



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	
<h1>March 2017</h1>		5 Keystones of Wellness Social—S Physical—P Intellectual—I Financial—F Spiritual—S	-Coffee Hour-9:15am S 1 -Guided Imagery-10:30a S -Open Gym-11:30am P -Word Games- 1pm I -Walking Club-2pm P -Ash Wednes. Service-3p S -Checkers-4pm I -Euchre/Dominos/65 -6p	-Mahjongg—10am I 2 -Hotdog Matinee-12pm S -Tai Chi-2pm P -Pool League- 2pm P -Get to Know You-3pm S -Cardio Trail-4pm P -Matty's Dinner 4:30 S -65 or Pay Me-6pm	-Coffee&Donuts-10am S 3 -CDSMP-1:30pm I -Couponing-1pm F -Walking Club-2p P -Fun & Games-3pm S -Guided Imagery-4pm S -Poker /65/Mahjongg-6p DC	4 -65 or Pay Me -6pm	
	5 -Bingo -6:30p	-Poker 12-4pm S 6 -Exercise with Ed-10:30 P -Zentangle-1pm I -Wii Bowl- 2pm P -Technology 101-4pm I -Movie- 5pm S -65/Mahjongg (Lib.)-6p	-Mahjongg—10am I 7 -Shopping-10am -Walking Club-11am P -Passport for Wellness-12 P -Coloring-1pm I -Welcoming Com. Mtg.-3 S -Bingo 6:30pm DC	-Coffee Hour- 9:15am S 8 -Guided Imagery-10:30a S -Open Gym-11:30am P -Word Games- 1pm I -Walking Club-2pm P -Scrabble-3:30pm I -Euchre /Dominos/65-6p	-Mahjongg—10am I 9 -Matinee Movie-12pm S -Pool League- 2pm P -Mocktails- 3pm S -Cardio Trail-4pm P -Matty's Dinner 4:30 -65 or Pay Me-6pm	-Coffee & Donuts- 10a S 10 -Resp. Wellness-11am I -Bunco w/friends- 1p S -CDSMP- 1:30pm I -Walking Club-2pm P DC -Fun & Games-3pm S -Guided Imagery-4pm S -Poker/65/Mahjongg-6pm	11 -65 or Pay Me -6pm
	12 -Bingo 6:30p	-Poker- 12-4pm S 13 -Motion w/Jill-1pm P -Wii Bowl- 2p P -Reminiscing-4pm S -Movie- 5pm S -65/Mahjongg (Lib.)-6p	-Mahjongg—10am I 14 -Walking Club-11am P -CASINO TRIP -9:45am-3:30pm S -Coloring- 1pm I -You be the Judge-4pm I -Bingo 6:30pm DC	-Coffee Hour- 9:15am S 15 -Guided Imagery-10:30am S -Open Gym-11:30am P -Word Games- 1pm I -Walking Club-2pm P -Mass-3pm S -Forestview Family Feud-4p I -Euchre/Dominos/65-6p	-Mahjongg—10am I 16 -Matinee Movie-12pm S -Communion-1pm S -Pool League- 1:30pm P -Tai Chi-2pm P -Fiddler's Concert-2:30p S -Cardio Trail-4pm P -Matty's Dinner 4:30	-St. Pat's Day Coffee & Donuts w/ friends-10am S 17 -St. Pat's Lunch Bunch-12 S -Couponing-1pm F -CDSMP- 1:30pm I DC -Walking Club-2p P -Birthday Party-3pm S -Guided Imagery-4pm S -Poker/65/ Mahjongg- 6p	18 -65 or Pay Me -6pm <i>Happy St. Patrick's Day!</i>
	19 -Bingo 6:30p	-Gentle Yoga-10am S 20 -Poker 12-4pm S -Zentangle-1pm I -Wii bowl-2pm P -Reconciliation-3pm S -Demo,Dabble,Do-4p I -Movie- 5pm S -65/Mahjongg (In Lib)-6p	-Vet's Breakfast-10am S 21 -Shopping-10am -Mahjongg—10am I -Walking Club- 11am P -Passport for Wellness-12 P -Coloring-1pm I -Guest Concert-3pm I -Bingo 6:30pm DC	-Coffee Hour-9:15am S 22 -Guided Imagery-10:30a S -Sleep Seminar-11:30am I -Word Games- 1pm I -Walking Club-2pm P -Checkers-3:30pm I -Euchre/Dominos/65- 6p	-Mahjongg—10am I 23 -Matinee Movie-12pm S -Pool League- 2pm P -Juicetails - 3pm S -Matty's Dinner 4:30 -Circuit w/Jill-6:30pm P -65 or Pay Me-6pm	-Coffee&Donuts-10a S 24 -United Healthcare Chat-11a I -CDSMP- 1:30pm I -Bunco w/friends-1p S -Walking Club-2p P -Fun& Games-3pm S -Guided Imagery-4pm S -Poker/ 65/ Mahjongg- 6p	25 -Tai Chi 1pm P -65 or Pay Me -6pm
	26 -Bingo 6:30p	-Poker-12-4pm S 27 -Motion with Jill-1pm P -Wii Bowl-2pm P -Potluck-4:30pm S -Movie- 5pm S -65/Mahjongg (In Lib)-6p	-Mahjongg—10am I 28 -Walking Club-11am P -Coloring-1pm I -You be the Judge-3pm I -Bingo 6:30pm DC	-Coffee Hour-9:15am S 29 -Guided Imagery-10:30a S -Open Gym-11:30 P -Word Games- 1pm I -Walking Club-2pm P -Pictionary-3:30pm I -Euchre/Dominos/65- 6p	-Mahjongg—10am I 30 -Hotdog Matinee-12pm S -Communion-1:30p S -Pool League- 2pm P -Mocktails - 3pm S -Cardio Trail-4pm P -Matty's Dinner 4:30 -65 or Pay Me-6pm	-Coffee&Donuts-10a S 31 -Heart Association-10:30 -Card Making-11:30am I -Couponing-1pm F -CDSMP- 1:30pm I -Walking Club-2p P DC -Fun& Games-3pm -Guided Imagery-4pm S -Poker/ 65/ Mahjongg- 6p	