



History of St. Patrick

St Patrick, the patron of Ireland, was not Irish. He was born in Scotland or Wales (depending on the source) as Maewyn Succat between 373 and 385 A.D. At the age of 16, he was captured by Irish raiders and brought to Ireland as a slave. During this time, he became deeply religious and began to have visions. 6 years later, he escaped and settled in France. After having visions of bringing Christianity to the Irish people, he returned to Ireland in 432 A.D. and stayed there until his death on March 17 in 461 A.D. Legend has it that Patrick pounded a drum and banished all the snakes from Ireland.

There are no snakes in Ireland.



The Year 1953

COST OF LIVING:

- New House-\$9,595
- Average Income-\$4,011
- New Car-\$1,651
- Average Rent-\$83 per month
- Gasoline-\$0.20 a gallon
- Harvard Tuition-\$600 per year
- Movie Ticket-\$0.70
- Postage Stamp-\$0.03

COST OF FOOD:

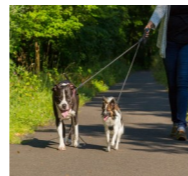
- Granulated Sugar-\$0.85 for 10lbs.
- Milk-\$0.94
- Ground Coffee-\$0.76 per pound
- Bacon-\$0.55 per pound
- Eggs-\$0.24 per dozen
- Ground Beef-\$0.54 per pound
- Fresh Bread-\$0.16 per loaf

How many remember these prices??!!

REMINDER: SUNDAY, MARCH 8TH CLOCKS GET TURNED AHEAD 1 HOUR (at 2am)

We would like to thank everyone who donated to our canned food drive and display down in the Library! Also, an extra special thank you goes out to the residents who helped build and decorate our lovely canned food sculpture! It is still on display in the Library for all to see until it gets taken down to donate to the food bank. Any suggestions on where to donate the cans would be appreciated! The winner of the sculpture contest will be announced next month!

Please remember that dogs must be on a leash at all times and to make sure you are picking up after them.



March Fun Facts

- **March is Women's History Month!**
 - ◊ **Josephine Cochrane invented the dishwasher in 1886**
- **March is National Pothole Month**
- **Did you Know: Davy Crockett was an Irish American**



Eagle Crest Senior Village

Eagle Crest Chronicles

MARCH 2020

“Come as strangers, live as friends”

March 20, 2020, the first day of Spring, can it get here fast enough? For me, the answer is no, it can't! The faster the better! I can't wait for the end of snow, boots and heavy jackets! I am looking forward to new life, budding trees and fresh, brisk air! Also, for those of you counting down with me, that date also marks exactly 3 months until my wedding! This Spring/Summer is the start of not only the new and warmer seasons, but new seasons of life for me. In regards to timing there, I wish time would slow down! I am so excited to be getting married but there is still so much to do and so little time left! I am so blessed to be surrounded by such a wonderful community of all of you as I plan my wedding and prepare for my marriage. Thank you to all of you who have been stopping by to chat about wedding details, offering advice and being there with me along the way! I am truly honored and grateful for each day I get to spend with all of you. As always, my door is open if you need anything! It could be to submit a work order, a listening ear or to help me decide which table numbers to purchase :) I am looking forward to Spring and to the new life it will bring our community! I hope to see you at some of our fantastic Connect 55+ events this month! *-Chelsea*

COMMUNITY INFORMATION

COMMUNITY MANAGER:
CHELSEA HYLEA

CONNECT 55+ COORDINATOR:
DIANE SMITH

MAINTENANCE TECH:
STEVE O.

OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #: (716)771-1439












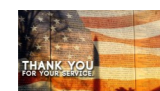



MANAGER EMAIL:
MANAGEREAGLE-CREST@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO [RM3A HOLDINGS](#).

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



Quote of the Month: "This life is yours. Take the power to choose what you want to do and do it well. Take the power to love what you want in life and love it honestly. Take the power to walk in the forest and be a part of nature. Take the power to control your own life. No one else can do it for you. Take the power to make your life happy." -- Susan Polis Schutz

| Sun | Mon | Tue | Wed | Thu | Fri | Sat | |
|--|---|--|--|--|---|--|-------------|
| 1 10:45am-Rosary 11:30am-Faith Services 2pm-Open Gym  | 2 9am-Morning Meet up 11am-Ted Talks (YouTube): Who Are You Really? 12pm-Midday Hall Walk 1pm-Wii Bowling 2:45-Tai Chi 3pm-Relaxing Music (library) | 3 National I Want You to be Happy Day 9am-Morning Meet up 9:30am-Choice of Exercise 10:15am-Things To Make You Happy Project!!! 11am-Easy Does It!! (Life Hacks) 1pm-Irish Flag Mason Jar (day 1) (sign-up only) 1pm-Wii Bowling 2pm-Rummy (in the library) 3pm-Pinochle 3:30pm-Line Dancing | 4 9am-Morning Meet up 9:30am-Chair Yoga 10:30am-MEETING (with Diane for anyone who would like to help plan the Bridal Shower for Chelsea) 11am-Brain Teaser 1pm-Irish Flag Mason Jar (day 2) 2:15pm-Poetry Workshop 3:30pm-Canasta 6:30pm-Bingo  | 5 9am-Morning Meet up 9:30am-Zumba 10:30am-Irish Flag Mason Jar (last day) 11:30am-Garden Club Meeting 1pm-Line Dancing 3pm-Euchre 3pm-Free Bingo w/a twist 4:15pm-Dinner by Dave | 6 10am-Coffee/Donuts 11am-Creative Coloring 3pm-Movie Matinee 6pm-Poker 7pm-Friday Night Social | 7 9am-Morning Meet up 10:50am-Exercise 2pm-65 Card Game 6pm-Choice of Cards | |
| 8 Daylight Saving Time Begins 10:45am-Rosary 11:30am-Faith Services 2pm-Open Gym | 9 Full Moon/ National Napping Day  9am-Morning Meet up 11am-Ted Talks (YouTube): Different Sleeping Patterns 12pm-Midday Hall Walk 1pm-Wii Bowling 3pm-Relaxing Music (library)  | 10 Jewish Purim begins at sunset on March 9th 9am-Morning Meet up 9:30am-Choice of Exercise 11:15am-Homemade Maraca Groggers (see board for details) 1pm-Green Tea Party (sign-up only) 1pm-Wii Bowling 1:45pm-Connect 55+ Meeting 3pm-Pinochle 3:30pm-Line Dancing  | 11 9am-Morning Meet up 11am-Jigsaw Puzzle 2pm-Simple Stretching 3:30pm-Canasta 6:30pm-Bingo | 12 9am-Morning Meet up 9:30am-Zumba 10:15am-Charades (New) 11am-A Fun "Luck of the Irish" Word Search 1pm-Line Dancing 2:30pm-Easy Sudoku 3pm-Euchre 3pm-Free Bingo w/a twist 4:15pm-Dinner by Dave | 13 Friday the 13th 10am-Coffee/Donuts 11am-Creative Coloring 3pm-Movie Matinee 6pm-Poker 7pm-Friday Night Social  | 14 Pi Day 9am-Morning Meet up 10:50am-Exercise 2pm-65 Card Game 6pm-Choice of Cards | |
| 15 10:45am-Rosary 11:30am-Faith Services 2pm-Open Gym | 16 9am-Morning Meet up 11am-Ted Talks (YouTube): Creating Luck For Yourself 12pm-Midday Hall Walk 1pm-Wii Bowling 2:45pm-Tai Chi 3pm-Relaxing Music (library) | 17 ST. PATRICKS DAY 9am-Morning Meet up 9:30am-Choice of Exercise 10:15am-Irish Men Trivia 10:45am-Irish Women Trivia 11:30-Who's St. Patrick? 1pm-Wii Bowling 2pm-Appetizer Potluck (sign-up only) (details on Board) 3pm-Pinochle 3:30pm-Line Dancing  | 18 9am-Morning Meet up 9:30am-Chair Yoga 10:15am-Veteran's Breakfast 11am-Brain Teaser 2:15pm-Poetry Workshop 3pm-Yahtzee (in the library) 3:30pm-Canasta 6:30pm-Bingo  | 19 SPRING BEGINS! 9am-Morning Meet up 9:30am-Zumba 10:15am-Charades 11am-First Day of Spring Wreath (sign-up only) 1pm-Line Dancing 2:30pm- Easy Sudoku 3pm-Euchre 3pm-Free Bingo w/a twist 4:15pm-Dinner by Dave | 20 10am-Coffee/Donuts 11am-Creative Coloring 3pm-Movie Matinee 6pm-Poker 7pm-Friday Night Social | 21 9am-Morning Meet up 10:50am-Exercise 2pm-65 Card Game 6pm-Choice of Cards | |
| 22 10:45am-Rosary 11:30am-Faith Services 2pm-Open Gym | 23 9am-Morning Meet up 11am-Ted Talks (YouTube): How To Humor Your Stress 12pm-Midday Hall Walk 1pm-Wii Bowling 3pm-Relaxing Music (library) | 24 9am-Morning Meet up 9:30am-Choice of Exercise 10:15-American Trivia 11am-Easy Does It!! (Life Hacks) 1pm-Wii Bowling 2pm-Rummy!! 3pm-Pinochle 4:30pm-Bridal Shower Day— <i>all are invited to attend!!!</i>  | 25 9am-Morning Meet up 11am-Jigsaw Puzzle 2pm-Simple Stretching 3:30pm-Canasta 6:30pm-Bingo | 26 Opening Day of Baseball  9am-Morning Meet up 9:30pm-Zumba 10:15am-Charades 12pm-"Take me out to the ball game" (sign-up only) (details on board) 2pm-Line Dancing 3pm-Euchre 3pm-Free Bingo w/a twist 4:15pm-Dinner by Dave  | 27 10am-Coffee/Donuts 11am-Creative Coloring 3pm-Movie Matinee 6pm-Poker 7pm-Friday Night Social | 28 9am-Morning Meet up 10:50am-Exercise 2pm-65 Card Game 6pm-Choice of Cards | |
| 29 National Vietnam War Veterans Day 10:45am-Rosary 11:30am-Faith Services 2pm-Open Gym  | 30 9am-Morning Meet up 11am-Ted Talks (YouTube): Sleep is Your Superpower 12pm-Midday Hall Walk 1pm-Wii Bowling 3pm-Relaxing Music (library) | 31 Nat'l Crayon Day 9am-Morning Meet up 9:30am-Choice of Exercise 10:15am-Who Knew? (Fun Facts) 1pm-Wii Bowling 1:30pm-Crayon Party!!! 2pm-Rummy!! 3pm-Pinochle 3:30pm-Line Dancing  |  | | |  | 2020 |