

Eagle Crest Chronicles

July 2020

“Come as strangers, live as friends”

Happy Fourth of July!

We are so excited to be bringing more events back this month! While we are still practicing social distancing, wearing masks and asking for sanitization before entering events, our calendar is shaping up to a new “normal”!

We completely understand if you are not yet comfortable with attending events and respect your decision to get involved or stay safely in your apartment until you are ready. When you're ready to join us, please note that all events will take place in the Library, Community Room or back patio, unless noted otherwise.

A few updates as we move ahead throughout the new month: The Community Room is back to being open, the Fitness Center, Library and community grill may be utilized and we have gone back to regular maintenance with work orders. The Salon has re-opened by appointment only. As a reminder, our salon is not open for public use. It is solely to be utilized by our contracted hairdresser, Patti, and you may call her for an appointment at 716- 863-6540.

We do ask that if you utilize any of these common areas that you please disinfect them after your use. It is also important to note that we will be limiting the number of participants at our events to a maximum of 25 per the government guidelines. With the social distancing guidelines in mind we will allow for as many people as we can fit while allowing the proper distancing. Thank you for understanding. Our common areas have been configured to accommodate for distancing and we ask that they remain in such a way.

I look forward to seeing each of you as we enjoy sunshine, reconnect with old friends, and meet new neighbors who joined us during our Pause months. Please feel free to reach out to me with any questions, compliments, or concerns- it has been a journey! Thank you for being so understanding of and cooperative with the regulations and adjustments that have been put in place to protect the health and safety of our community.

As New York Forward progresses, we will move forward as well, safely in accordance with new guidelines so please keep your eye on the notices we post. Stay well!

Quote of the Month: “A swarm of bees in May is worth a load of hay, a swarm of bees in June is worth a silver spoon, but a swarm of bees in July is not worth a fly.” Proverb



COMMUNITY INFORMATION

COMMUNITY MANAGER:
CHELSEA HYLA

CONNECT 55+ COORDINATOR:
DIANE SMITH

MAINTENANCE TECH: STEVE ORYSZAK

OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #: 716-771-1439

MANAGER EMAIL:
MANAGEREAGLE-CREST@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO RM3A HOLDINGS

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



July Trivia:

1957 American Bandstand debuted

Famous Seniors:

When this 78 year old's fingers became too stiff to hold a needle to embroider on canvas, she began to paint in oils. These brightly-colored paintings of rural America became popular.

-ANNE MARY MOSES or GRANDMA MOSES

Dog Days of Summer: July 3 – August 11

Puzzle of the Month: What goes up the hill, down the hill, and yet stands still? -A road!

Reminders:

- Please do not place larger items (furniture, appliances, electronics, mattresses, etc.) next to the dumpster—they will NOT be picked up unless you call the office to arrange a bulk pickup (there is a \$25 per-item fee for this service). Post -COVID, large item pickups will resume soon as requested.
- Our exterminator has inspected the grounds for insects (carpenter bees, wasps, ants, etc.) and has treated our building a few times already this season. Please call the office if you are having a specific pest problem and we will make a separate appointment.

4th of July WORD SEARCH

INDEPENDENCE	RED
FLAG	WHITE
JULY	BLUE
FIREWORKS	PARADE
UNITED	CONSTITUTION
FREEDOM	GEORGE
LIBERTY	JEFFERSON

An Eagle Crest Original COVID poem

“Through My Window on the World”

I see:

Deer prance by with their young,
Residents roll along in wheelchairs,
Individual hats and masked faces,
Bunnies hopping by without any cares.

I hear:

Many songs assorted birds sing,
The bees buzzing in the air
The wind blowing through the trees,
Air conditioners running unaware.

I smell:

The freshly mown grass fly,
The scent of flowers flowing by,

But most of all I miss,
Socializing would be bliss!

-C.S.



Thank You
FOR ALL YOUR SUPPORT

It's never too late to donate to the Calamar Foundation! Thank you to those who have graciously given this year! If you haven't and would like to, you can pick up a donation form, sign it, and return it along with your \$12 check (payable to the Calamar Foundation) in support of the Alzheimer's Association, American Cancer Society & American Heart Association. Calamar will match your donation dollar-for-dollar and 100 % of the money raised is given to the local chapters of these important non-profit organizations to fund research, patient and caregiver support, and educational programs.







Are you following us on our Facebook Page?!

*Now is a better time than ever to do so!
Feel free to share with your family & friends!*

Here is the link:

<https://www.facebook.com/Eagle-Crest-Senior-Village-467924403378987>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>Until notice is given masks are required for all activities. NO EXCEPTIONS</p> 	<p>1 Canada Day – “O” Canada! 9am– Morning Meetup 10am– Creative Coloring 11am–Dance Exercise 2pm– Connect Quest 3:30pm– Canasta</p>	<p>2 9am– Morning Meetup 11am–Seated Stretch 2pm– BINGO 3pm– Euchre 3:30pm– 4th of July Treats</p>	<p>3 Office Closed</p> 	<p>4 Independence Day</p> 
<p>5 Full Moon</p>	<p>6 9am– Morning Meetup 11am–Tai Chi 1pm–Wii Bowling 2pm– Scholar Hour 3:30pm– 100 Humans</p>	<p>7 National Strawberry Sundae Day 9am– Morning Meetup 11am–Balance Training 2pm– Building Walk 2:30pm- Relaxing music 3pm– Pinochle</p>	<p>8 9am– Morning Meetup 10am– Creative Coloring 11am–Dance Exercise 2pm– Connect Quest 3:30pm– Canasta</p>	<p>9 9am– Morning Meetup 11am–Seated Stretch 2pm– BINGO 3pm– Euchre 4pm– Patio Party</p>	<p>10 10am– Coffee Hour 11am–Exerpath 2pm– Mindful Moments 7pm– Friday Night Social</p>	<p>11</p>
<p>12</p>	<p>13 International Puzzle Day & Barbershop Music Appreciation Day 9am–Morning Meetup 11am–Tai Chi 1pm–Wii Bowling 2pm– Scholar Hour 3:30pm– 100 Humans</p>	<p>14 Chick-Fil-A Cow Appreciation Day 9am– Morning Meetup 11am–Balance Training 2pm– Building Walk 2:30pm- Relaxing music 3pm– Pinochle</p>	<p>15 9am– Morning Meetup 10am– Creative Coloring 11am–Dance Exercise 2pm– Connect Quest 3:30pm– Canasta</p>	<p>16 9am– Morning Meetup 11am–Seated Stretch 2pm– BINGO 3pm– Euchre 4pm– Patio Party</p>	<p>17 65th Anniversary of Opening Disneyland 10am–Coffee Hour 11am– Exerpath 2pm– Mindful Moments 7pm– Friday Night Social</p>	<p>18</p>
<p>19 National Ice Cream Day</p>	<p>20 9am–Morning Meetup 11am–Tai Chi 1pm–Wii Bowling 2pm– Scholar Hour 3:30pm– 100 Humans</p>	<p>21 9am– Morning Meetup 11am–Balance Training 2pm– Building Walk 2:30pm- Relaxing music 3pm– Pinochle</p>	<p>22 National Hot Dog Day 9am– Morning Meetup 10am– Creative Coloring 11am–Dance Exercise 12:30pm– Hotdog Cookout lunch– sign up only 2pm– Connect Quest 3:30pm– Canasta</p>	<p>23 Gorgeous Grandma Day & Hula Hoop Day 9am– Morning Meetup 11am–Seated Stretch 1pm–Gorgeous Grandma Photo Shoot (dress your best!) 2pm– BINGO 3pm– Hula Hoop Games 4pm– Patio Party</p>	<p>24 10am– Coffee Hour 11am–Exerpath 2pm– Mindful Moments 7pm– Friday Night Social</p>	<p>25 National Wine & Cheese Day and National Hot Fudge Sundae Day</p>
<p>26</p>	<p>27 9am–Morning Meetup 11am–Tai Chi 1pm–Wii Bowling 2pm– Scholar Hour 3:30pm– 100 Humans</p>	<p>28 9am– Morning Meetup 11am–Balance Training 2pm– Building Walk 2:30pm- Relaxing music 3pm– Pinochle</p>	<p>29 9am– Morning Meetup 10am– Creative Coloring 11am–Dance Exercise 2pm– Connect Quest 3:30pm– Canasta</p>	<p>30 9am– Morning Meetup 11am–Seated Stretch 2pm– BINGO 3pm– Euchre 4pm–Patio Party</p>	<p>31 10am– Coffee Hour 11am–Exerpath 2pm– Mindful Moments 7pm– Friday Night Social</p>	