

Pumpkin Trivia

Pumpkins are grown on six of the seven continents, with Antarctica being the sole exception.



Calendar Location Key Codes

O= Outside

CR= Community Room

CDR= Card Room

FR= Fitness Room

L= Library

** all events outlined in bold are events located in the Concord area.*

Happy Birthday

Joan L.....11/4

Ellen O.....11/14

Susan E.....11/15

Darlene P.....11/17

John P.....11/27



Inside This Issue

Reiki w/ Jan.....5th, 19th

Keene Medical Products Presentation.....6th

Entertainment w/ Bill Parker.....7th

Veterans Day Brunch/Celebration.....11th

Senior Health Clinic.....13th

Estate Planning Seminar.....14th

Wine/Cheese.....26th

Community Thanksgiving Dinner.....28th

Sign up Sheets

Just a reminder, all signup sheets for community and outside events are located on the back table in the community room.



because memories matter...

National Alzheimer's Awareness Month



COBBLESTONE CORNER



Cobblestone Pointe
Senior Village



"Come as strangers, live as friends"

COMMUNITY INFORMATION

COMMUNITY MANAGER:
RICK COTE

MAINTENANCE TECH:
DOUG HARGREAVES

OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #: (603) 715-5040

MANAGER EMAIL:
MANAGERCOBBLE-
STONEPOINTE@CALA
MAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO:
RM 25 HOLDINGS

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.

The holiday season is upon us. As we all get ready for the Thanksgiving and Christmas holiday's I would love to take a moment to just remind you that as you have guests arrive, please ensure that they are parking in areas that allow your neighbors to access a parking spot. Also, please remember that we have had the carpet cleaned in the common areas so please try to help against pet and or other stains so that they stay looking presentable. Additionally, I want to remind everyone that Danielle is no longer with us, therefore if there are any concerns or request regarding the program, please contact me in regards of those.

We here at Cobblestone want to wish you and your families a Happy Thanksgiving !

Thanks, and let's have a wonderful fall

Rick



Quote of the Month: "An act of kindness may take only a moment of our time, but when captured in the heart, the memory lives forever." Molly Friedenfeld










With Respect
Honor
and Gratitude

Thank You Veterans

Maintenance Notes

Please do not dispose large items (mattresses, furniture, tvs, etc.) into the dumpsters outside. All large items must be disposed at the Transfer station in Concord.

Thank you for your cooperation!

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1 WEAR PURPLE 9 am Coffee/ Donuts CR 11 am Chair Yoga DVD CR 1 pm Bridge CDR 3 pm Chair Beach ball Vball CR 6 pm Resident Social 	2 8 am– 6 pm Alpha Group Room RESERVED 2:30 pm Cards/Games
		3 Daylight Savings Ends 2 pm Pegs/Jokers 4 pm—8 pm Alpha Group Room RESERVED	4 National Candy Day 9 am Chair Yoga DVD CR 10 am Strength/Balance DVD CR 12:30 pm Line Dancing CR 1 pm Bridge CDR 3 pm Seated Stretch DVD CR 6:30 pm BINGO CR	5 Election Day 9 am Reiki w/ Jan CDR 9:30 am Strength/Balance DVD CR 10 am Knitting w/ Pam CR 2 pm Isometrics (resident run) CR 3:30 pm Parlor Games CR 	6 10 am Strength/Balance DVD CR 11am Keene Medical Products Presentation CR 2 pm Bananagrams CR 4 pm Cat Chat Group CR 6 pm Card Group CR	7 9 am Walking Group O 10 am Strength/Balance DVD CR 12:30 pm Line Dancing CR 3 pm Intro to Foam Rolling DVD CR 4pm Spades L 6:30 pm Entertainment w/ Bill Parker CR	8 WEAR PURPLE 9 am Coffee/ Donuts CR Connect 55+ Activity Meeting 11 am Chair Yoga DVD CR 1 pm Bridge CDR  3 pm Chair Beach ball Vball CR 6 pm Resident Social
10 2 pm Pegs/Jokers 4 pm—8 pm Alpha Group Room RESERVED	11 Veteran's Day 10 am Strength/Balance DVD CR 11 am Veterans Day Brunch CR 12:30 pm Line Dancing CR 1 pm Bridge CDR 3 pm Seated Stretch DVD CR 6:30 pm BINGO CR	12 Full Moon/Beaver Moon 9:30 am Strength/Balance DVD CR 10 am Knitting w/ Pam CR 2 pm Isometrics (resident run) CR 3:30 pm Parlor Games CR 5 pm Room RESERVED CR	13 World Kindness Day 9 am Senior Health Clinic CDR 10 am Veterans Day Recognition by Trinity Christian School CR 2 pm Bananagrams CR 4 pm POUND Fit DVD CR 6 pm Card Group CR 	14 World Diabetes Day 9 am Walking Group O 10 am Strength/Balance DVD CR 11 am Estate Planning Seminar CR 12:30 pm Line Dancing CR 4pm Spades L	15 WEAR PURPLE 9 am Coffee/ Donuts CR 11 am Chair Yoga DVD CR 1 pm Bridge CDR 3 pm Chair Beach ball Vball CR 6 pm Resident Social	16 2:30 pm Cards/Games	
17 2 pm Pegs/Jokers 4 pm— 8 pm Alpha Group Room RESERVED	18 Mickey Mouse's 91st Bday 9 am Chair Yoga DVD CR 10 am Strength/Balance DVD CR 12:30 pm Line Dancing CR 1 pm Bridge CDR 3 pm Seated Stretch DVD CR 6:30 pm BINGO CR	19 9 am Reiki w/ Jan CDR 9:30 am Strength/Balance DVD CR 10 am Knitting w/ Pam CR 11:30 am Out To Lunch: Applebee's 2 pm Isometrics (resident run) CR 3:30 pm Parlor Games CR	20 10 am Strength/Balance DVD CR 11 am Winter Blues & Cold Prevention by Rite Aid CR 2 pm Bananagrams CR 4 pm POUND Fit DVD CR 6 pm Card Group CR 	21 9 am Walking Group O 10 am Strength/Balance DVD CR 12:30 pm Line Dancing CR 2:00 pm Resident Birthday Party CR 3 pm Intro to Foam Rolling DVD CR 4pm Spades L	22 WEAR PURPLE 9 am Coffee/ Donuts CR 11 am Chair Yoga DVD CR 1 pm Bridge CDR 3 pm Chair Beach ball Vball CR 6 pm Resident Social	23 2:30 pm Cards/Games	
24 2 pm Pegs/Jokers 4 pm— 8 pm Alpha Group Room RESERVED	25 National Parfait Day 9 am Chair Yoga DVD CR 10 am Strength/Balance DVD CR 12:30 pm Line Dancing CR 1 pm Bridge CDR 3 pm Seated Stretch DVD CR 6:30 pm BINGO CR	26 9 am Reiki w/ Jan CDR 9:30 am Strength/Balance DVD CR 10 am Knitting w/ Pam CR 2 pm Isometrics (resident run) CR 3:30 pm Parlor Games CR 4:30 pm Wine & Cheese CR	27 9-12 pm Massage Clinic CDR 10 am Strength/Balance DVD CR 2 pm Bananagrams CR 4 pm POUND Fit DVD CR 5-7 pm Massage Clinic CDR 6 pm Card Group CR	28 Thanksgiving Office Closed 9 am Walking Group O 10 am Strength/Balance DVD CR 4pm Spades L	29 WEAR PURPLE Black Friday Office Closed 9 am Coffee/ Donuts CR 1 pm Bridge CDR 6 pm Resident Social 	30 Small Business Saturday 2:30 pm Cards/Games	