

June Birthdays!

- Leigh W. 6/3
- Judy B. 6/8
- Tom W. 6/12
- Jane B. 6/15
- Bev. M. 6/25

Welcome!

Joan and Ernie Zurcher! They are joining us after spending the last 30 years in Naples Florida. Prior to living in Florida they lived all over the east coast.

They have 4 children, 3 grandchildren and 8 great grandchildren. Joan was primarily a stay at home mom, while Ernie worked in business development at Pittsburg Paint industries. They enjoy travel and eating out.

We are very excited to welcome them to our community!



Maple Ridge Minute

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It's Been a Year Already

As June approaches and the days get warmer, I am reflecting on the community we have built here. Maple Ridge has been open for a year! There have been many changes, new additions, and new friends. So many new things.



I started to think about traditions, and how every tradition was once something new as well. We will start our first tradition here at Maple Ridge this month. Beginning the Friday after Memorial Day weekend and going until Labor Day weekend we

will have Here's the Scoop- every Friday at 3PM. This will feature a different ice cream flavor or treat with all the fixin's. On the 12th the NH Astronomical Society will be here with their big telescopes to show us a close up of the night sky. Program starts at **8PM**.

We will also continue our Local Author's corner this month with Lorrie Thomson—a Milford resident who will be here to share her stories. On the 4th, Frank and a group Londonderry residents will come over to give us a demonstration and answer questions regarding Therapeutic Boxing.

Inside this issue:

Boxing Therapy Demo	4th
Mary Kay Coloring	8th
Night Sky Event	12
Father's Day Luncheon	15
Hampton Beach Trip	18
Local Author's Corner	20
Themed Dinner: Breakfast for Dinner	28

Did You Know???

- June was named after Juno, the Roman goddess of weddings

Quote of the Month

- Spring being a tough act to follow, God created June.

-Al Bernstein

Welcome Back

Pat Sasso, Paul and Lucille Oullette!

Paul and Lucille are returning after spending the winter in Sarasota, FL. They are excited to be back close to their 2 kids,

3 grandchildren and 3 Great grandchildren. They enjoy walking, spending time together and travel.

Pat is returning after spending the winter in

Hilton Head, SC. She is excited to spend time with her children and grandchildren who live close by. Pat enjoys knitting, reading, socializing, walking her dog and trying new things. **WELCOME BACK !!**

Brief History of the Phoenix

Spring is a time of rebirth, and no other legend encompasses that better than that of the Phoenix.

The Phoenix exists across many cultures, but is believed to have originated with the Egyptians who called it Bennu.

Associated with the Sun, a phoenix obtains new life by arising from the ashes of its predecessor. According to some sources, the phoenix dies in a show of flames and combustion, although there are other sources that claim that the legendary bird dies and simply

decomposes before being born again. There are different traditions concerning the lifespan of the phoenix, but by most accounts the phoenix lived for 500 years before rebirth. The phoenix is sometimes pictured in ancient and medieval literature and medieval art as endowed



with a nimbus, which emphasizes the bird's connection with the Sun.

The phoenix symbolizes renewal and resurrection, and represents many themes, such as "the sun, time, the empire, metempsychosis, consecration, resurrection, life in the heavenly Paradise, Christ, Mary, virginity, the exceptional man". So powerful is the symbolism that it is a motif and image that is still used commonly today in popular culture and folklore.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1 9:30 Coffee and Donuts National Donut Day! 11:00 Bone Builders 2:00 Knitting/Crochet Group 3:00 Here's the Scoop Rocky Road Day 7:00 Friday at the Movies <i>The Perfect Man</i></p>	<p>2 2:00 Saturday Matinee: <i>Ferris Bueller's Day Off</i></p>
<p>3 2:00 Scrabble</p>	<p>4 10:30 Boxing Therapy Demo 11:30 Guided Meditation 1:00 Cribbage 2:00 Monday Matinee: <i>Simon Birch</i> 7:00 Getting to Know You: Harry & Bernice Kimball</p>	<p>5 10:00 Color Class 10:00 Pickleball 11:00 Tech Tuesdays 2:00 Bone Builders 3:30 Women's Pool League</p>	<p>6 9:30 Men's Coffee & Conversation 10:00 Outdoor Walking Group 11:00 Mindful Coloring 1:30 Wii Games 2:00 Bocce (weather permitting)</p>	<p>7 10:30 Zumba 2:00 Guided Meditation 3:00 Men's Pool League 4:00 Creative Cocktail</p>	<p>8 9:30 Coffee and Donuts 11:00 Bone Builders 2:00 Knitting/Crochet Group 3:00 Mary Kay Coloring 7:00 Friday at the Movies <i>Head Over Heels</i></p>	<p>9 2:00 Saturday Matinee: <i>Plane, Trains and Automobiles</i></p>
<p>10 2:00 Scrabble</p>	<p>11 9:30 Open Discussion 11:30 Guided Meditation 1:00 Cribbage 2:00 Monday Matinee: <i>The Winter Stallion</i></p>	<p>12 10:00 Color Class 11:00 Tech Tuesdays 2:00 Bone Builders 3:30 Women's Pool League 8:00 Night sky program</p>	<p>13 9:30 Men's Coffee & Conversation 10:00 Yoga 11:00 Mindful Coloring 1:30 Wii Games 2:00 Health Seminar: Lyme Disease & other disorders</p>	<p>14 9:00 Women's Auxiliary 10:00 Veterans Brunch 2:00 Guided Meditation 3:00 Men's Pool League 4:00 Creative Cocktail</p>	<p>15 9:30 Coffee and Donuts 11:30 Father's Day Luncheon 2:00 Knitting/Crochet Group 3:00 Here's the Scoop Vanilla 7:00 Friday at the Movies <i>Wimbledon</i></p>	<p>16 2:00 Saturday Matinee: <i>Airplane!</i></p>
<p>17 2:00 Scrabble</p>	<p>18 9:30 Open Discussion 11:30 Guided Meditation 1:00 Cribbage 2:00 Monday Matinee: <i>Young at Heart</i> 7:00 Getting to Know You: Walter Gallo</p>	<p>19 10:00 Color Class 10:00 Pickleball 11:00 Tech Tuesdays 2:00 Bone Builders 3:30 Women's Pool League</p>	<p>20 9:30 Men's Coffee & Conversation 10:00 Yoga 11:00 Mindful Coloring 1:30 Wii Games 2:00 Local Author's Corner Lorrie Thomson</p>	<p>21 10:00 Bingo 2:00 Guided Meditation 3:00 Men's Pool League 4:00 Creative Cocktail</p>	<p>22 9:30 Coffee and Donuts 11:00 Bone Builders 2:00 Knitting/Crochet Group 3:00 Here's the Scoop Java Chip 7:00 Friday at the Movies <i>The Story of Us</i></p>	<p>23 2:00 Saturday Matinee: <i>The Naked Gun</i></p>
<p>24 2:00 Scrabble</p>	<p>25 9:30 Open Discussion 11:30 Guided Meditation 1:00 Cribbage 2:00 Monday Matinee: <i>Rugged Gold</i></p>	<p>26 10:00 Color Class 10:00 Pickleball 11:00 Tech Tuesdays 2:00 Nutrition Seminar: Calcium & Vitamin D 3:30 Women's Pool League</p>	<p>27 9:30 Men's Coffee & Conversation 10:00 Yoga 11:00 Mindful Coloring 1:30 Wii Games 2:00 Birthday Party</p>	<p>28 10:00 Guided Meditation 2:00 Zumba 3:00 Men's Pool League 4:00 Creative Cocktail 6:00 Themed Dinner: Breakfast for Dinner</p>	<p>29 9:30 Coffee and Donuts <i>July Calendar Release</i> 11:00 Bone Builders 2:00 Knitting/Crochet Group 3:00 Here's the Scoop Mash-up Flavors 7:00 Friday at the Movies <i>Is There Life Out There?</i></p>	<p>30 2:00 Saturday Matinee: <i>Police Academy</i></p>