

Trivia for the Month! Stephen Foster's song, Oh Suzannah, was sung for the first time in public at a saloon in Pittsburg, PA. Foster sold the rights to the bartender for a bottle of whiskey.

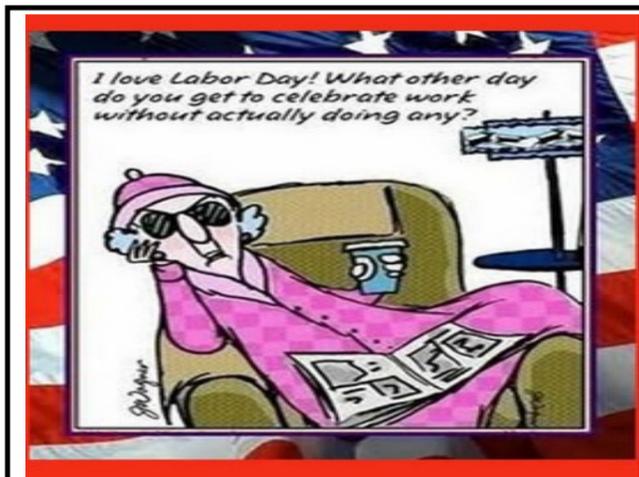
THE FIRST LABOR DAY CELEBRATION WAS SEPTEMBER 5, 1882 IN NYC

On that Tuesday, 10,000 citizens marched for labor rights down the streets of Manhattan. During this time the average American worked 12 hours a day, six days a week. It wasn't until the Adamson Act passed on September 3, 1916 that our modern eight-hour work day was established.

MEMORIAL SERVICE AND CELEBRATION OF LIFE SERVICE WILL BE HELD FOR CAROL MIDEY AT THE VICTORY HIGHWAY CHURCH ON SEPTEMBER 13, 2019 AT 1 PM. A RECEPTION TO FOLLOW AT THE ADDISON AMERICAN LEGION.

REMINDER FOR MEDICARE SEMINARS:

SEPTEMBER 18: 10:30AM-12PM
OCTOBER 11: 10:30AM-12PM



9/2-4th Annual Great Bathtub Race, Nome AK
In 1978, then-Mayor Leo Rasmussen was looking for a way to attract visitors to Nome. His brainchild, the wacky (and exceedingly clean) Great Bathtub Race, has no equal anywhere in the world. In this fun Labor Day event, teams line up at High Noon and prepare to race about 100 yards down Front Street.

Each team must have five members – one to “bathe” in the tub full of water and copious bubbles, while four others propel it in a mad dash down Nome’s most famous street. Racers wear the official Bathtub Race costume, consisting of a large brimmed hat and suspenders (frequently fashioned from duct tape). Spectators are known to start the fun early by tossing water balloons at the athletes as they warm up. The tubs are mounted on wheels, and must be at least 4 feet long. Beyond that, there is no consistency, with teams doing their best to engineer an aerodynamic vehicle that will fly down the street – even when full of water and a bather.

At the finish line, the tub must still have 10 gallons of water in it, and racers must have their requisite items – bar of soap, towel, washcloth, and bathmat.

The winning prize? Bragging rights, and possession of a most unusual trophy: a figurine of Kermit and Miss Piggy taking a bath. (It’s passed on each year to the next winner).

CEATS TRANSPORTATION

Just a reminder that CEATS is a transportation option. It is required that you call ahead of time to request your trip. You must be able to shop independently and get in and out of the van with minimal assistance.

CEATS: 607-734-5212



Colonial Square

Colonial Corner



“Come as strangers, live as friends”

COMMUNITY INFORMATION

COMMUNITY MANAGER:
LORRIE

MAINTENANCE TECH:
KEVIN

OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #: 607-654-7906

MANAGER EMAIL:
MANAGERCOLONIAL@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO: RM14A HOLDINGS, LLC.

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.

The idea of a “workingmen’s holiday,” celebrated on the first Monday in September, caught on in other industrial centers across the country, and many states passed legislation recognizing it. Congress would not legalize the holiday until 12 years later, when a watershed moment in American labor history brought workers’ rights squarely into the public’s view. On May 11, 1894, employees of the Pullman Palace Car Company in Chicago went on strike to protest wage cuts and the firing of union representatives.

On June 26, the American Railroad Union, led by [Eugene V. Debs](#), called for a boycott of all Pullman railway cars, crippling railroad traffic nationwide. To break the strike, the federal government dispatched troops to Chicago, unleashing a wave of riots that resulted in the deaths of more than a dozen workers.

In the wake of this massive unrest and in an attempt to repair ties with American workers, Congress passed an act making Labor Day a legal holiday in the District of Columbia and the territories. More than a century later, the true founder of Labor Day has yet to be identified.

Quotes of the Month: “Gratitude takes three forms: a feeling in the heart, an expression in words, and a giving in return.” - Anonymous

“The most rewarding things you do in life are often the ones that look like they cannot be done.” - Arnold Palmer

“All labor that uplifts humanity has dignity.” - Martin Luther King, Jr.



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2 Labor Day Office Closed 	3 10:00AM– Morning Stroll 1:00PM– Conasta Afternoons– Puzzle Time 6:00PM– Open Gym Betty G.	4 10:30AM– Bone Builders 1:30PM– Scrabble Afternoons– Puzzle time and open computer time in Library 6:00PM– Evening Stroll	5 NFL Season starts 1:00PM– Bible Study 1:20PM– Conasta 3:00PM– Mocktails 6:00PM– Evening Walk Madeline W. 	6 9:30AM– Coffee & Donuts 11:00AM– Let’s Reminisce Afternoons– Puzzle Time 4:00PM– Indoor/Outdoor Strolls Anthony M.	7 1:00PM– Canasta 2:00PM– UNO Afternoons– Puzzle Time 6:00PM– Open Gym 	
8 National Grandparent’s Day 11:00AM– Mass in the Library 2:00PM– BINGO Afternoons– Open Computer time 6:00PM– Evening Stroll 	9 10:30AM– Bone Builders 1:00PM– Mindful Coloring 2:00PM– Puzzle Time 5:30PM– POT LUCK DINNER IN COMMUNITY ROOM	10 10:00AM– Morning Stroll 1:00PM– Conasta Afternoons– Puzzle Time 6:00PM– Open Gym 	11 Patriot Day and National Day of Service & Remembrance 10:30AM– Bone Builders 1:30PM– Scrabble Afternoons– Puzzle time And open computer time in the Library 6:00PM– Evening Walk	12 1:00PM– Bible Study 1:20PM– Conasta 3:00PM– Mocktails 6:00PM– Evening Walk	13 International Chocolate Day by Milton Hershey 9:30AM– Coffee Hour 11:00AM– Let’s Reminisce Afternoons– Puzzle Time 4:00PM– Indoor/Outdoor Stroll	14 Harvest Moon  1:00PM– Canasta 2:00PM– UNO Afternoons– Puzzle Time 6:00PM– Open Gym	
15 11:00AM– Mass in the Library 2:00PM– BINGO Afternoons– Open Computer Time 6:00PM– Evening Stroll Sonia V.	16 10:30AM– Bone Builders 1:00PM– Mindful Coloring 2:00PM– Puzzle Time 6:00PM– Cards & Games	17 10:00AM– Morning Walk 1:00PM– Conasta Afternoons– Puzzle Time 6:00PM– Open Gym Ercil S.	18 National Cheeseburger Day 10:30AM– Medicare Seminar 1:30PM– Scrabble  LET’S GO OUT TO LUNCH Afternoons– Puzzle and computer time in the Library 6:00PM– Evening Walk	19 1:00PM– Bible Study 1:20PM– Conasta 3:00PM– Mocktails 6:00PM– Evening Walk 	20 POW/MIA Recognition Day 9:30AM– Coffee & Donuts 9:30AM– Connect 55+ Activity Meeting 11:00AM– Let’s Reminisce Afternoons– Puzzle Time 4:00PM– Indoor/Outdoor stroll 	21 World Alzheimer Day 1:00PM– Canasta 2:00PM– UNO Afternoons– Puzzle Time 6:00PM– Open Gym Michael A.	
22 Autumn Begins  11:00AM– Mass in the Library 2:00PM– BINGO Afternoons– Open Computer Time 6:00PM– Evening Stroll	23 10:30AM– Bone Builders 1:00PM– Mindful Coloring 2:00PM– Puzzle Time 6:00PM– Cards & Games	24 10:00AM– Morning Walk 1:00PM– Conasta Afternoons– Puzzle Time 6:00PM– Open Gym Alex S.	25 National Women’s Health & Fitness Day 10:30AM– Bone Builders 1:30PM– Scrabble 3:00PM– BIRTHDAY PARTY 6:00PM– Evening Walk  Annie F.	26 1:00PM– Bible Study 1:20PM– Conasta 3:00PM– Mocktails 6:00PM– Evening Walk	27 9:30AM– Coffee Hour 11:00AM– Let’s Reminisce Afternoons– Puzzle Time 4:00PM– Indoor/Outdoor Stroll 	28 National Good Neighbor Day 1:00PM– Canasta 2:00PM– UNO Afternoons– Puzzle Time 6:00PM– Open Gym	
29 National Coffee Day  11:00AM– Mass in the Library 2:00PM– BINGO Afternoons– Open Computer Time 6:00PM– Evening Stroll	30 10:30AM– Bone Builders 1:00PM– Mindful Coloring 2:00PM– Puzzle Time 6:00PM– Cards & Games 	 SEPTEMBER			2019	 September is National Senior Center Month	 CONNECT 55+ INTELLECTUAL SPIRITUAL PHYSICAL SOCIAL FINANCIAL