

Riddle For the Day: It's not every day that a friend comes along who can be treasured by a great grandmother, grandmother, mother, and daughter. Who is this friend?
Raggedy Ann & Andy dolls.

Happy Birthdays

Carol F.....6/10
 Donna R.....6/10
 Frank E.....6/11
 Gail G.....6/15
 Gwen B.....6/18
 Tom G.....6/19
 Jeanne B.....6/21
 Cindy E.....6/23
 Joanne L.....6/24
 Richard O.....6/26

Maintenance Reminders!

Please do not dispose large items (mattresses, furniture, tvs, etc.) into the dumpsters outside. All large items must be disposed at the Transfer station in Concord.

All residents please remember to request in writing to Rick if Doug, can enter your apartment for work orders if you are not home.

Please remember to also dump all liquids down the drain before you empty into the trash bins.

Thank you for your cooperation!

Thank you to all who donated to the Calamar Foundation!

A Message From The Concord VNA

Our Veteran Volunteer Training Begins in July

Concord Regional VNA's Hospice Program is a proud *We Honor Veterans* Partner Provider that serves a growing segment of our patient population – our veterans. As a Partner Provider, our agency recruits and trains Veterans and others who want to support Veterans who are hospice patients. Veteran Volunteers offer companionship, interaction, comfort, and family member support. Our next five-week training session begins Friday, July 12 from 9 a.m. to Noon at Concord Regional VNA Hospice House. For more information about becoming a Veteran Volunteer, call (603) 224-4093, ext. 2826 or e-mail lisa.challender@crvna.org.

The Smoothie Bus Visits

Thursday, June 13
6 pm



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Celebrate Father's At Cobblestone	11th
Entertainment w/ The Solution Band	13th
Tour WMUR studios	25th
Wine Tasting at Gilmanton Winery	20th



Cobblestone Pointe
Senior Village

COMMUNITY INFORMATION

COMMUNITY MANAGER:
RICK COTE

CONNECT 55+ COORDINATOR:
DANIELLE MERRILL

MAINTENANCE TECH:
DOUG HARGREAVES

OFFICE PHONE #

(603)715-5040

AFTER HOURS EMERGENCY SERVICE #: (603) 715-5040

MANAGER EMAIL:
MANAGERCOBBLESTONEPOINTE@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO . **RM 25 HOLDINGS**

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



COBBLESTONE CORNER








“Come as strangers, live as friends”

Well now that the weather is warmer and the sun is beginning to shine (occasionally) thoughts turn to summer activities. Not only are we looking into additional off site programs for the Connect 55+ program this year and will be welcoming your constructive input for potential new programming ideas but we are also deep into the Calamar Foundation Season, where one small contribution can make a difference. I hope that everyone here has a great kick off to the summer season!

-Rick

Quote of the Month: “I want to be remembered as a darn good entertainer, nothing spectacular. A good entertainer who made people enjoy themselves and made them laugh a little. I want them to think “He was a nice guy. He did pretty good and we loved him.”
Dean Martin

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<p>2019</p> <p><i>June is: National Dementia Caregivers Month</i></p>	<p>1</p> <p>8:30-12 pm Concord Farmer's Market Downtown</p> <p>2:30 pm Cards L</p>
<p>2</p> <p>2 pm Pegs/Jokers CR</p>	<p>3</p> <p>9 am Chair Yoga CR 10 am Strength/Balance CR 11:30 am Open Discussion CR 12:30 pm Line Dancing CR 1 pm Bridge CDR 3 pm Seated Stretch (DVD) CR 6:30 pm BINGO CR</p>	<p>4</p> <p> CALAMAR FOUNDATION</p> <p>10 am Strength/ Balance CR 1 pm Cribbage L 2 pm Isometrics Class CR 2:30 pm Movie Matinee: Breakfast At Tiffany's CR 3 pm Parlor Games L 4:30 pm Build Your Own Granola Snack Station CR 6 pm Book Talk Group CR</p>	<p>5</p> <p>9 am Walking Group-Outdoors 10 am Strength/Balance CR 11 am Get It Together- Part I Series Class CR 1 pm Nintendo WII Bowling CR 2 pm Bananagrams CR 4 pm Seated Stretch CR 6 pm Card Group CR</p>	<p>6 75th Anniversary of D-Day</p> <p>10 am Strength/Balance CR 11:30 am AARP: Tips To Block Spam Callers 12:30 pm Line Dancing CR 3 pm Technology 101 CR 4 pm Connect 55+ Activity Meeting CR 6:30 pm Pegs/Jokers CR</p>	<p>7 National Doughnut Day</p> <p>9:30 am Coffee/Donuts CR 11 am Chair Yoga CR 1 pm Bridge CDR 1 pm Nintendo WII- Just Dance CR 2 pm Air Hockey 3 pm Chair Beach ball Vball CR 6 pm Resident Social CR</p>	<p>8</p> <p>8:30-12 pm Concord Farmer's Market Downtown</p> <p>9 am Resident SWAP Fair CR</p> <p>2:30 pm Cards L</p>
<p>9</p> <p>2 pm Pegs/Jokers CR</p>	<p>10</p> <p>9 am Chair Yoga CR 10 am Strength/Balance CR 11:30 am Open Discussion CR 12:30 pm Line Dancing CR 1 pm Bridge CDR 3 pm Seated Stretch (DVD) CR 4 pm Cat Chat Group CR 6:30 pm BINGO CR</p>	<p>11</p> <p>9 am Reiki w/ Jan CDR 10 am Strength/ Balance CR 11:30 am Tips For Reducing Inflammation Thru Food/Exercise w/ Trish CR 1 pm Cribbage L 2 pm Isometrics Class CR 3:30 pm How To Use The Grill w/ Paul—outside 4:30 pm Celebrate Cobblestone Father's Day Event CR</p>	<p>12</p> <p>9 am Walking Group-Outdoors 9 am Senior Health Clinic CDR 10 am Strength/Balance CR 11 am Get It Together- Part II Series Class CR 1 pm Nintendo WII Bowling CR 2 pm Bananagrams CR 4 pm Seated Stretch CR 6 pm Card Group CR</p> <p></p>	<p>13</p> <p>10 am Strength/Balance CR 11:30 am: AARP: Navigate AARP website 12:30 pm Line Dancing CR 3 pm Technology 101 CR 4 pm POUND Exercise CR 6 pm The Smoothie Bus Visits 6:30 pm Entertainment w/ The Solutions Band CR</p>	<p>14 Flag Day</p> <p>9:30 am Coffee/Donuts CR 11 am Chair Yoga CR 1 pm Bridge CDR 1 pm Walk The Audubon Trails 2 pm Air Hockey 3 pm Chair Beach ball Vball CR 6 pm Resident Social CR</p>	<p>15</p> <p>8:30-12 pm Concord Farmer's Market Downtown</p> <p>10 AM- 2 PM Pollinator Demonstration Garden Grand Opening Party- McLane Audubon Society</p> <p>2:30 pm Cards L</p>
<p>16 Father's Day</p> <p>2 pm Pegs/Jokers CR</p>	<p>17</p> <p>9 am Chair Yoga CR 10 am Strength/Balance CR 11:30 am Open Discussion CR 12:30 pm Line Dancing CR 1 pm Bridge CDR 3 pm Seated Stretch (DVD) CR 6:30 pm BINGO CR</p>	<p>18</p> <p>10 am Strength/ Balance CR 11:30 am Out To Lunch: TGI FRIDAYS 1 pm Cribbage L 2 pm Isometrics Class CR 2:30 pm Movie Matinee: Singin' In The Rain CR 3 pm Parlor Games L 6 pm Evening Chair Yoga CR</p>	<p>19</p> <p>9 am Walking Group- Outdoors 10 am Strength/Balance CR 10:30 am Chair Massage Clinic CDR 1 pm Nintendo WII Bowling CR 2 pm Bananagrams CR 4 pm Seated Stretch CR 6 pm Chair Massage Clinic CDR 6 pm Card Group CR</p>	<p>20 Nat'l Ice Cream Soda Day</p> <p>10 am Strength/Balance CR 11 am Homelessness Awareness Mtg. CR 12:30 pm Line Dancing CR 2 pm OUTING: Wine Tasting At Gilmanton Winery & Vineyard 4 pm Technology 101 CR 6:30 pm Pegs/Jokers CR</p>	<p>21 International Flower Day</p> <p>9:30 am Coffee/Donuts CR 11 am Chair Yoga CR 1 pm Bridge CDR 1 pm Nintendo WII- Just Dance CR 2 pm Air Hockey 3 pm Chair Beach ball Vball CR 6 pm Resident Social CR</p> <p></p>	<p>22</p> <p>8:30-12 pm Concord Farmer's Market Downtown</p> <p>2:30 pm Cards L</p>
<p>23</p> <p>2 pm Pegs/Jokers CR</p> <p>30</p> <p>2 pm Pegs/Jokers CR</p>	<p>24</p> <p>9 am Chair Yoga CR 10 am POUND Exercise CR 11:30 am Open Discussion CR 12:30 pm Line Dancing CR 1 pm Bridge CDR 3 pm Seated Stretch (DVD) CR 6:30 pm BINGO CR</p> <p></p>	<p>25 National Forgiveness Day</p> <p>9 am Reiki w/ Jan CDR 10 am Strength/ Balance DVD CR 10:30 am OUTING: Tour WMUR Studios & Out To Lunch 2 pm Isometrics Class CR 3 pm Parlor Games L 4 pm Veterans Wall Updates: All new Veterans please see Danielle 6 pm Evening Chair Yoga CR</p>	<p>26</p> <p>9 am Walking Group- Outdoors 10 am Strength/Balance CR 10:45 am Harvard Step Test For Aerobic Fitness Challenge 1 pm Nintendo WII Bowling CR 2 pm Bananagrams CR 4 pm Seated Stretch CR 6 pm Card Group CR</p>	<p>27</p> <p>10:00 am Strength/Balance CR 11:30 am AARP : Don't Get Caught In The Grandparents Scam CR 12:30 pm Line Dancing CR 2:30 Celebrate June Bdays CR 3 pm Technology 101 CR 4 pm The Friends Program: Blessing Bags CR 6:30 pm Pegs/Jokers CR</p>	<p>28</p> <p>9:30 am Coffee/Donuts CR 11 am Chair Yoga CR 1 pm Bridge CDR 1 pm Walk The Audubon Trails 2 pm Air Hockey 3 pm Chair Beach ball Vball CR 6 pm Resident Social CR</p>	<p>29</p> <p>8:30-12 pm Concord Farmer's Market Downtown</p> <p>2:30 pm Cards L</p>