

S.E.L.F. Calendar (Seniors Empowered to Live Life to the Fullest)



March



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Happy Birthday to: Janet B. 3/1 Joyce W. 3/3 Walter S. 3/3 Bill B. 3/5 Gale B. 3/5 Shirley B. 3/10 Melissa B. 3/13</p>	<p>Margie W. 3/16 Elmer T. 3/16 Don K. 3/19 Sally D. 3/24 Juanita S. 3/24 Joanna P. 3/25 Sidney J. 3/29 Marjorie L. 3/31</p>	<p>Reminder: RENT IS DUE →</p> <p>If your participating in Calamar Foundation, Checks need made payable to Calamar Foundation Inc. \$12.00. It's for a great cause!</p>	<p>1. Lunch Bunch 11:15a Casa Mex-ico RSVP </p> <p>Dominoes 2pm Book Club 4p </p>	<p>2. Lunch w KC Home 12p RSV Bowling Leagues 2pm </p> <p>Cards 7p </p>	<p>3. \$1 Coffee & Donuts 9a </p> <p>Adult Coloring 2p </p> <p>Social Hour 4p Cards 7p </p>	<p>4. Girl Scout Cookies 2pm </p> <p>GAME NIGHT Game Night 7p</p>
<p>5. Open Move 7p</p>	<p>6. Exercise Class 11a Arts & Crafts 2pm Walking Group 5p</p>	<p>7. Men's Grp 9am Food Truck 12p Dominoes 2pm Pool Leagues 7pm </p>	<p>8. Lunch Bunch Olive Garden 11:15a RSVP Cards 7 </p>	<p>9. Hearing Health Lunch 12pm RSVP 12pm Bowling 2pm Cards 7p </p>	<p>10. Breakfast w Go Book 9am Adult Coloring 2p Comedy Concert 7pm RSVP </p>	<p>11. GAME NIGHT Game Night 7p</p>
<p>12. Open Movie 7pm</p>	<p>13. Fitness Class 11a (new class) Noggin Jo Luncheon w Primerica Senior Services 12p RSVP </p>	<p>14. Men's Coffee 9am Bible Study 11am Supper Club 6pm \$4.00 pp RSVP </p>	<p>15. Lunch Bunch at Tim's Pizza 11:15a RSVP Bunko 1pm Sharp RSVP</p>	<p>16. Bowl Leagues 2pm Cards 7pm </p>	<p>17. \$1 Donuts 9a St. Patty's Pot-luck 12p RSVP Adult Coloring 2p</p>	<p>18. GAME NIGHT Game Night 7pm</p>
<p>19. Open Movie 7pm</p>	<p>20. Breakfast Bunch at Perkins 9a RSVP Comm RSVP 6-9p</p>	<p>21. Blood Press & Breakfast w Healthback 9am Men's Group 10a Pool 7pm</p>	<p>22. Lunch Bunch at Red Robin 11:15a RSVP Dominoes 7pm </p>	<p>23. Bowling League 2p OPEN HOUSE 11a & 3p Cards 7p </p>	<p>24. \$1 Donuts 9a Adult Coloring 2p Social Hour 4p Cards 7p </p>	<p>25. GAME NIGHT BINGO 7p</p>
<p>26. Open Movie 7pm</p>	<p>27. Breakfast Potluck 9a RSVP St. Luke's Being Mortal 11a Walking Group 5p</p>	<p>28. Men's Breakfast Corner Cafe 9am RSVP Bible Study 11a Pool League 7p</p>	<p>29. Resident Birthday Party 2p RSVP Dominoes 7p </p>	<p>30. Bowling Leagues 2pm Cards 7p </p>	<p>31. \$1 Donuts 9am Adult Coloring 2p Social Hour 4p Cards 7p </p>	

The Springs at Independence 55+

19301 E. 50th Terrace
Independence, Mo 64055

Phone /Emergency #
816-886-2166
Email: managerindependence@calamar.com

Happy St. Patrick's Day!!!

