

Do you Know?

To keep the winter blues at bay, spend at least five to 10 minutes outside



even when it is overcast. When people see natural light, it increases levels of serotonin which keeps mood on an even keel.

NOTES FROM LORRIE

- Please do not attempt to adjust any settings on common area tv's, remotes, computer, or the fireplace. We have had to spend time and money to fix these issues. If you need assistance, please come to myself or Kevin.
- Please limit the amount of flyers that are being hung in the elevators and common areas. It is becoming very busy and cluttered.
- Please pay close attention the signs and information that has been distributed recently in regards to the garbage rooms. I have hung several signs and distributed more than adequate information with instructions of how you dispose of your trash and recyclables. Going forward, we will find out who the repeat offenders are and I will begin lease violations. Please assist in keeping our building clean and sanitary.

RECIPE OF THE MONTH

Potato Cheese Soup

You will need:

- 3 strips of bacon
- 1 large onion
- 3 pounds of baking potatoes (about 6 large potatoes) peeled and cut into cubes
- 4-1/2 cups water
- 1 teaspoon salt
- 6 oz. bag of grated cheddar cheese
- 1/4 cup chives, chopped

In a large sauce pan, cook the bacon until crisp. Take out bacon and drain on paper towels and crumble into pieces. With the oil that is in the sauce pan, add the onion and cook for about 5 minutes. Stir in the potatoes, water, salt and bring to a boil. reduce the heat and simmer, covered until potatoes are tender, 15 to 20 minutes. Mash up the mixture with a fork or potato masher until creamy texture. Add in cheese stir until melted and top with crumbled bacon and chives.

IMPORTANT RESIDENT INFO

In case of any after hour emergencies or lock outs, please follow the procedure that is outlined in your lease and resident directory. Resident's are not to go to Kevin's mother's door or ask her to call Kevin. Please call the office number and let the answering service know it is an emergency. Then give Kevin or myself a chance to get here to help. If you have a fall or injury, please call 911 as we are not allowed to lift anyone.

PARKING LOT RULES FOR WINTER

Each time we have a significant snow fall, please move your vehicles from the back of the building to the front. When the have finished plowing the back please move your vehicles to the back so they may do the front.

FEBRUARY CANNED FOOD DRIVE

We will be beginning a food drive the month of January. We will be having a competition building a sculpture out of our donated can goods. We will have a meeting this month to discuss ideas for our design. Each community will be judged on creativity and execution. Only one winner will be selected from all of our communities. The winner will receive a can trophy, bragging rights, and a pizza party. The winner will be announced February 28th. This will be a great fun way to show everyone Colonial Square is the best and at the same time contribute to our local food pantries. Please donate what you can and make sure the labels on the cans remain intact.



New Year's Superstitions: Don't sweep the floor during the first day of the new year. You may sweep out the good fortune.



Colonial Square

COMMUNITY INFORMATION

COMMUNITY MANAGER: LORRIE

MAINTENANCE TECH: KEVIN

OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #: 607-654-7906

MANAGER EMAIL: MANAGERCOLONIAL@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO **RM14A HOLDINGS, LLC**

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



Colonial Corner

JANUARY

2020

"Come as strangers, live as friends"













WE CELEBRATE MONTHLY BIRTHDAYS WITH CAKE ON THE 3RD WEDNESDAY OF THE MONTH HAPPY JANUARY BIRTHDAY TO:

- Lynn Dejaiffe #337 1/2
- Norma Rhodes #128 1/4
- Doc Simpson #331 1/12
- Joe Vikin #326 1/13
- Jack Waters #220 1/17
- Grover Walker #202 1/21
- Anne Hunsinger #239 1/23
- Geri Fuller #313 1/23
- Jean Woodhouse #121 1/26
- Dawn Lowe #233 1/26
- Maynard Shaw #126 1/28
- Pat Deprimo #102 1/30



Quote of the Month: "Hate cannot drive out hate. Only love can do that." - Martin Luther King, Jr.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 New Year's Day – OFFICE CLOSED 10AM– Bone Builders 1:30PM– Let's Play Scrabble Afternoons– Let's Play Cards 6PM– Evening Exercise 	2 10AM– Let's Reminisce 1:15PM– Canasta 3PM– Mocktails 6PM– Open Gym Happy Birthday Lynn D.	3 9:30AM– Coffee & Donuts 11AM– Let's Reminisce 4PM– Evening Stroll 6PM– Open Gym 	4 10AM– Morning Exercise 2PM– Mindful Coloring Afternoons–Puzzle Time 6PM– Open Gym Happy Birthday Norma R.
5 11AM– Mass in the Library 1PM– Game Time Afternoons– Let's watch a Movie 6PM– Open Gym 	6 10:30AM– Bone Builders 1PM– Mindful Coloring 2PM– Trivia 6PM– Open Gym	7 10AM– Morning Exercise 1PM– Canasta Afternoons– Jig Saw Puzzle Time 6PM– Open Gym	8 Elvis Presley's Birthday 10AM– Bone Builders 1:30PM– Let's Play Scrabble Afternoons– Let's Play Cards 6PM– Evening Exercise	9 10AM– Let's Reminisce 1:15PM– Canasta 3PM– Mocktails 6PM– Open Gym	10 Full Moon/Winter Moon National Volunteer Fireman's Day 9:30AM– Coffee & Donuts 10AM– Connect 55+ / DISCUSS IDEAS FOR CAN SCULPTURE COMPETITION MEETING 4PM– Evening Stroll 6PM– Open Gym 	11 10AM– Morning Exercise 2PM– Mindful Coloring Afternoons– Puzzle Time 6PM– Open Gym
12 11AM– Mass in the Library 1PM– Game Time Afternoons– Movie Time 6PM– Open Gym Happy Birthday Doc S. & Mitzie A.	13 10:30AM– Bone Builders 1PM– Mindful Coloring 2PM– Trivia 6PM– Open Gym Happy Birthday Joe V.	14 10AM– Morning Exercise 1PM– Canasta Afternoons– Jig Saw Puzzles 6PM– Open Gym 	15 10AM– Bone Builders 1:30PM– Let's Play Scrabble Afternoons– Card Game of Choice 6PM– Evening Exercise	16 10AM– Let's Reminisce 1:15PM– Canasta 3PM– Mocktails 6PM– Open Gym	17 9:30AM– Coffee & Donuts 11AM– Let's Reminisce 4PM– Evening Stroll 6PM– Open Gym Happy Birthday Jack W.	18 10AM– Morning Exercise 2PM– Mindful Coloring Afternoons– Puzzle Time 6PM– Open Gym
19 11AM– Mass in the Library 1PM– Game Time Afternoons– Let's watch a Movie 6PM– Open Gym	20 Martin Luther King, Jr. Day 10:30AM– Bone Builders 1PM– Mindful Coloring 2PM– Trivia 6PM– Open Gym 	21 National Hugging Day 10AM– Morning Exercise 1PM– Canasta Afternoons– Jig Saw Puzzles 6PM– Open Gym Happy Birthday Sonny (Grover)W.	22 10AM– Bone Builders 1:30PM– Let's Play Scrabble Afternoons– Card Game of Choice 6PM– Evening Exercise	23 10AM– Let's Reminisce 1:15PM– Canasta 3PM– Mocktails 6PM– Open Gym Happy Birthday Geri F. & Anne H.	24 National Compliment Day 9:30AM– Coffee & Donuts 11AM– Let's Reminisce 4PM– Evening Stroll 6PM– Open Gym 	25 Chinese New Year Begins/The Year of the Rat National Irish Coffee Day The Great Fruitcake Toss 10AM– Morning Exercise 2PM– Mindful Coloring Afternoons– Puzzle Time 6PM– Open Gym
26 11AM– Mass in the Library 1PM– Game Time Afternoons– Movie Time 6PM– Open Gym Happy Birthday Jean W.	27 10:30AM– Bone Builders 1PM– Mindful Coloring 2PM– Trivia 6PM– Open Gym 	28 10AM– Morning Exercise 1PM– Canasta Afternoons– Jig Saw Puzzles 6PM– Open Gym Happy Birthday Maynard S.	29 National Puzzle Day 10AM– Bone Builders 1:30PM– Let's Play Scrabble Afternoons– Game of Choice 6PM– Evening Exercise 	30 10AM– Let's Reminisce 1:15PM– Canasta 3PM– Mocktails 6PM– Open Gym	31 9:30AM– Coffee & Donuts 11AM– Let's Reminisce 4PM– Evening Stroll 6PM– Open Gym 