

COUNTDOWN TO CALAMAR FOUNDATION MONTH – MAY!



Notable April Dates

- 4/1 April Fools' Day
- 4/7 National beer Day
- 4/7 No Housework Day
- 4/11 National Pet Day
- 4/14 Palm Sunday
- 4/15 Income Tax Day
- 4/18 National High Five Day
- 4/19 Good Friday
- 4/20 - 27 Passover
- 4/21 Easter Sunday
- 4/22 Earth Day/Dyngus Day
- 4/26 Arbor Day
- 4/27 Write to an Old Friend Day
- 4/28 Pet Parents Day

Concert with Sujeet Desai 2:30 Pm Community Room

Sujeet will be returning to perform for us. Please come down to enjoy his beautiful music. He's a world renown musician. It's a treat to have him here.

Health Presentation

Thursday 25th 12:15 pm

Pure health

Juice Plus

This presentation looks at the whole person. This can include diet, exercise, environment, attitude, behavior modifications, relationship, and spiritual counseling. Make sure you come down for this informative presentation. Snacks will be provided.

A note from Calamar announcing our Canned Food Sculpture Contest Winner:

First, congratulations to ALL our communities. Wow! What effort and such great creativity! We're so proud of you and thankful for all our residents and staff who worked so hard on this! – we're very impressed!!!! Your local food pantries or wherever you chose to give will benefit greatly from all the donations!

The winner is:

THE VILLAGE AT AUBURN GROVE!!!

For their sculpture of a football stadium complete with tailgating, cheerleaders & a concession stand!



Congrats!



Joke corner

Been washing my trampoline. Seemed time to do some spring cleaning.

Every time I take a drink from a bottle, it keeps pouring back. Must be spring water.

What does the Easter Bunny order at a Chinese Restaurant? Hop Suey!



Eagle Crest Senior Village

Eagle Crest Chronicles

April 2019

“Come as strangers, live as friends”



I am so excited that it's finally April! I cannot wait to see more sunshine, to crack open the windows and to hear the birds sing!

Last month, we donated SIX boxes of non-perishable goods from our “sea turtle” canned food sculpture to the Food Bank of WNY. INCREDIBLE! Thank you all for your unbelievable generosity! It was all done in good fun for the Calamar Canned Food Sculpture Competition (see back for pictures).

I also want to thank everyone who participated in our resident survey last month! The input you shared is extremely important to us. We will use your feedback to continually improve our community.

Looking forward to the month of May, we will learn more about the Calamar Foundation and how our donations will help the Alzheimer's Foundation, the American Cancer Society & the American Heart Association! More details on events, presentations and how you can donate will be coming soon!

Happy Spring! -Chelsea

Quote of the Month: “No winter lasts forever, no spring skips its turn. April is a promise that May is bound to keep and we know it” - Hal Borland



Please enjoy this picture of the beautiful flowers I saw while I was on vacation in Jamaica last month :)

COMMUNITY INFORMATION

COMMUNITY MANAGER:
CHELSEA HYLA

CONNECT 55+ COORDINATOR:
ERIC MORGANSTERN

MAINTENANCE TECH:
ART & KEVIN

OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #: (716)771-1439






MANAGER EMAIL:
MANAGEREAGLE-CREST@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO

RM3A HOLDINGS.

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 April Fool's Day 9am-Morning meetup 10am- Morning stretch 11am- Building walk 1pm-Chess/Checkers 2pm- Wii bowling Practice 3:30pm- Canasta	2 9am- Morning Meetup 9:30am-Current Events 10:30am-Tech Tuesday 11am- Crossword Puzzle 1pm- Exercise w/ Eric 2pm- Wii bowling League 3pm- Pinochle 6pm- Open Gym	3 9am- Morning Meetup 9:30am-Save a buck 11am- Tai Chi 12pm-History Hour 1:30pm-Yoga with Eric 3pm-Mocktails 6:30pm- Bingo	4  9am- Morning Meetup 9am- Aspire Grocery 9:30am-Things to Know 11am- Brain health 12:30pm- Stretch It Out 1pm- Mindful Music 2:30pm You be the Judge 3pm- Euchre 4:30pm- Dinner by Dave	5 10am-Coffee & Donuts 11:30am- Trivia 12pm- Afternoon Walk 1pm-Movie Matinee 3pm-Mindful Coloring 3:30pm -Way of the Cross 5pm- Happy Hour 6pm-Poker	6 9am- Morning Meetup 10:50am Exercise Class 6pm Pinochle
	7 11am- Rosary 11:30am Fr. Fred Mass Open Gym- 12-4pm 6:30pm-Left Right Center	8 9am-Morning meetup 10am- Morning stretch 11am- Building walk 1pm-Chess/Checkers 2pm- Wii bowling Practice 3:30pm- Canasta	9 9am- Morning Meetup 9:30am-Current Events 10:30am-Tech Tuesday 11am- Crossword Puzzle 11:30am BP Readings Union Med 1pm- Exercise w/ Eric 2pm- Wii bowling League 3pm- Pinochle 6pm- Open Gym 	10 9am- Morning Meetup 9:30am-Save a Buck 11am- Tai Chi 12pm-History Hour 3pm Social Club 4pm- Save a buck 6:30pm- Bingo	11 9am- Morning Meetup 9:30am-Things to Know 11am- Brain health 12:30pm- Stretch It Out 1pm- Mindful Music 2:30pm You be the Judge 3pm- Euchre 3:30p-Healthy Dessert Demo 4:30pm- Dinner by Dave	12 10am-Coffee & Donuts 11:30am- Trivia 12pm- Afternoon walk 1pm-Movie Matinee 3:30pm- Way of the Cross 5pm- Happy Hour 6pm-Poker
14 11am- Rosary 11:30am- Eucharistic Service Open Gym- 12-4pm 6:30pm-Left Right Center	15 9am-Morning meetup 10am- Morning stretch 11am- Building walk 1pm-Chess/Checkers 2pm- Wii bowling Practice 3:30pm- Canasta	16 9am- Morning Meetup 9:30am-Current Events 10:30am-Tech Tuesday 11am- Crossword Puzzle 1pm- Exercise w/ Eric 2pm- Wii bowling League 2:30pm- Sujeet Concert 3:30pm- Spring Party 3pm- Pinochle 6pm- Open Gym	17 9am- Morning Meetup 9:30am-Save a Buck 10am- Vet Gathering 12pm-History Hour 1:30pm- Yoga with Eric 2:45pm- Calendar Review 3pm-Mocktails 6:30pm- Bingo	18  9am- Morning Meetup 9am Aspire Grocery 9:30am-Things to Know 11am- Brain health 12:30pm- Stretch It Out 1pm- Mindful Music 2:30pm You be the Judge 3pm- Euchre 4:30pm- Dinner by Dave	19 Passover Begins 10am-Coffee & Donuts 11:30am- Trivia 12pm-Afternoon Walk 1pm-Movie Matinee 3pm-Mindful Coloring 3:30pm- Way of the Cross 5pm- Happy Hour 6pm-Poker	20 9am- Morning Meetup 10:50am- Exercise Class 6pm Pinochle
21 Easter 11am- Rosary 11:30am Fr. Fred Mass Open Gym- 12-4pm 6:30pm-Left Right Center	22 Earth Day 9am-Morning meetup 10am- Morning stretch 11am- Building walk 1pm-Chess/Checkers 2pm- Wii bowling Practice 3:30pm- Canasta	23 9am- Morning Meetup 9:30am-Current Events 10:30am-Tech Tuesday 11am- Crossword Puzzle 1pm- Exercise w/ Eric 2pm- Wii bowling League 3pm- Pinochle 6pm- Open Gym 	24 9am- Morning Meetup 9:30am- Save a Buck 12pm-History Hour 1:30pm- Yoga Video 3pm Social Club 6:30pm- Bingo	25 9am- Morning Meetup 9am- Aspire Grocery 9:30am-Things to Know 11am- Brain health 12:15- Health Presentation 1pm- Stretch It Out 1:30pm- Mindful Music 2:30pm- You be the Judge 3pm- Euchre 4:30pm- Dinner by Dave	26 Arbor Day 10am-Coffee & Donuts 11:30am- Trivia 12pm- Afternoon Walk 1pm-Movie Matinee 3pm-Mindful Coloring 5pm- Happy Hour 6pm-Poker	27 Passover Ends 9am- Morning Meetup 6pm Pinochle
28 11am- Rosary 11:30am- Eucharistic Service Open Gym- 12-4pm 6:30pm-Left Right Center	29 9am-Morning meetup 10am- Morning stretch 11am- Building walk 1pm Chess/Checkers 2pm- Wii bowling Practice 3:30pm- Canasta	30 9am- Morning Meetup 9:30am-Current Events 10:30am-Tech Tuesday 11am- Crossword Puzzle 1pm- Exercise w/ Eric 2pm- Wii bowling League 3pm- Pinochle 6pm- Open Gym 				 INTELLECTUAL SPIRITUAL PHYSICAL SOCIAL FINANCIAL