

**GO RED DAY!!!**



**MARCH BIRTHDAYS**

- Dot Dugan 3/12**
- David Dohlman 3/22**
- Paul Dane 3/30**
- Patty Thibault 3/31**



**Valentines Dance**



**Irish Blessings:**

*May the road rise to meet you,  
may the wind be always at your  
back...*

*May god bless us with happiness,  
May love and faith abide...*

*May your neighbors respect you,  
and troubles neglect you...*

*May your pockets be heavy and  
your heart be light,  
May good luck pursue you each  
morning and night...*

*Dance as if no one were watching,  
Sing as if no one is listening,  
and live each day as if it were your  
last.*

**March Fun Facts**

- **March is Women's History Month!**
  - ◊ **Josephine Cochrane invented the dishwasher in 1886**
- **March is National Pothole Month**
- **Did you Know: Davy Crockett was an Irish American**



Maple Ridge Estates

**MARCH MADNESS**

**MARCH 2020**

**“Come as strangers, live as friends”**

March 20, 2020, the first day of Spring, goodness, can it get here fast enough? For me, the answer is no, it can't. The faster the better! Each year, Spring seems to be more precious to me, well, except mud season. But the age old philosophical question is, can we really appreciate the Spring if we have not had Winter? Can we really appreciate the warmth and promise of Spring if we have not had the cold and snow of Winter? Maybe we are supposed to appreciate both. Have you ever looked out of your window after a snow storm? Boughs of trees, laden with snow, with a hint of sun are just breathtaking. The same trees, bursting with green buds bring the promise of beautiful flowers and leaves. Yes, each season has its own beauty, maybe our challenge is to find the beauty in each. Happy Spring! Nancy

**COMMUNITY INFORMATION**

**COMMUNITY MANAGER:** NANCY HENDRICKS

**CONNECT 55+ COORDINATOR:** KRISTINA CARUSO

**MAINTENANCE TECH:** RAY ROBERTS

**OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #:** (603) 232-2463



























**MANAGER EMAIL:** [MANAGER-MAPLERIDGEESTATES@CALAMAR.COM](mailto:MANAGER-MAPLERIDGEESTATES@CALAMAR.COM)

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO RM23 A HOLDINGS PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



**Quote of the Month:** "This life is yours. Take the power to choose what you want to do and do it well. Take the power to love what you want in life and love it honestly. Take the power to walk in the forest and be a part of nature. Take the power to control your own life. No one else can do it for you. Take the power to make your life happy." -- Susan Polis Schutz



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>1</p> <p><b>12:00 Mama Mia—Palace Theater / Residents carpool</b></p> 	<p>2</p> <p>9:00 Open Discussion 11:00 Yoga w/Daylne 1:00 Cribbage 1:00 Bridge 2:00 Matinee 3:00 Men's Pool 4:00 Library Social</p> 	<p>3 National I Want You to be Happy Day</p> <p>10:00 Women's coffee 11:00 Bone Builders 1:00 Chinese Checkers 2:00 let's talk about what makes you most happy! 3:00 Dart's 4:00 Library Social</p> 	<p>4</p> <p>10:00 Puzzletime 11:00 Yahtzee 1:00 Seated Stretch and Strength 2:00 Guest Speaker AARP "Decluttering" 3:00 New Red 4:00 Library Social 7:00 Bone Builders</p> 	<p>5</p> <p>9:30 Men's Coffee 11:00 Bone Builders 1:00 Dominos 2:00 Matinee 3:30 Dart's 4:00 Library Social 6:30 Evening Game</p> 	<p>6</p> <p>9:30 Coffee and Donuts 11:00 Wii Bowling 1:00 Game of Choice 2:00 Catch Phrase 3:00 Women's Handcrafts 4:00 Library Social 7:00 Movie Night</p>	<p>7</p> <p><b>11:00 BINGO</b></p> 	
<p>8 Daylight Saving Time Begins</p> 	<p>9 Full Moon/ National Napping Day</p> <p>9:00 Open Discussion 11:00 Dart's 1:00 Cribbage 1:00 Bridge 2:00 Creative coloring 3:00 Men's Pool 4:00 Library Social</p>	<p>10 Jewish Purim begins at sunset on March 9th</p> <p>10:00 Book Club 10:00 Women's coffee 11:00 Bone Builders 1:00 Chinese Checkers 3:00 Dart's 4:00 Library Social</p> 	<p>11</p> <p>10:00 Puzzletime 11:00 Yahtzee 1:00 Seated Stretch and Strength 2:00 "The Best Place to Park Your Money" Dave Ramsey 3:00 Birthday Bash 4:00 Library Social 6:30 Evening Game</p>	<p>12</p> <p>9:30 Men's Coffee 11:00 Bone Builders 1:00 Dominos 2:00 Art Therapy / Gagne Designs. 3:00 Connect 55+ Resident Feedback Meeting 4:00 Library Social 6:30 Evening Game</p> 	<p>13 Friday the 13th</p> <p>9:30 Coffee and Donuts 11:00 Wii Bowling 1:00 Game of Choice 2:00 Catch Phrase 3:00 Women's Handcrafts 4:00 Library Social 7:00 Live Performancer Murphy -Clark Band</p> 	<p>14 Pi Day</p> <p><b>11:00 BINGO</b></p> 	
<p>15</p> <p>10:15 St Patrick's Day Show / Bus from Londonderry</p> 	<p>16</p> <p>9:00 Open Discussion 11:00 Yoga w/Daylne 1:00 Cribbage 1:00 Bridge 3:00 St. Patrick's Scavenger hunt 3:00 Men's Pool 4:00 Library Social</p> 	<p>17 ST. PATRICKS DAY</p> <p>10:00 Women's coffee 11:00 Bone Builders 1:00 Chinese Checkers 2:00 Matinee 3:00 Dart's 4:00 Library Social 6:00 St. Patrick's Day Potluck</p> 	<p>18</p> <p>10:00 Puzzletime 11:00 Yahtzee 1:00 Seated Stretch and Strength 2:00 Trivial Pursuit w/Daria 3:00 Dominos 4:00 Library Social 6:30 Evening Game</p> 	<p>19 SPRING BEGINS!</p> <p>9:30 Men's Coffee 11:00 Bone Builders 1:00 Dominos 1:00 Guest Speaker "The Importance of Sleep" Eli Harlowe 3:30 Dart's 4:00 Library Social 6:30 Evening Game</p> 	<p>20</p> <p>9:30 Coffee and Donuts 11:00 Wii Bowling 1:00 Game of Choice 2:00 Spring Craft 3:00 Women's Handcrafts 4:00 Sing a long with Bob 7:00 Movie Night</p> 	<p>21</p> <p><b>11:00 BINGO</b></p> 	
<p>22</p> 	<p>23</p> <p>9:00 Open Discussion 11:00 Catch Phrase 1:00 Bridge 1:00 Cribbage 2:00 Guest Speaker NH Astronomical Society Paul Winalski 3:00 Men's Pool 4:00 Library Social</p> 	<p>24</p> <p>10:00 Women's coffee 11:00 Bone Builders 12:00 Sandwich Party 1:00 Chinese Checkers 2:00 Ice Cream Social and Clear Choice Communications 3:00 Dart's 4:00 Library Social</p> 	<p>25</p> <p>10:00 Puzzletime 11:00 Yahtzee 1:00 Seated Stretch and Strength 2:00 Dominos 2:30 Hannaford vs. Market Basket price comparison 3:00 Spelling Bee Competition 4:00 Library Social</p> 	<p>26 Opening Day of Baseball</p> <p>9:30 Men's Coffee 11:00 Bone Builder 1:00 Dominos 2:00 Guest Speaker and author Jimmy Papas "War stories and poetry" 3:30 Dart's 4:00 Library Social 6:30 Evening Game</p> 	<p>27</p> <p>9:30 Coffee and Donuts 11:00 Wii Bowling 1:00 Game of Choice 2:00 Cooking Demo w/Jackleen 3:00 Women's Handcrafts 4:00 Library Social 7:00 Movie Night</p>	<p>28</p> <p><b>11:00 BINGO</b></p> 	
<p>29 National Vietnam War Veterans Day</p> 	<p>30</p> <p>9:00 Open Discussion 11:00 Catch Phrase 1:00 Cribbage 1:00 Bridge 2:00 Guest Speaker Sandy Demarest "What's Next" 3:00 Men's Pool 4:00 Library Social</p>	<p>31</p> <p>10:00 Women's Coffee 11:00 Bone Builders 1:00 Chinese Checkers 2:00 Guest Speakes Wendell Berthelsen &amp; Chuck Poltack from NH Aviation Museum 3:00 Dart's 4:00 Library Social</p>				<p><b>CONNECT55+</b> INTELLECTUAL. SPIRITUAL. PHYSICAL. SOCIAL. FINANCIAL.</p>	<p><b>2020</b></p>