





## July Trivia: 1957 American Bandstand debuted Famous Seniors: When this 78 year old's fingers became too stiff to hold a needle to embroider on canvas, she began to paint in oils. These brightly-colored paintings of rural America became popular. -ANNE MARY MOSES or GRANDMA MOSES Dog Days of Summer: July 3 – August 11 Puzzle of the Month: What goes up the hill, down the hill, and yet stands still? -A road! HAPPY BIRTHDAY Eleanor W 7/5 Karen K 7/7 Jeanne D. 7/9 Gladys P. 7/9 Kenneth B. 7/11 Layton B. 7/16

Dom F. 7/30

Mary D. 7/31



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Canada Day – "O" Canada! 11am-Dance Exercise	2 11am-Seated Stretch	3 Office Closed	4 Independence Day 2pm—UNO
2020	Ju	Cathor	2pm– Connect Quest / Mocktails 6pm-Cornhole behind comm-room	2pm– Trivia 6pm Card Night CALAMAR FOUNDATION	7pm—Movie Night	JULLY
5 Full Moon	6	7 National Strawberry Sundae Day	8	9	<b>10</b> 10am– Coffee Hour	11 2pm—UNO
9:30am Bible Study - Community room	11am-Tai Chi	11am-Balance Training	11am-Dance Exercise	11am-Seated Stretch		6pm—10pm Karaoke
11am—Mass in Library 1pm— Nascar	2pm– Scholar Hour	1pm—Canasta 2 pm—Strawberry Shortcake	2pm– Connect Quest / Mocktails	2pm– Trivia	11am-Exerpath	
	CALAMAR FOUNDATION	2pm– Building Walk Comm-room-RESV 8-11PM	7pm—Nascar	6pm Card Night 6pm-Horseshoes	2pm– Mindful Moments	
<b>2</b> :30am Bible Study -	12 International Puzzle Day & Barbershop Music Appreciation Day	14 Chick-Fil-A Cow Appreciation Day	15	16	17 65th Anniversary of Opening Disneyland	18 2pm UNO
community room	11am-Tai Chi	11am-Balance Training	11am-Dance Exercise	11am-Seated Stretch	10am-Coffee Hour	2pm—UNO
1am—Mass in Library pm—Bingo	2pm– Scholar Hour	2pm—Canasta	2pm– Connect Quest / Mocktails	2pm– Trivia	11am– Exerpath	
	• CALAMAR FOUNDATION	2pm– Building Walk 6pm Wii Bowling Comm-rppm-RESV 8-11PM	6pm-Cornhole behind comm-room	6pm Card Night	2pm– Mindful Moments 7pm Movie Night	
9 National Ice Cream Day	20	21	22 National Hot Dog Day	23 Gorgeous Grandma Day & Hula Hoop Day	<b>24</b> 10am– Coffee Hour	25 National Wine & Cheese Day and National Hot Fudge
:30am Bible Study -	11am-Tai Chi	11am-Balance Training	11am-Dance Exercise	11am-Seated Stretch		Sundae Day
ommunity room 1am—Mass in Library	2pm– Scholar Hour	1pm—Canasta	12:30 - Free Hot Dog - Comm Room	2pm– Trivia	11am-Exerpath	2pm— UNO 6pm—10pm Karaoke
pm—Nascar	• CALAMAR FOUNDATION	2pm– Building Walk 6pm Wii Bowling Comm-room-RESV 8 –11	2pm– Connect Quest / Mocktails	6pm-Horseshoes 7:30pm—Nascar	2pm– Mindful Moments	
26	27	28	29	30	31	4
:30am Bible Study - community room	11am-Tai Chi	11am-Balance Training	11am-Dance Exercise	11am-Seated Stretch	10am– Coffee Hour	
1am—Mass in Library	2pm– Scholar Hour	2pm– Building Walk	2pm– Connect Quest / Mocktails	2pm– Trivia	11am-Exerpath	
pm—Bingo	• CALAMAR FOUNDATION	6pm Wii Bowling 6PM-Commroom-RESV 8-11PM	6pm-Cornhole behind comm- room	6pm Card Night	2pm– Mindful Moments 6pm-Residents Meeting.	CONNECT55+ HITLLICIUM, SPHITUM, MITSON, SOCIA, PRANOM,