September 2017

Mapleridge Estates



WEDS. THE 20TH 5:30PM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Program is subject to occasional & unforeseen changes. Changes will be posted on lighted board in lobby next to large calendar.				1 9:30AM Coffee & Donuts	2 2PM Bingo
3	4 Labor Day	5 10AM Flowers by Rosa 11AM Tech Tuesdays 2PM Fitness Q & A with Frank	6 2PM Nutrition Series with Yvonne Degarde "Importance of Fiber!	7 10AM Seated Stretch With Frank	8 9:30AM Coffee & Donuts	9 2PM Bingo
10	11 10AM Walking Club	12 11AM Tech Tuesdays	13 10AM "The Odd Couple" 2PM Team Trivia with Frank	14 2PM Music by Bob Baker	15 9:30AM Coffee & Donuts	16 2PM Bingo
17	18 10AM Walking Club 2PM Two Minute Mysteries With Frank	19 10:30AM Ceramics with Terry	20 10AM "The Odd Couple" 5:30PM LIVE! TeddyRoosevelt LONDONERRY GRAND ESTATE	21 10AM Seated Stretch With Frank	22 9:30AM Coffee & Donuts	23 2PM Bingo
24	25 10AM Walking Club 2PM LIVE Country Music with Don Smith	26 10AM Morning Movie 11AM Tech Tuesdays	27 10AM "The Red Skelton Show"	28 2PM Monthly Birthday Party	29 9:30AM Coffee & Donuts	30 2PM Bingo