dinner ++ 6pm 65 or Pay Me +</p>	<p>12 10am Coffee & Donuts + 11am Reminisce + 12:30 Exercise w/ Eric ++  2pm BUNCO + 6pm Poker/65/Poker + Breast Cancer Awareness Wear Pink Today!!</p>	<p>13 65/Pay Me—6pm +</p>
<p>14 1pm Bills vs Texans + Bingo-6:30pm +</p>	<p>15 10:00a Stretch w Karen ++ 11:15 Outside Games ++ 12 Poker- All welcome + 2pm Wii Bowling ++ 3pm Trivia Challenge ++ 4pm Just Pizza ++ 6pm 65/Pay Me! +</p>	<p>16 9:00 Mahjongg + 11am Let's Walk +++ 1:30 Community Art +++ 2:00pm Matinee Movie +++ 3:30pm Chess/ Mary Beth ++ 4pm Open Gym + 6:30pm Bingo +</p>	<p>17 9:15 Coffee Hour + 11am Stretch w Karen ++ 1pm You Be The Judge ++ 3pm Mass w Ft. Steve + 4pm Stretch w Karen ++ 6pm Euchre/Dominos/65 +</p>	<p>18 9:00am Mahjongg + 11am Word Games ++ 1pm Communion/D.Finn + 3pm Mocktails + 4:30pm Matty's Dinner ++ 6pm 65 or Pay Me </p>	<p>19 10am Coffee & Donuts + 11am Card Making/Mary Beth 11am Reminisce + 12:30 Exercise w/ Eric + 2pm BUNCO + 6pm Poker/65/Poker +</p>	<p>20 65/Pay Me—6pm +</p>
<p>21 1pm Bills vs Colts + Bingo-6:30pm +</p>	<p>22 10:00am Stretch w Karen ++ 11:15 am Outdoor Games ++ 12 Poker- All welcome + 2pm Wii Bowling ++ 3pm Trivia Challenge ++ 4:30 October Dinner ++ 6pm 65/Pay Me! +</p>	<p>23 9:00 Mahjongg + 11am Let's Walk! +++ 11am Meditation/Reiki +++ 1:30 Community Art +++ 2:00 Treat Bags / Candy + 4pm Open Gym + 6:30pm Bingo +</p>	<p>24  9:15 Coffee Hour + 10:30am Stampin Up/Give Away ++ 12:30 Communion w Helen + 1pm Hands Only CPR ++ 3pm Mass w Ft. Steve + 6pm Euchre/Dominos/65 +</p>	<p>25 9:00am Mahjongg + 11am Word Games ++ 1:30pm You Be the Judge + 3pm Woodbury Vineyards - Wine Tasting ++ 4:30pm Matty's Dinner ++ 6pm 65 or Pay Me +</p>	<p>26 10am Coffee & Donuts + 11am Reminisce + 12:30 Exercise w/ Eric +  2pm BUNCO + 6pm Poker/65/Poker + Breast Cancer Awareness Wear Pink Today!!</p>	<p>27 65/Pay Me—6pm +</p>
<p>28 Bingo-6:30pm +</p>	<p>29 10:00am Yoga w Kandy ++ 11:15 Outside Games ++ 12 Poker- All welcome + 2pm Wii Bowling ++ 3pm Trivia Challenge ++ 6pm Halloween Party/Magic Show + 6pm 65/Pay Me! +</p>	<p>30 9:00 Mahjongg + 10am Veteran Special Event ++ 11am Let's Walk +++ 1:30 Community Art +++ 2:00pm Matinee Movie +++ 4pm Open Gym + 6:30pm Bingo +</p>	<p>31  9:15 Coffee Hour + 11am Stretch w Karen ++ 12:30pm Comm/Helen + 1pm You Be the Judge ++ 3pm Cider and Donuts/ Bday Party + 6pm Euchre/Dominos/65 +</p>	<p>+ Intellectual + Spiritual + Physical + Social + Financial</p>	