

### October Birthdays

| Birthdate | Resident  | Apt. # |
|-----------|-----------|--------|
| 10/1      | Dale S.   | 224    |
| 10/5      | Ginny G.  | 359    |
| 10/6      | Jarred A. | 226    |
| 10/8      | Char G.   | G24    |
| 10/11     | Elaine H. | 346    |
| 10/13     | Linda M.  | 263    |
| 10/14     | Julie A.  | 457    |
| 10/30     | Arlene H. | 446    |
| 10/31     | Judy S.   | 258    |



### Coffee & Rolls

Join us every Friday morning at 9:30 for Coffee & Rolls. Local organizations and businesses come in a briefly present on their services. Following there is a Town Hall Meeting where concerns are addressed, updates are given and any changes to the schedule are announced. The last Friday of the month is an open forum.

10/5 Azria Health at Montclair 10/19 Hillcrest Health Systems  
10/12 Old Mill Rehabilitation 10/26 Freedom Home Health



### October is Breast Cancer Awareness Month

In honor of those we have lost, known or those who have survived breast cancer; we will be wearing pink on Friday, October 5 and again on October 26.

\*Breast Cancer effects both men and women.

\*Approximately every 2 minutes a woman is diagnosed with Breast Cancer.

\*Over 3.3 million breast cancer survivors are alive in the United States today.



### October Workshops and Presentations

Every Sunday afternoon at 1:30 Pitch How to play/ refresher

10/4 at 6:00~ Medicare 101: Presented by Compass Benefits

10/11 at 6:00~ Instant Pot/Crock Pot Cooking: Presented by the Douglas County Extension Office

11/12 at 1:30~Updating and Planning your Estate: Presented by Govier, Katskee, Suing and Maxwell Attorneys at Law

11/15 at 6:00~Medicare Solutions: Presented by Chris Grimmond

11/19 at 1:30~ Fall Prevention: Presented by Hillcrest Health Systems

### Community Potluck & Soup Supper

Sunday, October 28 at 5:30pm

Join your friends and neighbors for this fun monthly gathering. This month we will be having a Soup Supper, however you are welcome to bring along anything you would like. There is a sheet in the sign-up book with suggestions, along with volunteer request for the evening. The Sunday night movie will follow, starting at 7:00.

### Halloween Parties!

#### Resident Halloween Party

On Thursday, October 25, join your friends and neighbors as we celebrate Halloween in style. We'll have a Costume Contest for those who would like to participate. Of course you have to have treats, so we will be doing a dessert & snack potluck. Please feel free to bring a dessert or your favorite snacks to share. Party will start at 6:00pm in the Community Room.

#### Grandparent's Halloween Party

Bring the grandkids, great grandkids or even those cute kids of your great niece's, down for an afternoon filled with fun! Saturday, October 27 we will be having a Community Halloween Event. The fun starts at 1:30pm with a costume parade, Trick or Treating and wrap up the afternoon with a movie. Of course no movie is complete without snacks. If you would like to provide or pass out treats, please sign-up. We will be Trick or Treating around the Common Spaces, so no little ghouls and goblins will be running around the halls.



### Office Information

Community Manager:  
Pam Woods  
402-502-7565

Connect 55+ Coordinator  
Molly Gruber

Maintenance Technicians  
Jacob Beiring

Office Hours  
Monday-Friday 8:30-5pm  
Weekends by appointment

After Hours Maintenance Emergencies please call  
402-502-7565



# The Grand Reserve at Elkhorn

Managergrandreserve@calamar.com

October 2018

### Manager's Corner...



Over the summer we gladly welcomed several new residents to our Grand Reserve family. With all the new faces and excitement it is easy to forget a few things, below are some friendly reminders. Please remember if you have any questions, concerns or comments my door is always open.

- Rent is due to the office by the 1<sup>st</sup> of every month. Checks should be made out to RM10A Holdings. Please list your apartment number and the month on the memo line. Rent is considered late by the 6<sup>th</sup> of the month, and a late fee will be applied.
- During the month of October Maintenance will be changing your furnace filters, as well as the batteries in your smoke detectors.
- Please do not depose of kitty litter down the garbage chute. When changing your pet's litter box, please make sure it is double bagged, tightly closed and disposed of directly into the trash dumpsters in the ground floor trash rooms.
- Please remind your families and guest that this is a nonsmoking community. This means that there is absolutely no smoking allowed on the campus. If you are found to be smoking in your apartment, it is a direct violation of your lease and could lead to your lease being terminated.

Thank you  
Pam

**The Calamar Foundation partners with our residents and the local chapters of the Alzheimer's Association, The American Cancer Society, and The American Heart Association to give back to the community in which we live, work and play. For more information on the Calamar Foundation or on how to donate, please see Pam.**

# Sunday

# Monday








# Tuesday

# Wednesday

# Thursday

# Friday

# Saturday

|   |   |  |  |  |  |  |
|---|---|--|--|--|--|--|
| <p><b>+ Intellectual</b><br/><b>+ Spiritual</b><br/><b>+ Physical</b><br/><b>+ Social</b><br/><b>+ Financial</b></p>  | <p><b>1</b><br/>8:30 Morning Stretch++<br/>10 Pitch++<br/>1:30 Canasta or Card Games++<br/>1:30 Monday Matinee: Old Dogs+<br/>4:30 Schwan's+<br/>6 Billiards++<br/>6 Card &amp; Games++<br/>6:30 Mahjong++</p>  | <p><b>2</b><br/>9:30 Bible Study+++<br/>10:30 Pinochle++<br/>10:45 Tai Chi+++<br/>1:30 Card Games++<br/>1:30 Dominos++<br/>1:30 Mahjong++<br/>6 Ladies Bible Study+++<br/>7 Poker++</p>  | <p><b>3</b><br/>10:30 Bunco++<br/>11:30 Catholic Communion++<br/>12:30 Bridge++<br/>1 Card Games++<br/>1 Color &amp; Crafts+++<br/>2:30 Pokeno++<br/>6 Hand &amp; Foot++<br/>6 Billiards++<br/>6:30 Men's Movie Night+</p>   | <p><b>4</b><br/>9:45 Rosary++<br/>10 Wellness Clinic++<br/>10:30 Exercise++<br/>1:30 Bingo++<br/>2:30 Book Discussion Group++<br/>3 Card Games++<br/>6 Ladies Billiards++<br/>6 Medicare 101: Presented by Compass Benefits +++</p>  | <p><b>5 Wear Pink for Breast Cancer Awareness</b><br/>9:30 Coffee &amp; Rolls: Azria Health at Montclair+++<br/>1:30 Card Games++<br/>1:30 Crazy Bingo++<br/>4 Happy Hour+<br/>6:30 Friday Night Movie: <i>Little Shop of Horrors</i>+<br/></p>   | <p><b>6</b><br/>8:30 Morning Stretch++<br/>10 Bridge++<br/>1:30 Card Games++<br/>6:30 Nebraska vs. Wisconsin+<br/>7 Poker++</p>  |
| <p><b>7</b><br/>1 Cards/Scrabble++<br/>1:30 Pitch Refresher/How to Play++<br/>2 Mahjong++<br/>6:30 Sunday Night Movie: <i>Finding Your Feet</i>+</p>  | <p><b>8</b><br/>8:30 Morning Stretch++<br/>9:30 Men's Coffee+<br/>10 Rummy++<br/>1:30 Skip BO or Card Games++<br/>1:30 Monday Matinee: <i>Beauty and the Beast</i>+<br/>3:30 Custom Hearing Solutions+++<br/>6 Card &amp; Games++<br/>6 Billiards++<br/>6:30 Mahjong++</p>  | <p><b>9</b><br/>9:30 Bible Study+++<br/>10:30 Pinochle++<br/>10:45 Tai Chi+++<br/>11:30 Lunch Bunch: Runza+<br/>1 Card Games++<br/>1:30 Dominos++<br/>1:30 Mahjong++<br/>6 Ladies Bible Study+++<br/>7 Poker++</p>   | <p><b>10</b><br/>8:30 Morning Stretch++<br/>9:30 Coffee &amp; Conversation++<br/>10:30 Bunco++<br/>12:30 Bridge++<br/>1 Card Games++<br/>1 Color &amp; Crafts+++<br/>2:30 Pokeno++<br/>4 Genealogy Club++<br/>6 Hand &amp; Foot++<br/>6 Billiards++<br/>6:30 Ladies Movie Night+</p>                             | <p><b>11</b><br/>9:45 Rosary++<br/>10 Wellness Clinic++<br/>10:30 Exercise++<br/>1:30 Bingo++<br/>3 Card Games++<br/>6 Ladies Billiards++<br/>6 Instant Pot/Crock Pot Cooking+++<br/></p> | <p><b>12</b><br/>9:30 Coffee &amp; Rolls: Old Mill Rehabilitation+++<br/>11 Ambassador Meeting++<br/>1:30 Updating and Planning your Estate: presented by Maxwell+++<br/>1:30 Card Games++<br/>4 Happy Hour+<br/>6:30 Friday Night Movie: <i>The Man Who Knew Too Much</i>+</p>  | <p><b>13</b><br/>8:30 Morning Stretch++<br/>9:30 Senior Fit with Tammy from Anytime Fitness+++<br/>10 Bridge++<br/>11 Nebraska vs. Northwestern+<br/>1:30 Card Games++<br/>7 Poker++</p> |
| <p><b>14</b><br/>1 Cards/Scrabble++<br/>1:30 Pitch Refresher/How to Play++<br/>2 Mahjong++<br/>6:30 Sunday Night Movie: <i>Dead Poets Society</i>+</p>  | <p><b>15</b><br/>8:30 Morning Stretch++<br/>9:30 Ladies Coffee+<br/>10 Pitch++<br/>1:30 5 Crowns or Card Games++<br/>1:30 Monday Matinee: <i>Mary Poppins</i> +<br/>4:30 Schwan's+<br/>6 Medicare Solutions: Presented by Chris Grimmond+++<br/>6 Card &amp; Board Games++<br/>6 Billiards++<br/>6:30 Mahjong++</p>   | <p><b>16</b><br/>9:30 Bible Study+++<br/>10:30 Pinochle++<br/>10:45 Tai Chi+++<br/>1 Nondenominational Service++<br/>1:30 Card Games++<br/>1:30 Dominos++<br/>1:30 Mahjong++<br/>6 Ladies Bible Study+++<br/>7 Poker++<br/></p> | <p><b>17</b><br/>10:30 Bunco++<br/>11:30 Catholic Communion++<br/>12:30 Bridge++<br/>1 Card Games++<br/>1 Color &amp; Crafts+++<br/>2:30 Pokeno++<br/>4:30 Dinner Out: Nate's Stumble Inn+<br/>6 Hand &amp; Foot++<br/>6 Billiards++</p>   | <p><b>18</b><br/>9:45 Rosary++<br/>10 Wellness Clinic++<br/>10:30 Exercise++<br/>1:30 Bingo++<br/>2:30 Book Discussion Group++<br/>3 Card Games++<br/>6 Ladies Billiards++<br/>6 October's Birthday Party with Entertainment++</p>   | <p><b>19</b><br/>9:30 Coffee &amp; Rolls: Hillcrest Health Systems+++<br/>10:30 New Resident &amp; Ambassador Meeting++<br/>12:30 Tech Time w/ Elkhorn Computer+++<br/>1:30 Flu Vaccine Clinic: by Phsymed+++<br/>1:30 Fall Prevention Clinic: by Hillcrest Health Systems+++<br/>4 Happy Hour+<br/>6:30 Friday Night Movie: <i>Abbott and Costello Meet Frankenstein</i>+</p> | <p><b>20</b><br/>8:30 Morning Stretch++<br/>10 Bridge++<br/>1:30 Card Games++<br/>7 Poker++<br/>TBD Nebraska vs. Minnesota+</p>  |
| <p><b>21</b><br/>1 Cards/Scrabble++<br/>1:30 Pitch Refresher/How to Play++<br/>2 Mahjong++<br/>6:30 Sunday Night Movie: <i>Ocean's 8</i>+</p>   | <p><b>22</b><br/>8:30 Morning Stretch++<br/>10 Rummy++<br/>11 December's Activity Meeting+<br/>1:30 UNO or Card Games++<br/>1:30 Monday Matinee: <i>George of the Jungle</i> +<br/>6 Card &amp; Board Games++<br/>6 Billiards++<br/>6:30 Mahjong++</p>  | <p><b>23</b><br/>9:30 Bible Study+++<br/>10:30 Pinochle++<br/>10:45 Tai Chi+++<br/>11:30 Carpool Lunch: Vitlak's Brookside Cafe+<br/>1:30 Card Games++<br/>1:30 Dominos++<br/>1:30 Mahjong++<br/>6 Ladies Bible Study+++<br/>7 Poker++</p>   | <p><b>24</b><br/>8:30 Morning Stretch++<br/>9:30 Coffee &amp; Conversation++<br/>10:30 Bunco++<br/>12:30 Bridge++<br/>1 Card Games++<br/>1 Color &amp; Crafts+++<br/>2:30 Pokeno++<br/>4 Genealogy Club++<br/>6 Hand &amp; Foot++<br/>6 Billiards++<br/>6 Travel Club++</p>                                      | <p><b>25</b><br/>9:45 Rosary++<br/>10 Wellness Clinic++<br/>10:30 Exercise++<br/>1:30 Bingo++<br/>3 Card Games++<br/>6 Ladies Billiards++<br/>6 Resident Halloween Party++</p>   | <p><b>26 Wear Pink for Breast Cancer Awareness</b><br/>9:30 Coffee &amp; Rolls: Freedom Home Health+++<br/>1:30 Card Games++<br/>1:30 Book Discussion Group++<br/>1:30 Nail Painting by Errands R Us+++<br/>4 Happy Hour+<br/>6:30 Friday Night Movie: <i>Vertigo</i>+<br/></p>           | <p><b>27</b><br/>8:30 Morning Stretch++<br/>10 Bridge++<br/>1:30 Grandparent's Halloween Party+<br/>1:30 Card Games++<br/>7 Poker++<br/>TBD Nebraska vs. Bethune-Cookman</p>             |
| <p><b>28</b><br/>1 Cards/Scrabble++<br/>1:30 Pitch Refresher/How to Play++<br/>2 Mahjong++<br/>5:30 Community Potluck Soup Supper+<br/>7 Sunday Night Movie: <i>The Guernsey Literary and Potato Peeling Pie Society</i>+</p> | <p><b>29</b><br/>8:30 Morning Stretch++<br/>9:30 Ladies Coffee+<br/>10 Pitch++<br/>1:30 Apples to Apples or Card Games++<br/>1:30 Monday Matinee: <i>Chitty Chitty Bang Bang</i> +<br/>4:30 Schwan's+<br/>6 Card &amp; Board Games++<br/>6 Billiards++<br/>6:30 Mahjong++<br/></p> | <p><b>30</b><br/>9:30 Bible Study+++<br/>10:30 Pinochle++<br/>10:45 Tai Chi+++<br/>1:30 Card Games++<br/>1:30 Dominos++<br/>1:30 Mahjong++<br/>6 Ladies Bible Study+++<br/>7 Poker++</p>   | <p><b>31 Happy Halloween</b><br/>8:30 Morning Stretch++<br/>10:30 Bunco Tournament ++<br/>12:30 Bridge++<br/>1 Card Games++<br/>1 Color &amp; Crafts+++<br/>1:30 Freedom Home Health Trick or Treat Matinee+<br/>2:30 Pokeno++<br/>6 Hand &amp; Foot++<br/>6 Billiards++<br/>6:30 Inspirational Movie Night+</p> |   |   |  |