

## Holiday Party

December 18th. Watch the bulletin board for more info. This will be a catered meal. To have an accurate count you need to sign up and get a ticket from the office. We need a minimum of 30 people.



Tom Bender Will be performing December 11th at 4:30pm.



**Reminder:** If there is a maintenance related issue that occurs in the building or in your apartment over the weekend, evening or on a holiday, the way to contact us is through the answering service. You can reach the service by calling the office phone #: (716)-771-1439. The answering service does send us word of every message taken but the only immediate response we will be notified of is for the following list of EMERGENCIES that is laid out in your lease.

1. Gas leak/smell
2. No heat (in the winter) or air conditioning, (in the summer)
3. No electricity
4. Lockout
5. Water coming into the unit
6. No running water
7. Exterior door, window or lock broken and unable to secure apartment
8. Inoperable toilet (does not apply if 2nd toilet available)
9. Inoperable refrigerator



**Please note: Anything other than the issues outlined above will be noted and addressed the next business day.**

Should a maintenance emergency occur during regular office hours, call the office or report the emergency in person. In the event of a health, fire, or safety emergency, call 911 or your local emergency response agency immediately.

**Review of other maintenance procedures as outlined in the lease:**

1. It is the responsibility of each Resident to promptly report any maintenance problem.
2. Charges for damages resulting from unreported maintenance problems can be assessed to Resident.
3. Employees are not permitted to perform repairs on Resident's personal property or to perform any type of personal work for LESSEES.
4. Routine maintenance requests are made through Management office during normal business hours.
5. Please do not request service orders directly to Maintenance staff. Please use the tablet or call the office instead.

## Comedy Corner

Knock, knock.  
Who's there? Pizza.  
Pizza, who?  
Pizza on earth, good will toward men!



**Q:**What do snowmen like to do on the weekend?

**A:**Chill out

**Q:** What do road crews use at the North Pole?

**A:**Snow cones!

**Q:** What do you call a snowman party?

## Bills games

Bills V Dolphins Dec 2nd

Bills v Jets Dec 9th

Bills v Lions Dec 16th

Bills V Patriots Dec 23

Bills V Dolphins Dec 30



## Help prevent the spread of the flu and colds.

### CLEAN YOUR HANDS OFTEN

Washing your hands often will help protect you from germs.

**AVOID TOUCHING YOUR EYES, NOSE OR MOUTH, PREPARING FOOD, OR EATING WITH UNWASHED HANDS.** Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.

### AVOID CLOSE CONTACT

Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.

### STAY HOME WHEN YOU ARE SICK

If possible, stay home from work, school, and errands when you are sick. You will help prevent others from catching your illness.



### COVER YOUR MOUTH AND NOSE

Cover your mouth and nose and cough or sneeze into your sleeve. It may prevent those around you from getting sick.

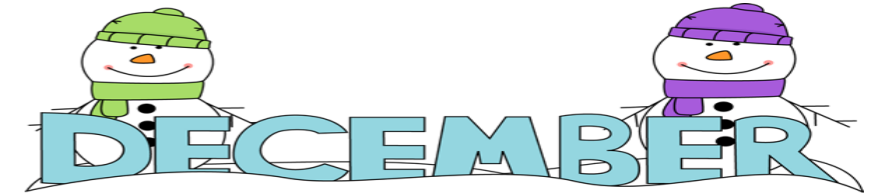
**“Do you have questions, suggestions, or want to share concerns or compliments regarding the Connect55+ program?”**

**The Connect55+ Director is Mary Beth MacClaren and you can reach her at the main**


**office in Buffalo at 716-946-6444 or 716-693-8439.**



# Eagle Crest Chronicles



**“Come as strangers, live as friends”**

Happy December! I sure do love this month! It brings so many wonderful joys such as shopping, family, friends, my birthday, the holidays and as many of you already know, the first full month that I am ENGAGED! In November, I went to Aruba with my boyfriend on vacation and had a marvelous time enjoying the sun & sand. When I came home, I landed safely back in Buffalo with my new fiancé! If you can't tell, I am over-the-moon excited and am more than happy to share the story of how he proposed anytime :) 

In addition to all of the wonderful things I mentioned above, December also marks the arrival of the holiday season so come and enjoy our many activities during the month! Check the December calendar for a complete rundown and remember to watch the bulletin boards for regular updates, especially if we have any changes in our scheduled activities and events. Please remember to walk and drive safely as winter weather arrives in full strength. Follow the “Walk Like a Penguin” rule when the sidewalks and parking lots are icy and slushy. And if you are driving, please remember to adjust your speed according to weather and road conditions, keep extra distance behind the car in front of you, tap your brakes to help prevent your vehicle from sliding, and put on those emergency flashers if you have to slow down below the speed limit.

Happy Holidays, everyone! Enjoy the season! -Chelsea

## COMMUNITY INFORMATION

**COMMUNITY MANAGER:**  
CHELSEA HYLEA

**CONNECT 55+ COORDINATOR:**  
ERIC MORGANSTERN

**MAINTENANCE TECHS:**  
KEVIN & ART

**CLEANING STAFF:**  
BRUNO & PAT

**OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #:** (716)771-1439






**MANAGER EMAIL:**  
MANAGEREAGLE-CREST@CALAMAR.COM

**RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO RM3A HOLDINGS.**

**PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.**



The holidays are the perfect time to pause, reflect, and give thanks. More importantly, to help out people less fortunate than ourselves. The Calamar Foundation's spotlight this month will be charity. Watch the bulletin board for more information on how you can join us in giving back this holiday season.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>+ Intellectual</b> <b>+ Spiritual</b> <b>+ Physical</b> <b>+ Social</b> <b>+ Financial</b>  2 points for every event attended						<b>1</b> 9am- Morning Meetup+  10:50am- Exercise Class+  6pm-Cards++  Charity event all month long
<b>2 Happy Hanukah</b> 11am- Rosary +  11:30am-Eucharistic Service+  <b>1pm Bills v Dolphins+</b>  Open Gym+	<b>3</b> 9am-Morning meetup + 10am- Coupon Club <b>11am- Tai Chi++</b> 1pm- Mindful Coloring++ 1:30pm Chess/Checkers 2pm- Wii bowling Practice+ 3:30pm Social Club+	<b>4</b> 9am- Morning Meetup+ 9:30am-Taste of Tuesday++ 10:45am-Current Events++ 11am- Learn a Language+ 1pm- Exercise w/ Eric++ 2pm- Wii bowling League+ 3pm- Pinochle++ 6pm- Open Gym+	<b>5</b> 9am- Morning Meetup + 9:30am- Coffee & Cash ++ 11am-Travel Abroad + 1pm- You be the Judge++ <b>2pm Holiday Decorating</b> 4:30pm- Save a buck++ 4:30pm- Dinner by Dave++ 6:30pm- Bingo++	<b>6</b> 9am- Morning Meetup+ 11am- Brain health ++ 12pm-Cooking Demo++ 12:30pm- Stretch It Out+ 1pm- Mindful Music ++ 2pm-Cornhole League++ 3pm- Mocktails + 3pm- Euchre++  	<b>7 Pearl Harbor Day</b>  10am-Coffee & Donuts + 10am Upstate Pharmacy presentation++ 11am- Trivia + 1pm- Pearl Harbor History video+ 2:30pm- Movie Matinee+ 6pm-Cards ++	<b>8</b> 9am- Morning Meetup+  10:50am-Exercise Class++  6pm-Cards++
<b>9</b> 11am- Rosary+  11:30am- Fr Fred Mass  <b>1pm Bills V Jets+</b>  Open Gym +	<b>10</b> 9am-Morning meetup + 10am-Coupon Club+ <b>11am- Tai Chi++</b> 1pm-Mindful Coloring++ 1:30 Chess/ Checkers 2pm- Wii bowling Practice+ 3:30pm- Social Club+	<b>11</b> 9am- Morning Meetup+ 9:30am-Taste of Tuesday++ 10:45am-Current Events++ 11am- Learn a Language+ 1pm- Exercise w/ Eric+ 2pm- Wii bowling League 2:30pm- You be the Judge++ 3pm- Pastor David+ 3pm- Pinochle++ <b>4:30pm-Tom Bender Concert</b> 6pm- Open Gym+	<b>12</b> 9am- Morning Meetup + 9:30am- Coffee & Cash ++ 11am-Travel Abroad + 4:30pm- Save a buck++ 4:30pm- Dinner by Dave++ <b>5:15-5:45pm- Chair Yoga With Jenn+</b> 6:30- Bingo++  	<b>13</b> 9am- Aspire Grocery Service 9am- Morning Meetup+ 11am- Brain Health 11:30am-Cooking Demo++ 12:30pm- Stretch It Out+ 1pm- Mindful Music ++ 2pm-Cornhole League++ 3pm- Mocktails + 3pm Euchre++	<b>14 10am- First Alert Presentation</b> 10am-Coffee & Donuts + 11am- Trivia + 1pm- Scrabble+ 2:30pm- Movie Matinee+ 6pm-Cards ++	<b>15</b> 9am- Morning Meetup+  10:50am-Exercise Class ++  6pm-Cards++
<b>16</b> 11am- Rosary+  11:30am- Eucharistic Service+  Open Gym + Bills V lions	<b>17</b> 9am-Morning meetup + 10amCoupon Club <b>11am- Tai Chi++</b> 1pm- Mindful Coloring++ 1:30pm Chess/Checkers 2pm- Wii bowling Practice+ 3:30pm- Social Club+  	<b>18</b> 9am- Morning Meetup+ 9:30am-Taste of Tuesday++ 10:45am-Current Events++ 11am- Learn a Language+ 1pm- Exercise w/ Eric+ 2pm- Wii bowling League+ 3pm- Pinochle++ 6pm- Open Gym+  <b>Holiday Party- Evening -Time TBD</b>	<b>19</b> 9am- Morning Meetup + 9:30am Coffee & Cash++ 11am-Travel Abroad+ <b>12pm- Veterans Gathering+</b> 2:30pm- You be the Judge++ <b>3pm Christmas cookies</b> 4:30pm- Dinner by Dave++ 6:30- Bingo++	<b>20</b> 9am- Morning Meetup+ 9:30 am morning walk+ 11am- Brain Health 1pm- Scrabble+ 2pm Cornhole League ++ 3pm- Euchre++ 6pm Open Gym +	<b>21</b> 10am- Coffee / Donuts + 11am- Trivia + 1pm- Scrabble+ 2:30pm- Movie Matinee+ 6pm-Cards ++	<b>22</b> 9am- Morning Meetup+  10:50am Exercise Class++  6pm-Cards++
<b>23</b> 11am- Rosary +  11:30am- Fr Fred Mass+  Open Gym+  <b>1pm- Bills v patriots</b>  <b>30 Bills V Dolphins</b>	<b>24 Office Closed</b> ----- <b>31 New years Eve</b> 9am-Morning meetup + 11am Morning Stretch 1pm- Mindful Coloring++ 130pm Chess/Checkers 2pm- Wii bowling Practice+	<b>25</b> <b>Merry Christmas</b>  <b>Office Closed</b>	<b>26</b> 9am- Morning Meetup + 9:30am- Coffee & Cash ++ 11:30am-Travel Abroad + 2pm- Wii Bowling ++ 4:30pm- Save a buck++ 4:30pm- Dinner by Dave++ 6:30- Bingo++	<b>27</b> 9am- Aspire Grocery Service 9am- Morning Meetup+ 11am- Brain Health+ 12pm-Cooking Demo++ 12:30pm- Stretch It Out+ 1pm- Mindful Music ++ 2pm-Cornhole League++ <b>2pm- Birthday party+</b> 3pm- Mocktails + 3pm-Euchre++  	<b>28</b> 10am- Coffee / Donuts + 11am- Trivia + 1pm- Scrabble+ 2:30pm- Movie Matinee+ 6pm-Cards ++	<b>29</b> 9am- Morning Meetup+  10:50am-Exercise Class++  6pm-Cards++