

Do you Know? To

keep the winter blues at bay, spend at least five to 10 minutes outside even when it is overcast. When people see natural light, it increases levels of serotonin which keeps



SNOW REMOVAL

As a reminder during heavy snow falls, we are asking for everyone to go out and move their cars so our snow removal team can clear the sidewalks as well as the parking lots. Please use caution when walking outside and during the bad weather, please consider changing plans, and staying inside if at all possible. Your safety is important to all of us.

Additions to Directory/ New Resident

1. Apt # 237 Bonnie Ford- DOB- 8-7
Phone # 315-224-0366
2. Apt # 137 Richard & Ann Bryant
315-253-2354
Ann's DOB 8/10 Richard's DOB 10/23
3. New Number for Apt 225 -
Marlene Rigby-283-3572



- Nick Pingryn 1/7
- Judy Vail 1/13
- Marlene Rigby 1/17
- Helen Flannigan 1/17
- Rachael Williams 1/17
- Dolly Brown 1/19
- Joseph Marinelli 1/31

Calamar Can Competition

We all know that the residents of the Grove can be very giving. We will once again be participating in the Calamar Can Competition. We have won this competition twice now. The first time we built a train, and I am sure we all can recall the Football Stadium that was built last year. All Calamar properties will be participating in this event as well as everyone from the corporate office. We will be planning for this at our Connect 55 meeting on January 8th at 3:00. Joe will also be present at that meeting. The winner will win a pizza party, but the biggest winner will be the local families that will benefit. Please start bringing the food down to my office ,and let the planning begin.



New Year's Superstitions: Don't sweep the floor during the first day of the new year. You may sweep out the good fortune.



Village at Auburn Grove

The Village Voice

JANUARY

2020

“Come as strangers, live as friends”

Happy New Year Everybody

Joe and I would like to wish all of our residents a Happy New Year. May every day of the New Year glow with happiness and good cheer for you and your families.

We would also like to thank you for the gifts, cards, notes and special comments that we received from you during Christmas time. We greatly appreciate each and every one of you. We hope you all had a wonderful Christmas.

We have some exciting things coming up in January that you may want to participate in. “Life’s Journey” will be back on the 11th. On the 18th we will be having another Chili Cook off.

On January 20th Massages with Maria will be on January 27. Maria is a licensed Massage Therapist, and has visited the Grove many times. She is wonderful and all who are fortunate to have a massage by her feel wonderful when they leave. You must sign up for this event and money is due by the 14th at noon.

As we all go into the new year of 2020, we would like to Thank each of you for all you do and we hope you know how much Joe and I appreciate each and every one of you. We laugh and cry with you, and sometimes shake our heads in wonder and fun wondering why or how something happened, but the journey is worthwhile because of the greatness each and every one of you brings to the Community.

Joe and I wish you all a Happy and healthy New Year!
Sue

Quote of the Month: “Hate cannot drive out hate. Only love can do that.” - Martin Luther King, Jr.

COMMUNITY INFORMATION

COMMUNITY MANAGER:

SUSAN ALLEN

MAINTENANCE TECH:

JOE SEIGMYRE

OFFICE PHONE # & AFTER HOURS EMERGENCY SERVICE #: 315-515-3267



















MANAGER EMAIL:

MANAGERAUBURN-GROVE@CALAMAR.COM

RENT IS DUE TO THE OFFICE ON THE 1ST OF EVERY MONTH. RENT CHECKS CAN BE MADE OUT TO RM11A

PLEASE BE SURE TO WRITE YOUR APARTMENT # IN THE MEMO LINE OF YOUR CHECK.



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|--|---|---|--|
|  | | | 1 New Year's Day 10:00 Empower Exercises 12:00 Air Hockey 7:00 Games 7:00 Cards 7:00 Puzzles Joe & Sue Off  | 2 8:00 Community Walk 11:00 Mindful Coloring in Library 1:00 Air Hockey 6:30 Bridge 7:00 Games 7:00 Puzzles 7:00 Cards  | 3 9:30 Exercise 10:30– Take down decorations– Sort closet– lunch afterwards . 12:00 Air Hockey 7:00 Games 7:00 Cards 7:00 Puzzles  | 4 |
| 5 | 6 10:00 Empower Exercises 11:00 Air Hockey 2:00 Knitting 6:00 Poker 6:30 Bingo 7:00 Puzzles 8:00 Cards  | 7 9:00 Community Walk 12:00 Ladies Day Lunch– Chili's 1:00 Air Hockey 7:00 Air Hockey 7:00 Cards 7:00 Puzzles 7:00 Games  | 8 Elvis Presley's Birthday 10:00 Empower Exercises 12:00 Air Hockey 3:00 Connect 55 Mtg and planning mtg for Can Contest 5:00 VFW Sharing meal, information, etc. 7:00 Games 7:00 Cards 7:00 Puzzles   | 9 8:00 Community Walk 11:00 Mindful Coloring in Library 1:00 Air Hockey 6:30 Bridge 7:00 Games 7:00 Puzzles 7:00 Cards | 10 Full Moon/Winter Moon National Volunteer Fireman's Day 9:30 Empower Exercise 10:00 Coffee Hour 12:00 Air Hockey 6:30 Happy Hour 7:00 Cards in Library 7:00 Puzzles in Library | 11 1:00 Life's Journey  |
| 12 2:00 Church Services in Community Room– All are welcome 5:00 Dining Out Hollywood Rest. Leaving at 4:40 at the Grove. | 13 10:00 Empower Exercises 11:00 Air Hockey 2:00 Knitting 6:00 Poker 7:00 Wii 7:00 Puzzles 8:00 Cards  | 14 9:00 Community Walk 1:00 Air Hockey 6:30 Bingo 8:00 Cards 8:00 Puzzles 8:00 Games 7:00 Puzzles  | 15 9:00 Floyd's Breakfast Club 10:00 Empower Exercises 12:00 Air Hockey 5:00 VFW Sharing meal, information, etc. 7:00 Games 7:00 Cards 7:00 Puzzles  | 16 8:00 Community Walk 11:00 Mindful Coloring in Library 1:00 Air Hockey 6:30 Bridge 7:00 Games 7:00 Puzzles 7:00 Cards | 17 9:30 Empower Exercises 12:00 Air Hockey 7:00 Games 7:00 Cards 7:00 Puzzles  | 18 Chili Cook off 4:00 |
| 19 Sue Allen gone for training the week of the 20th to the 24th. | 20 Martin Luther King, Jr. Day 10:00 Empower Exercises 11:00 Air Hockey 2:00 Knitting 6:00 Poker 7:00 Puzzles 8:00 Cards 8:00 Games | 21 National Hugging Day 9:00 Community Walk 1:00 Air Hockey 6:30 Bingo 8:00 Cards 8:00 Puzzles 8:00 Games  | 22 10:00 Empower Exercises 12:00 Air Hockey 3:00 Connect 55 Mtg 5:00 VFW Sharing meal, information, etc. 7:00 Games 7:00 Cards 7:00 Puzzles | 23 8:00 Community Walk 11:00 Mindful Coloring in Library 1:00 Air Hockey 6:30 Bridge 7:00 Games 7:00 Puzzles 7:00 Cards | 24 National Compliment Day 9:30 E Empower Exercises 10:00 Coffee Hour & Birthday Celebration 12:00 Air Hockey 6:30 Happy Hour 7:00 Cards in Library 7:00 Puzzles in Library | 25 Chinese New Year Begins/The Year of the Rat National Irish Coffee Day The Great Fruitcake Toss |
| 26 2:00 Church Services in Community Room– All are welcome | 27 10:00 Empower Exercises 11:00 Air Hockey 2:00 Knitting 6:00 Poker 7:00 Wii 7:00 Puzzles 8:00 Cards 8:00 Games Massages in lounge upstairs | 28 9:00 Community Walk 1:00 Air Hockey 6:30 Bingo 8:00 Cards 8:00 Puzzles 8:00 Games  | 29 National Puzzle Day 10:00 Empower Exercises 12:00 Air Hockey 5:00 VFW Sharing meal, information, etc. 7:00 Games 7:00 Cards 7:00 Puzzles | 30 8:00 Community Walk 11:00 Mindful Coloring in Library 1:00 Air Hockey 6:30 Bridge 7:00 Games 7:00 Puzzles 7:00 Cards | 31 9:30 Exercise 12:00 Air Hockey 7:00 Games 7:00 Cards 7:00 Puzzles  |   |