

SENIOR CITIZENS WEEK IS AUGUST 19-23

PLEASE CHECK THE CALENDAR FOR
SPECIAL EVENTS THAT WEEK



Instead of the John I call my
bathroom the Jim!
That way it sounds better when I
say I go to the Jim first thing
every morning!!!

CEATS TRANSPORTATION

Just a reminder that CEATS is a transportation option. It is required that you call ahead of time to request your trip. You must be able to shop independently and get in and out of the van with minimal assistance.

CEATS: 607-734-5212

August Lore! If the first week in August is unusually warm the coming winter will be snowy and long!

MEDICARE INFORMATIONAL SEMINARS WILL BE TAKING PLACE ON THE FOLLOWING DATES:

AUGUST 27: 10:30 AM-12:00 PM

SEPTEMBER 18: 10:30 AM-12:00PM

OCTOBER 11: 10:30AM-12:00PM

THESE SEMINARS WILL BE HELD IN THE COMMUNITY ROOM.

MEDICARE OPEN ENROLLMENT BEGINS IN OCTOBER 2019



August Humor: When the temp reached 102. My wife's yearning for snow cones grew. "Why'd you buy only one?" My wife asked. I said, "hon, Cause I only ice for you."



Colonial Square

Colonial Corner

August

"Come as strangers, live as friends"

THIS MONTH IN HISTORY

August 1, 1838 - Slavery was abolished in Jamaica. It had been introduced by Spanish settlers 300 years earlier in 1509.

August 1, 1944 - Anne Frank penned her last entry into her diary. "[I] keep on trying to find a way of becoming what I would like to be, and what I could be, if...there weren't any other people living in the world." Three days later, Anne and her family were arrested and sent to Nazi concentration camps. Anne died at Bergen-Belsen concentration camp on March 15, 1945, at age 15.

August 3, 1492 - Christopher Columbus set sail from Palos, Spain, with three ships, *Nina*, *Pinta* and *Santa Maria*. Seeking a westerly route to the Far East, he instead landed on October 12th in the Bahamas, thinking it was an outlying Japanese island.

August 5, 1861 - President Abraham Lincoln signed into law the first Federal income tax, a 3 percent tax on incomes over \$800, as an emergency wartime measure during the Civil War. However, the tax was never actually put into effect.

August 14, 1935 - President Roosevelt signed the Social Security Act establishing the system which guarantees pensions to those who retire at age 65. The Social Security system also aids states in providing financial aid to dependent children, the blind and others, as well as administering a system of unemployment insurance.

Quote of the Month: "Vegetables are a must on a diet. I suggest carrot cake, zucchini bread, and pumpkin pie." Jim Davis

COMMUNITY INFORMATION

COMMUNITY MANAGER: LORRIE

MAINTENANCE TECH: KEVIN

OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #: 607-654-7906

MANAGER EMAIL: MANAGERCOLONIAL@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO **RM14A HOLDINGS**.

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



CALAMAR FOUNDATION

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			 2019	1 National Mahjong Day 1:00PM- Bible Study 1:20PM- Conasta 3:00PM- Mocktails 6:00PM-Evening Stroll	2 National Coloring Book Day 9:30AM- Coffee Hour 11:00AM- Let's Reminisce Afternoons- Puzzle Time 4:00PM- Indoor/Outdoor Strolls	3 1:00PM- Canasta 2:00PM- UNO Afternoons- Puzzle Time 6:00PM- Open Gym
4 National Friendship Day 11:00AM- Mass in Library 2:00PM- BINGO Afternoons- Open Computer Time 6:00PM- Evening Stroll	5 10:30AM- Bone Builders 1:00PM- Mindful Coloring 2:00PM- Puzzle Time 6:00PM- Cards & Games	6 National Root Beer Float Day 10:00AM- Morning Walk 1:00PM-Conasta Afternoons- Puzzle Time 6:00PM- Open Gym	7 10:30AM- Bone Builders 1:30PM- Scrabble Afternoons- Puzzle Time and Open Computer in Library 6:00PM- Evening Stroll	8 1:00PM- Bible Study 1:20PM- Conasta 3:00PM- Mocktails 6:00PM- Evening Stroll	9 Smokey Bear's 75th Birthday (1944) 9:30AM- Coffee Hour 11:00AM- Let's Reminisce Afternoons- Puzzle Time 4:00PM-Indoor/Outdoor Strolls	10 1:00PM- Canasta 2:00PM- UNO Afternoons- Puzzle Time 6:00PM- Open Gym
11 11:00AM- Mass in Library 2:00PM- BINGO Afternoons- Open Computer Time 6:00PM- Evening walk	12 10:30AM- Bone Builders 1:00PM- Mindful Coloring 2:00PM- Puzzle Time 6:00PM- Cards & Games	13 10:00AM- Morning Walk 1:00PM- Conasta Afternoons- Puzzle Time 6:00PM- Open Gym	14 10:30AM- Bone Builders 1:30PM- Scrabble Afternoons- Puzzle Time and Open Computer in Library 6:00PM- Evening Stroll	15 National Relaxation Day 1:00PM- Bible Study 1:20PM- Conasta 3:00PM- Mocktails 6:00PM- Evening Stroll	16 National Tell a Joke Day 9:30AM- Coffee Hour 11:00AM- Let's Reminisce Afternoons- Puzzle Time 4:00PM- Indoor/Outdoor Strolls	17 50th Anniversary of Woodstock (Aug 15th-18th) 1:00PM- Canasta 2:00PM- UNO Afternoons- Puzzle Time 6:00PM- Open Gym
18 11:00AM- Mass in Library 2:00PM- BINGO Afternoons- Open Computer Time 6:00PM- Evening Walk	19 10:30AM- Bone Builders 1:00PM- Mindful Coloring 2:00PM- Ice Cream Social 6:00PM- Cards & Games	20 10:00AM- Morning Walk 1:00PM- Conasta 2:00PM- Glamour Shots 6:00PM- Open Gym	21 National Senior Citizens Day 10:30AM- Bone Builders 1:30PM- Scrabble 2:00PM- Trivia/Reminisce 6:00PM- Evening Walk	22 1:00PM- Bible Study 1:20PM- Conasta 3:00PM- Mocktails & Snacks 6:00PM- Evening Walk	23 9:30AM- Coffee and Donuts 11:00AM- Let's Reminisce Afternoons- Puzzle Time 4:00PM- Indoor/Outdoor Strolls	24 OLD TIMERS FAIR CORNING SENIOR CENTER 1:00PM- Canasta 2:00PM- UNO Afternoons- Puzzle Time
25 11:00AM- Mass in Library 2:00PM- BINGO Afternoons- Open Computer Time 6:00PM- Evening Stroll	26 National Dog Day 10:30AM- Bone Builders 1:00PM- Mindful Coloring Afternoons- Puzzle Time 6:00PM- Cards & Games	27 10:30-12PM- Medicare Seminar in Community Room regarding Open Enrollment 1:00PM- Conasta Afternoons- Puzzle Time 6:00PM- Open Gym	28 10:30AM- Bone Builders 1:30PM- Scrabble Afternoons- Puzzle Time and Open Computer in the Library 6:00PM- Evening Stroll	29 1:00PM- Bible Study 1:20PM- Conasta 3:00PM- Mocktails 6:00PM- Evening Stroll	30 9:30AM- Coffee Hour 11:00AM- Let's Reminisce Afternoons- Puzzle Time 4:00PM- Indoor/Outdoor Strolls	31 1:00PM- Canasta 2:00PM- UNO Afternoons- Puzzle Time 6:00PM- Evening Stroll