Trivia for the Month! Stephen Foster's song, Oh Suzannah, was sung for the first time in public at a saloon in Pittsburg, PA. Foster sold the rights to the bartender for a bottle of whiskey.

Maple Ridge would like to welcome our newest Residents!

> Marilyn Retza, 305 Diane St. Germain, 323

John and Dolores Masker, 305

Peter and Mary Ann Palumbo, 256

Deborah and Michael Tulley, 304

A Special Farewell to:

David and Nancy Barrett (350)

Bob and Nancy Romano (348)

Don and Denise Hammer, (159)

SEPTEMBER BIRTHDAYS!



Michele Tracey 9/23

Back to School Trivia: Fill in the blanks.

1.We begin the day with the Pledge of--

2. Give the teacher an ----- Apple 3. When we play outside its called-

4. We eat our lunch in the 5. The trouble makers go to

6. We often have to get books from

7. The teacher uses a piece of ---to write on the board.---8. The kids that sing in a group at school are on the-

9. When we get to school we hear the----, and then we know its time to go to class.---.

10. When school is out its called -----Summer Vacation.

9/2-42nd Annual Great Bathtub Race, Nome AK

In 1978, then-Mayor Leo Rasmussen was lookng for a way to attract visitors to Nome. His brainchild, the wacky (and exceedingly clean) Great Bathtub Race has no equal anywhere in the world. In this fun Labor Day event, teams line up at High Noon and prepare to race about 100 yards down Front Street.

Each team must have five members - one to "bathe" in the tub full of water and copious bubbles, while four others propel it in a mad dash down Nome's most famous street. Racers wear the official Bathtub Race costume, consisting of a large brimmed hat and suspenders (frequently fashioned from duct tape).

Spectators are known to start the fun early by tossing water balloons at the athletes as they warm up. The tubs are mounted on wheels, and must be at least 4 feet long. Beyond that, there is no consistency, with teams doing their best to engineer an aerodynamic vehicle that will fly down the street - even when full of water and a bather.

At the finish line, the tub must still have 10 gallons of water in it, and racers must have their requisite items – bar of soap, towel, washcloth, and bathmat.

The winning prize? Bragging rights, and possession of a most unusual trophy: a figurine of Kermit and Miss Piggy taking a bath. (It's passed on each year to the next winner).

Maple Ridge Social Scene! Fiesta / Luau & Mohegan Sun Fun!

























Maple Ridge Estates

COMMUNITY INFORMATION

COMMUNITY **MANAGER: NANCY** HENDRICKS

CONNECT 55+ COORDINATOR: KRIS-TINA CARUSO

MAINTENANCE TECH:FRANK CLARK

OFFICE PHONE # 603 232-2463

& AFTER HOURS **EMERGENCY SERVICE** #: 603 232-2463

MANAGER EMAIL:MANAGERMAP LERIDGEESATES.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO RM23A HOLD-INGS LLC.. PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.





MAPLE RIDGE ESTATES



"Come as strangers, live as friends"

"By all these lovely tokens, September Days are here, with summer's best of weather, and Autumn's best of cheer" -Helen Hunt Jackson



September is the best of both worlds, warm, sunny days with beautiful sunsets, the leaves starting to turn into beautiful shades of red, orange, yellow and russet. The night air is crisp and you can feel a change in the air. September can also be a time of "change" and transition for many people. We will welcome many new people to Maple Ridge in September and sadly, we will wish some of our friends well, as they transition into another chapter of their lives. You have heard me say this many times, transition can be challenging, emotional and sometimes difficult. But transition can also be exciting, up-lifting and joyful. We have a wonderful community of people who understand transition, for sure. If you come across someone who is experiencing difficulty with some sort of transition, I know that you will be helpful and supportive. Afterall, you are the heartbeat of our community and it is you who fill our days with "summer's best of weather and Autumn's best of cheer"!

Quotes of the Month: "Gratitude takes three forms: a feeling in the heart, an expression in words, and a giving in return." - Anonymous

"The most rewarding things you do in life are often the ones that look like they cannot be done." - Arnold Palmer

"All labor that uplifts humanity has dignity." - Martin Luther King, Jr.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
CR= Community Room TH=Theater LB= Library Bar 2:00 pm Lobster and Steak Barbeque	Offices closed	9:00 Walking group 11:00 Bone Builders CR 1:00 Pictionary CR 1:00 Cribbage LB 2:00 Matinee 4:00 Library Social 6:30 Evening Game	8:00 Pickleball 1:00 Sequence LB 2:00 Yahtzee LB 3:00 Bull's Eye Darts! Bar 4:00 Library Social 6:00 Nickel Dime Poker 7:00 pm Bone Builders	9:30 Men's coffee & Conversation 11:00 New Resident's Meeting with Kristina 11:00 Bone Builders 1:00 Charades 2:00 Coupon Exchange with Residents 2:30 Matinee 4:00 Library Social	8:00-2:00 pm Salon hours Hair with Debra 9:00 –3:00 pm Massages w/ Donna 9:30 Coffee & Donuts 10:00 Meet Debra w/Naples Salon 11:00 Indoor Bowling CR 3:00 Women's Knitting LB 4:00 Library Social 7:00 pm Movie Night	1:00 am BINGO BUNGO
8 National Grandparent's Day Happy Grandparents Day!	9:00 Open Discussion 11:00 Twp Truths and a Lie w/ Kristina LB 1:00 Cribbage LB 1:00 Bridge CR 1:00 Candle Making w/Phoebe Patio 3:00 Men's Pool 4:00 Library Social 7:00 "Whats Your Story?"TH	10:00 Book Club 11:00 Tech Tuesday LB 11:00 Bone Builder CR 1:00 Pictionary LB 2:00 Matinee 4:00 Library Social 6:30 Evening Game	11 Patriot Day and National Day of Service & Remembrance 8:00 Pickleball 1:00 Sequence LB 2:00 Guest Speaker Peter McGee" Prostate Awareness" TH 3:00 Bull's Eye Darts! Bar 4:00 Library Social 4:00 Yoga/Meditation w/Dalyne CR 6:00 Nickel Dime Poker 7:00 pm Bone Builders	9:30 Men's coffee & Conversation 10:00 Women's Auxiliary CR 11:00 Bone Builders CR 1:00 Charades TH 2:00 pm Coloring CR 3:00 Connect 55+ Residents Meeting 4:00 Library Social	9:30 Coffee & Donuts 11:00 Indoor Bowling 1:00 Games 2:00 Who Loves Chocolate? Chocolate tasting CR 3:00 Women's Knitting 4:00 Library Social 7:00 pm Movie Night	14 Harvest Moon 11:00 am BINGO BURNESS OF THE PROPERTY OF THE
15	9:00 Open Discussion 11:00 Two Truths & a Lie! LB 1:00 Cribbage LB 1:00 Bridge CR 2:00 Tai Chi CR 3:00 Men's Pool 4:00 Library Social	9:00 Walking group 11:00 Bone Builders 1:00 Pictionary LB 1:00 Rain /weather date for candle making 9/9 2:00 What is Uber Eats? 3:00 Birthday Bash CR 4:00 Library Social 6:30 Evening Game	8:00 Pickleball 1:00 Sequence 2:00 pm "Guest Speaker" Disrupt Aging 3:00 Bulls Eye Darts! Bar 4:00 Dance Fusion w/Elizabeth CR 4:00 Library Social LB 6:00 Nickel Dime Poker LB 7:00 pm Bone Builders CR	Men's coffee & Conversation 9:30 10:30 Crafting Club/ping pong room 11:00 Bone Builders CR 1:00 Charades TH 1:00 Rain / weather date for candle making 9/17 2:00 Birthday Bash! 3:00 Crafts with Krist 4:00 Library Social	9:00 –3:00 pm Massages w/ Donna 9:30 Coffee & Donuts 1:00 Game of choice LB 2:00 Dart Competition 3:00 Women's Knitting! LB 4:00 Library Social 7:00 pm Movie Night	21 World Alzheimer Day 11:00 am BINGO BUNGO
22 Autumn Begins 1:00 Patriots and Pool! Bar	9:00 Open Discussion 11:00 Two Truths & a Lie LB 1:00 Cribbage Library 1:00 Bridge CR 2:00 Two Truths & a lie" 3:00 Men's Pool 4:00 Library Social	9:00 Walking group 11:00 Tech Tuesday LB 11:00 Bone Builders CR 1:00 Pictionary LB 3:00 Guest speaker Abbe / Fraud Detection and Prevention TH 4:00 Library Social 6:30 Evening Game	25 National Women's Health & Fitness Day 8:00 Pickleball 11:00 Veteran's Brunch 1:00 Sequence 2:30 Birthday Party! CR 4:00 Yoga w/ Dalyne CR 4:00 Library Social 6:00 Nickel Dime Poker 7:00 pm Bone Builders	9:30 Men's coffee & Conversation 10:00 11:00 Bone Builders CR 1:00 Charades TH 2:00 Guest speaker Donna Konop "Successful Aging "TH 3:00 Crafts with Kristina CR	9:30 Coffee & Donuts 11:00 Indoor Bowling CR 1:00 Game of Choice LB 2:00 Dart Competition 3:00 Women's Knitting LB 4:00 Library Social 7:00 pm Movie Night	28 National Good Neighbor Day 11:00 am BINGO BUNGO 9/29–10/1 Rosh Hashanah begins at sundown on 9/29
29 National Coffee Day Rosh Hashanah 1:00 Patriots and Pool! Bar	9:00 Open Discussion 11:00 Two Truths 7 a Lie LB 1:00 Cribbage LB 1:00 Bridge LB 2:00 Tai -Chi CR 3:00 Men's Pool 4:00 Library Social TRUTHS and a LIE CALAMAR FOUNDATION	SE	PTEMB	E R 2019	September is National Senior Center Month	CONNECTS5+ MITILACTIAL SPARTIAL PHYSICAL SCICIL FRANCIAL